



# 3 Visions Farm

Cocoagranola LLC

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***Happy Earth Day, All!***

Phoenixsong here, wishing good health and long life to our magnificent garden planet and to all creatures!

It is springtime, a time for planting food and flowers and herbs. A time of efflorescence and greening trees...A time for us to be mindful about planting what is appropriate to the area in which we live. Because every plant and animal lives in symbiosis, it is crucial that we supplement what they need to thrive. Gardening and landscaping with native plants is a good way to do this. Our native animals and insects are dependent on specific species for food. I live in the Piedmont of North Carolina and one good example of a low-growing and

lovely native shrub is fragrant sumac. It provides food and cover for a variety of birds and animals. Read more about it [Here](#).



Non-native plants deprive native fauna of nutrients and many of those non-native species are invasive and deprive native plants of habitat. Our planet's ecosystems are sadly out of balance and many are struggling to survive. Let's do what we can where we live to help our precious ecosystems survive and flourish!

There are many good sources of information about native plants specific to the area in which one lives. State agricultural extensions are invaluable sources of information and easily accessible by telephone, mail, or the internet. Many areas have native plant societies; check and see if there is one where you live. They can also be great sources of information for obtaining seeds and cuttings! And of course you can email us here at 3 Visions Farm and we will answer what questions we can and refer you to appropriate sources of info for those we can't.

See you next week!  
Phoenixsong Stellamaris



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