



# 3 Visions Farm

Cocoagranola LLC

## Fun with Fungi

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Good afternoon everyone!

Something waited for with baited breath has started at the farm: the mushroom beds! After reading on how they survive and propagate, I'd love to get to witness the fungal cycle as I pick up more on the subject. I've found a *Netflix* movie, "Fantastic Fungi", that looks like it goes into the strange types of mushrooms there are and how they function. I'm looking forward to watching it and likely cringing a time or two. It's a dual reaction in many ways.

What we're starting with is blue oyster mushrooms! The great thing about blue oysters is that it's beginner friendly, it's delicious and very nutritious and it's

going to give you a good yield. We're using grain spawn, likely rye due to availability and ease with the added bonus of nutrition. There are other types of spawn available (sawdust, plug/dowel, etc) but they each have their time and place. In the future, we want to inoculate logs with mycelium which is best using sawdust. Because of the many entry points on sawdust, it's perfect for mycelium to latch on and feed. The fact that it's finer helps it to spread more efficiently and quickly, often out-performing other competitive fungal colonies that may invade.

Check out the first stage of our mushroom bed on our channel! I can't wait to see how it changes over time nor the possible scents it may create. Stay tuned for the updates to come as our crops turn!



**3 Visions Farm**  
- Celena Meland

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### **3 Visions Farm Youtube**

Moving Mycelium: [Watch here!](#)



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