



3 Visions Farm

Cocoagranola LLC

3 Visions Farm Reflections

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3 Visions Farm has a wide range of produce cultivating right now in time for late summer like our ball zucchini, blue lake green beans and sweet cherry tomatoes. We've even got heirlooms to boot with our henpeck collards and grandmother's lacinato kale coming in the fall. The wonderful thing about plants and people is that they can both persevere. They'll be there long after us but always with us. To grow them and live off the fruits is to rebel in a society where it's stifled with so many injustices.

I remember eating freshly picked blue lake beans with grandma that I snuck as she snapped them over a bowl. Her garden was an Eden of cabbages, eggplants, tomatoes, kale, etc.; it was lousy with produce. She raised the family on those vegetables and to this day still lives off them and her handmade jarred goods. We have seeds that have been passed from one generation to the next out of that garden. These plants at 3 Visions Farm have meaning to us because these vegetables are things we grew up with, that our history has survived off of for generations.



Farming is not an easy thing to begin with. There are many pitfalls like acquiring land, insurance, not to mention the licensing to sell produce. It's certainly doable, as a couple of black owned CSAs have managed after staging their own fundraisers. The wait for loan approval for small businesses can be anywhere from 30-90 days or more until the company finally decides to say yes. Add this with insurance, which can take five years before eligibility, and the pressure can be tricky. This is why many small farming businesses often ask for donations. For an organic farm, the license for newcomers can go for 700\$ or more alone. It's a steep climb to make for the first steps of an organic farmer but certainly worth it. After all, proper nutrition is one of the biggest hurdles we aim to address.



this gift, a celebration and heritage that we can share and continue on from this point forward.

As always, thanks again and stay tuned for the next update!

3 Visions Farm

- Celena Meland

Resources:

[Organic Certification Info: Click Here](#)

[The Historical Legacy of Juneteenth: Click Here](#)

3 Visions Farm comes from a line of strong, determined people. I look up to my mother and my family. When Juneteenth rolled around, my mother would take me to events as a child so that I could see the art, music and history embedded in us. I didn't fully understand it then but I knew it held power. There was a reason why she was showing me this. It was in the food that grandma cooked and grew, it was in the things she taught to my mother that gave her passion for 3 Visions Farm. It's



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