

TDA Class Descriptions

Classes for ages 3-5

Intro to Dance Age 3 & 4

This class is designed for 3 & 4 year olds to introduce proper ballet, jazz & tap technique, dance vocabulary and dance rhythms & movements. Students are taught how to listen to instruction, how to stay in line, and how to wait their turn. They also work on remembering choreography, and counting with music. This class performs 3 dances in the recital.

Intro to Dance Age 5

This class is designed for 5 year olds to further introduce proper ballet, jazz & tap technique, dance vocabulary and dance rhythms & movements. The longer class allows for more attention to detail. The students' coordination is better because of age, and attention-span is also longer so children can better focus. Choreography is more challenging with more complex movements.

Intro III classes perform 3 dances in the recital.

*Summer Intro to Dance classes combine ages 3, 4 & 5 and concentrate on Jazz and Ballet movements only.

Classes for age 6 & up

Ballet Levels 1 & 2

Focus is on proper classical ballet technique and lyrical dance movement. Students will work on traditional Ballet warm-up and technique. They will learn how to properly extend their legs and toes and work on turn-out. Ballet 2 includes some Lyrical dance movements.

Center work will include arm work, leaps, jumps, turns, etc.

Students enter level I at age 6 and are advanced according to ability and previous dance experience. Ballet classes perform 1 dance in the recital.

Ballet Lyrical 3, 4 & 5

Focus on classic Ballet technique combined with Lyrical dance movements.

Lyrical movements are interpretive to music. Proper turn, leap and jump techniques will be a focus of this class. This class will perform 1 dance in the recital.

Contemporary 3, 4 & 5

Contemporary dance does not follow any specific technique guidelines. It is closest to Lyrical dance and is normally interpretive of music. Dancers may flex feet or round back. Dancing with emotion is essential in Contemporary.

Tap, Levels 1, 2, 3 & 4

Focus is on tap steps and rhythms. Students work on required foot strength for clear tap sounds and learn tap vocabulary. Students enter Level I at age 6 and are advanced according to ability. Tap classes perform 1 dance in the recital.

Jazz, Levels 1, 2, 3 & 4

Focus is on proper jazz technique which includes dance movements, turns, leaps and jumps. Students will also work on strength and flexibility which is very important for dance. Students will dance to some of their favorite songs. Students enter at age 6 and are advanced according to ability. Each Jazz class performs 1 dance in the recital.

Hip-Hop 1, 2, 3 & 4

These are fun classes! Learn Hip Hop movements and stunts, and explore styles and rhythms. Students will dance to fun, energetic music that will inspire them. Minimum age 6 years old. All new students are placed in Hip Hop I and are advanced according to ability. Each Hip-Hop class performs 1 dance in the recital.

Acrobatic Dance 1 (age 6 & up)

Acrobatic Dance 1 is for students who have **previously had basic tumbling classes and have already mastered tumbling skills such as front rolls and cartwheels, can push up in bridges, and can kick up to handstands.**

Class time will not be dedicated to learning the previously named tumbling skills. This class will work on those tumbling skills and front and back walkovers and combine them with basic dance movements such as simple turns, leaps, pivots, etc. to create fun dance tricks.

Back and leg flexibility will be a must for this class, so the student must be dedicated to stretching and working on skills at home.

The Acrobatic Dance class will perform 1 dance in the recital.

Dance Technique, Turns, Leaps & Jumps

To truly improve as a dancer, students should be enrolled in a dance technique class, in addition to regular dance classes. This class includes some barre work, stretching, across the floor combinations, turns, leaps and jumps, to improve overall dance technique.

NEW Latin Dance

Dancers will learn several types of "Classic" Latin dance and "Social" Latin dance m. Some include Cha-Cha-Cha, Salsa, Mambo, Merengue, Tango, and Samba

*Dancers **will not** be dancing with partners.
The Latin class will perform 1 dance in the recital.

Drill Team Preparation (Grade 8 & up) **This class is 1.5 hours.**

This class was designed as a preparation for Tex-Anns or Chiefettes dance team tryouts. Learn dance technique, turns, leaps, stretching techniques, and proper kicking techniques, to gain an advantage during actual dance team tryouts. Dancers will also practice both Jazz & Hip-Hop choreography.

This class was designed by ex-Tex-Ann officers and was started at TDA in 2008.

The Drill Team class performs 1 dance in the recital!

