

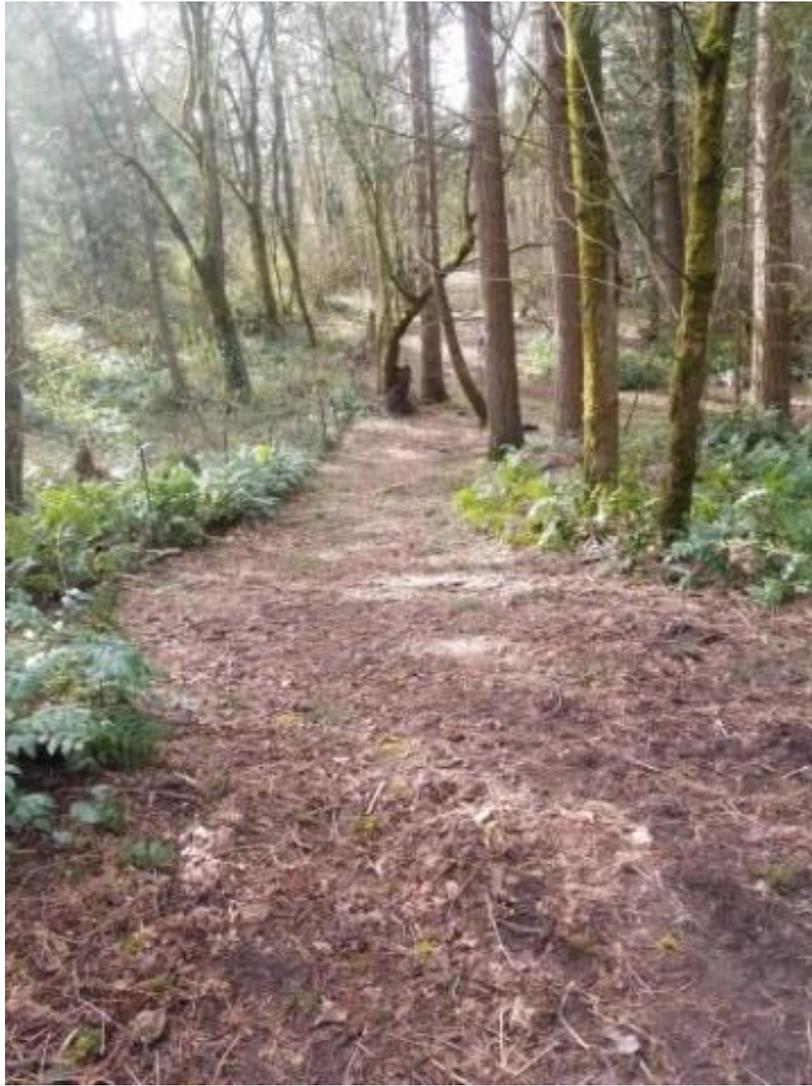


3 Visions Farm

Cocoagranola LLC

A New Home

Issue 12 - May 8, 2021



Greetings all!

We're thrilled to announce that we've gained a lovely plot of land out in Thurston County, Washington! Some of the sneak peeks we have can be noted on the site with the newest photos we've added. It's an incredible space we're all too thankful to have and we certainly couldn't have done it without all of your support and love! There are just a few things we must adjust to fit into this new dynamic. We'll answer what our update means for you and our next steps!



Due to the current covid precautions, we'll shift glamping into next season as well as the education outreach. This however does give us more time to dedicate towards preparations and our garden so that we can start our vegetable boxes! If you remember from last week's newsletter generously written by Phoenixsong, we'll be taking the community supported agriculture route which means that we'll be in the dirt planting a variety of produce for you to choose from. Some of the plants we have planned are:

Cherry tomatoes (Sungold, Yellow Pear)

Green beans (Blue lake, Oriental Yaro Longbean)

Mustard greens

Arugula

Red Acre Cabbage

Golden Beets

...And so much more in time

Some of our seeds will even be supplied by our own family. My grandmother will be providing us with collard seeds and we'll be getting henbit from one of my uncles with more to come. The eclectic future of our produce will truly be a mix of young and old; food that has fed our family through the generations of our line with vegetables that are both new and familiar to the palates of our subscribers. In this, we hope to bring not only nutrition but a bridge between the various cultures of food.



Last but certainly not least on our list: mushrooms! We have big plans for using these lively fungi to enrich the soil and your boxes. Many may know of the benefits touted by these funky creatures but it couldn't be stated enough the importance of them in the ecosystem as well as diet. We plan on growing lion's mane, shiitake and oyster mushrooms, each of which carry anti-inflammatory properties and nutrients such as D, C and B's to name a few. In fact, lion's mane has even been examined to possibly repair nerve damage and improve cognitive function on top of it all. In the wooded area we have in the back, we'll be applying substrate into logs so that mushrooms can continue their cycle for years on end, benefitting the ecosystem and our harvest. It will certainly be worth the wait! During that time, we'll be using other permacultural methods so that we can have fresh caps to ship in our boxes to you.

As you can see, there's a LOT going down on our end with more coming as the weeks go by. Rest assured we'll keep you updated and informed as we go along on this venture together! Thanks again for your support and stay tuned for the next newsletter!

3 Visions Farm

- Celena
Meland



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