



2024/2025

About Poise Dance Company
Audition Requirements,
TDA Class Requirements
& Other Important Information



1. **What is the goal of Poise Dance Company?**

To be a group of dancers within TDA who are passionate about dancing and want to commit the time and energy to progress to a higher level of dance and compete. We want Poise to be like a family, where dancers support each other, inspire each other, love each other, and often choose to spend time together outside of the studio.

2. **When does my child audition?**

Poise Petites are selected and invited by TDA instructors to audition at the ages of 7-8.

Poise Elites are dancers ages 9 & up who have had at least 2 years of formal dance lessons and have skills in jazz, ballet, and/or hip/hop. Dancers attend day intensive/audition in August.

3. **How does my child audition?**

Dancers will audition in person at TDA. They will be judged on dance knowledge, dance technique, flexibility, skills, effort, and attitude. They will be evaluated on speed of learning, facials, and performance quality. For current TDA dancers, we look at things such as class attendance, maturity, work ethic, and attitude.

4. **How do I know if my child is ready?**

Dancers can attend TDA from 3 through 18 years and never participate in competitive dance. Companies are for those who are passionate about dancing and want to put in the extra time and commitment that goes with it. Your child's current dance teacher would be a great resource. If you have questions on how your child works in class and if they would be a good candidate, you can ask for a time to talk to your child's teacher or the assistant teacher. Good indicators that your child is ready to audition:

- My dancer practices dancing and stretching at home.
- My dancer enjoys going to dance class every week.
- My dancer wants to dance even more than he/she does now.
- My dancer is a hard worker and would be a good asset to a team.

5. **What if my child is not ready?**

Again, not every child is a candidate for a dance company and that is fine! It is harder to get into company for the first time when a dancer is older. This is because many of the company dancers have danced together or have had company training for many years.

The younger the dancer, the better chance of making a dance company. Dancers must meet or exceed the level of the current company for their age level.

6. **What types of dance routines will compete?**

We will highlight our dancers' best skills. Potentially, Jazz, Tap, Ballet/Lyrical/Contemporary, Hip-Hop, Tap, Acrobatic Dance and Character.

7. **Summer Class requirements.**

Company members will be expected to attend a summer dance intensive and maintain flexibility and skills during the summer.

8. **How will my child progress?**

Some dancers progress faster than others. Routine placement is not solely based on age. It is, also, determined by technique, skills, maturity, performance quality and speed of learning.

9. **How many competitions will Poise attend each year?**

Poise will participate in 3 Regional competitions in the spring. All Poise members must be able to attend all three. *A parent will be required to travel & stay with dancer during the duration of competitions.

**Parent will be responsible for all entry fees, travel & hotel cost for dancer & self.

10. **When can my child do a solo or duet/trio?**

Students in the company will only compete in group routines, unless they are asked by an instructor to do a solo/duo/trio.

Solos, Duos & Trios are given to dancers who:

- Are dedicated to hard work in and out of the studio
- Practice, retain choreography, have great performance quality and technique
- Have a positive attitude in class & rehearsals and are respectful to ALL instructors, classmates, and other Poise members
- Can take corrections with a positive attitude and fix corrections given

***Parents should not request solos, duos, or trios.**

11. **Are there special dress code requirements? YES!**

Poise dancers will wear dress code items for rehearsals. Poise members should have both ballet & jazz shoes with them for rehearsals. Costumes and shoes will be purchased for competition. *Poise Members must purchase Poise T-shirt, tank top & leggings– up to \$35 each, and jacket up to \$85 **OPTIONAL Poise backpack/Duffle up to \$85/each

12. **Poise members will be required to compete and dance exclusively with TDA.**

Company members will not be allowed to compete with any other local dance companies/studios. The exception is company participation in Master Classes held at other facilities, and/or attending dance conventions.

Company members should not be involved in any sports, musicals or plays that will interfere with regular required dance classes or company rehearsals.

Audition, Class & Attendance Requirements

Audition Requirements

- Dancers must be 7 to 17 years of age as of September 1 OR have a TDA teacher invitation to audition for Poise.
- All dancers who audition for Poise need to have a minimum of 2 year of dance training or be invited to audition. Dancers are selected based on age and dance ability.
- Those who audition do not have to be a current student of TDA at the time of auditions but will have to enroll as a TDA student and take required classes if she/he is accepted into Poise.
- All who audition should know, understand, and agree to the time & financial requirements of Poise dancers and parents. Parents & dancers are required to sign Poise contract upon acceptance into the company.

TDA Class Requirements for Poise members

Regular TDA classes have multi class tuition discounts.

(*Monthly Poise Fees are in addition to TDA tuition and cover Poise Rehearsals)

Poise Elite MINIMUM TDA Class Requirements

- Ballet/Lyrical
- Contemporary
- Jazz
- Hip-Hop

Poise Petites

- Ballet/Lyrical
- Jazz
- Hip-Hop
- Technique

*Additional classes are always encouraged – Tap, Acrobatic Dance, Latin, TLJ Hip-Hop

Poise Rehearsals are on Sundays, Solo, Duo, Trio Rehearsals TBD

Attendance Requirements

- All who audition must be available to attend 2025 Competitions.
A parent must drive dancer to and from competition cities and stay with dancer during all competition events. **Competitions & Dates TBD**
- Poise Company members must have **regular class attendance at all TDA classes** and **Poise Company Rehearsals!**
- Just as sports teams require all players to attend practices, we require our dancers to attend classes, rehearsals, and competitions.
- If a dancer has more than the allowed absences, she/he will be dropped from the competition routine and/or dropped from the company...EVEN SCHOOL RELATED ABSESNSES. ***NEW: Parent must sign Poise attendance log for ALL missed classes & rehearsals**
- If a dancer misses a competition (other than death in the family or extreme illness), that dancer may not be allowed in company the following year.
- Poise members should not audition for plays or musicals or any other sports/cheerleading/activity that interfere with regular TDA classes or Poise rehearsals.
- *Exact attendance policy will be given upon acceptance to Poise.

Sponsorships/Fundraising

- TDA will provide Sponsorship letters for Company members to send to family/friends to raise individual money.
- Fundraisers will also be utilized to offset costs for individual Poise members.
*Individual fundraising IS optional.
- Company members and parents will not be required to fundraise to cover TDA expenses, but there will be a set dollar amount (TBD) due for **each** competition, depending on number of team members.
*More details discussed after Poise team is selected.

The following estimated costs are in addition to regular monthly TDA class tuition.

Estimated Monthly Poise Fee – Covers Rehearsal Costs

Non-Competition Months - \$35-\$45

Competition Months - \$50-\$60

Choreography

Each Poise Co. member will be offered a list of routines and exact amount of entry fees & costumes.

*Parent & dancer will make the choice whether to participate in all routines.

*Each member will have 48 hours to accept or decline routines.

****If a Poise member declines a group routine, a solo, duo or trio will not be offered to that dancer.**

***Dancers being offered Solo, Duos or Trios can decide whether or not to accept the routine.

Choreography Weekends

All Poise members are required to attend Choreography Weekends to learn Group Competition Routines. Do not fill up September & October weekends!

Dates: TBA (Saturdays & Sundays)

*If a company member misses choreography weekend, she/he will be excluded from the routines learned that weekend.

**All solos, duos & trios will schedule dates to learn choreography with instructor.

Choreography Costs (Cover Choreography time and teaching)

‡ Group Routines...\$50-\$75 each dancer, each group routine. Depends on number of dancers

‡ Solos, Duos & Trios

- Choreography Duos.....\$150 each dancer
- Choreography Trios.....\$100 each dancer
- Solo.....\$300

Competition Cost

Poise will attend 3 Regional competitions.

Entry fees will be for EACH competition and EACH routine your dancer competes. Each competition company has different entry fee amounts.

Estimated entry fees below: These are subject to change if they release new entry fees.

- Entry fees per group routine/per dancer- Regionals \$75-\$105
- Entry fees per solo - Regionals \$140-\$200
- Entry fees per dancer in duo/trio - Regionals \$85-\$100

Costumes.....\$75 -\$85 each routine (Less when possible)

Shoes.....\$25-\$65 each routine (depending on shoe)

Hotel costs.....\$100-\$200/night (Host Hotels)2-3 nights Regionals

Additional cost will include tights, makeup, earrings, etc.

*Parents may choose to carpool & share rooms at competitions with other dancer/parent to lower costs. Max 4 persons per room.

Studio Fee (Covers TDA Staff Travel/Expenses for competitions)

There will be a set studio fee per Poise member for each competition.

The fee covers the expense of TDA Staff travel, hotel, food, etc. costs.

The amount will be set according to the number of Poise Dance Company members and the costs of hotel reservations. TBD.