



Soma Sense Academy Advanced Aesthetic Treatment Courses for Qualified Therapists

Are you a Qualified Therapist?
Do you want to upgrade your qualifications?

Then the following Aesthetics Modular courses are for you:

Micro-needling (collagen induction therapy CIT), Lactic/Glycolic Acid Skin Peeling AND Dermaplaning treatments are becoming very popular amongst all therapists and clients. The Principle of Soma Sense Academy Menna Kleine is fully trained and Qualified to introduce these courses to all Qualified Therapist and Salon Owners in the Beauty Industry. All bookings will take place on a Monday or by appointment as scheduled either at Soma Sense Academy or arrangements can be made for on-site training at the Salon/Spa. Travelling costs are excluded.

Micro-needling (Collagen Induction Therapy):

Collagen induction therapy, also known as micro-needling, derma-rolling, or skin needling, is a cosmetic procedure that involves repeatedly puncturing the skin with tiny, sterile needles. The purpose of treatment is to generate new collagen and skin tissue for smoother, firmer, more toned skin. Micro-needling is mostly used on the face and may treat various scars, wrinkles, and large pores.

Course Structure:

- Duration 2 sessions (training and assessment)
- Course Fee R3000.00 (excluding pen and needles)
- Including Training cost and study material.
- This course requires 5x case studies after completion of 1 session at Soma Sense, and successfully completing exams.



APPLICATION AND REGISTRATION PROCEDURES

MINIMUM ENTRY REQUIREMENTS / ADDITIONAL INFORMATION:

- Certified Copy of Identification Document.
 - Certified Copy of Qualification.
 - Comprehensive CV and Reference.
 - After the successful completion of these courses, you can apply for a ITEC Qualification.
- *Please Note: Soma Sense Academy reserves the right to adjust fees and costs in case of unforeseen increases.**



AHA – 30%Lactic Acid and 30% Glycolic Acid Skin Peeling treatments:

A chemical peel works by using a chemical — in this case, lactic acid or Glycolic Acid on bare skin. It removes the top layer of skin (epidermis). Some stronger formulas may also target the middle layers of skin (dermis).

Our training involves the application of 30% Lactic Acid or 30% Glycolic Acid depending on the skin condition

AHA stands for Alpha Hydroxy Acids

AHA's are members of a food group of naturally occurring organic acids typically derived from fruits and foods

AHA's were the first molecules to make it possible to exfoliate the skin at a deeper level, creating a way to regenerate the skin at a faster rate

AHA's are still the fastest way for skin normalisation and basic anti-aging skin fitness and health
AHA's work by two main mechanisms of action - they are natural chemical exfoliators and potent moisturisers.

The result of topical AHA use is skin NORMALISATION - a return of the skin to "normal" moisture content and proper exfoliation rate - back to basic skin fitness and health

Some of the benefits of AHA peels :

- Stimulates collagen production
- Improves photo-aged skin
- Treats hyper-pigmentation
- Minimises pore size
- Superior anti-ageing benefits
- Low down time

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DERMAPLANING TREATMENTS:

What Is Dermaplaning?

- Effective and safe exfoliation procedure
- Uses a specially designed scalpel to remove the surface of the skin which removes excess dead skin and vellus hair
- Performed on the face and is not used for shaping the eyebrows, which the hair is much thicker
- Generally, a stand-alone procedure, but it does create deeper product penetration boosting the products effects



- Makes skin look and feel smoother and will reduce the appearance of acne scars

Benefits of Dermaplaning:

- Provides deeper product penetration
- Removes soft facial hair that traps dirt and oils
- Promotes smoother skin
- Safe procedure for removing dead skin cells and “peachfuzz”
- Reduces the appearance of acne scars
- Diminishes the look of fine lines
- Works on all skin types
- Instant results and no downtime

Course Structure :

- Duration- 2 sessions (training and assessment)
- Course Fee- R3000.00 (includes Blades and Scalpel Hand piece)
- Including- Training cost and study material.
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