

## Personal Declaration for the Pious of the Nations (*Chassidei Umos Ha'Olom*)

**I hereby verbally declare the following:<sup>1</sup>**

I accept upon myself that which is written in the Torah of Moses (Deut. 4:39):

“You shall know this day and take to your heart that G-d [alone] is G-d,  
in the heavens above and on the earth below – there is none other!”

I take upon myself to carefully fulfill the Seven Noahide Commandments<sup>2</sup> as the categories of prohibitions that were commanded by G-d for all Non-Jews. These are:

- Not to worship or serve any idol.
- Not to curse G-d.
- Not to commit murder, directly or indirectly.
- Not to commit relations forbidden to Non-Jews.
- Not to commit theft or extortion.
- Not to eat meat of a living land mammal or bird.
- To uphold establishment of just laws and courts.

I take these Seven Commandments upon myself and fulfill them because the Holy One, blessed be He, commanded them in the Torah, and informed the Jewish people through Moses that after the Flood, the Children of Noah were commanded to fulfill them.<sup>3</sup>

This includes my acceptance of Torah and the Noahide Code.<sup>4</sup>

I accept the truth and relevance of the Noahide Code<sup>5</sup> as revealed by G-d in the Torah of Moses and transmitted and explained by Moses and the succeeding Prophets of the Hebrew Bible (*TaNach*), and I undertake to abide by this.

I accept the Torah of Moses and its traditional interpretation transmitted by the chain of authentic Torah-sages through the Talmud and the Code of Torah Laws, to the recognized authorities of Halacha (i.e. Torah-law and directives) of this day as the authoritative deciders of all matters pertaining to the Divine Revelation of the Noahide Code and its practical application.

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<sup>1</sup> This text may be stated privately or to any number of Jews or Non-Jews, men or women, in-person or remotely.

<sup>2</sup> These seven commandments are listed in Tractate Sanhedrin 56a.

<sup>3</sup> The conditions for a *Chasid Umot Ha'Olam*, as stated by Maimonides in *Mishneh Torah, Laws of Kings* 8:11.

<sup>4</sup> These paragraphs were provided to A.N.I. by Rabbi J. Immanuel Schochet o.b.m. for Noahide declarations.

<sup>5</sup> This includes its universal obligations and prohibitions that are duty-bound by logic and objective morality, as learned from the Hebrew Bible or derived from the Noahide Commandments (e.g., to keep one's oaths and vows, to give proper charity, to honor one's parents, not to practice deception, not to take revenge, etc.).