

**TDA Tentative 2025/2026  
Fall/Spring Schedule**  
Classes start the week of August 18.

**MONDAY**

**Studio 1**

4:45–5:30 \*Creative Movement age 2 (6-week sessions)

5:30–6:15 Jazz 1

6:15–7:15 Poise Technique

7:15–8:30 Poise Lyrical/Contemporary

**Studio 2**

6:15–7:00 Ballet 1

7:00–7:45 Tap 1

**TUESDAY**

**Studio 1**

4:45–5:30 Ages 3, 4 & 5 Intro to Ballet/Jazz

5:30–6:30 Hip-Hop 1

6:30–7:30 Jazz 3

7:30–8:30 Hip-Hop 2

**Studio 2**

7:30–8:30 Hip-Hop 3

**WEDNESDAY**

**Studio 1**

4:45–5:30 Tap 2

5:30–6:30 Ages 3, 4 & 5 Intro to Ballet, Tap & Jazz

6:30–7:30 Latin Dance Ages 8 & up

**Studio 2**

5:30–6:30 Tumbling, Leaps & Tricks Ages 6–10

6:30–7:15 Intro to Tumbling & Dance Ages 4 & 5

**THURSDAY**

**Studio 1**

4:15–5:00 Tap 3

5:00–6:00 Ballet/Lyrical 3

6:00–6:30 Dancer Strength & Conditioning (L2 & up)

6:30–7:30 Poise Jazz 4/5

7:30–8:30 Advanced Hip-Hop 4/5

**Studio 2**

5:15–6:00 Ballet/Lyrical 2

6:00–6:45 Jazz 2

6:45–7:30 Ages 3,4 & 5 Intro to Ballet & Jazz

**FRIDAY/SATURDAY**

**Studio 1**

Poise Rehearsals TBD

**Studio 2**

**SUNDAY PM**

**Studio 1**

2:00– 5:00 Poise Rehearsals

**Studio 2**

**TDA Classes/Class times are subject to change or cancel according to enrollment numbers.**

- All students ages 3, 4 & 5 must enroll in an **Intro** class according to age. (Dancer will stay in the same Intro class for the entire dance year.)
- Intro classes must have a minimum of 5 students. Classes with less than 5 dancers will be combined with another Intro class.
- All students ages 6 or older who or have no dance experience enroll in Level 1 class and will be evaluated by instructor. Level will be adjusted, if needed.
- \*Creative Movement, & Technique classes do not perform in the recital.
- Dancers must be **Poise Dance Company members** to attend Poise classes.