



SOMA SENSE ACADEMY(PTY) LTD

SPA THERAPY SHORT COURSE:

Are You already Qualified in Massage , Beauty, Health & Skincare and want to upgrade your treatment offerings ?

On completion of the 2 year full time Diploma programme students may choose to register for the following short course /modular training programmes, for which they have the necessary Pre-requisite subject knowledge, to further enhance their knowledge and experience of the health & skincare therapy industry .

PROSPECTIVE STUDENTS MAY SELECT ONE OR ALL OF THE FOLLOWING SPA SHORT COURSES MODULAR TRAINING COURSES:

NB. Every learner is required to complete 250 experiential learning hours; these hours may be completes in a spa, salon and gym or at Soma Sense Academy as part of your training .

Modules :

- Spa Therapy -Practical and Theory 250 hours
- On completion of the programme learners can apply to complete the ITEC Certificate in Spa therapy
- **Module Pre-Requisites :**
Qualified Therapist who have completed 1st and 2nd year Health and Skincare Diploma
- **THESIS REQUIREMENTS FOR SPA MODULAR COURSE :**
 - Learners are to select any beauty related topic and compile a TYPED Assignment.
 - The learners will each receive a criteria sheet detailing the requirements.

Modular /Short Course : Case study Requirements:

<p><u>Exfoliation- Salt scrub, General body scrubs, Peels, Body brushing</u> 5 clients to be treated twice each across the range of methods.</p>	<p><u>To include</u></p> <ul style="list-style-type: none"> • Consultation • Medical history • Client profile • Treatment plan • Reactions to treatment • Client feedback
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	<ul style="list-style-type: none"> •Home care advice •Conclusion • Reflective practice after each treatment*
<p><u>Steam and Sauna</u> 5 clients to be treated twice across the range of baths.</p>	<p><u>To include</u></p> <ul style="list-style-type: none"> • Consultation • Medical history • Client profile • Treatment plan •Reactions to treatment •Client feedback •Home care advice •Conclusion • Reflective practice after each treatment*
<p><u>Body wraps and masks</u> 5 clients to be treated twice each across the range of methods listed in the syllabus.</p>	<p><u>To include</u></p> <ul style="list-style-type: none"> • Consultation • Medical history • Client profile • Treatment plan •Reactions to treatment •Client feedback •Home care advice •Conclusion • Reflective practice after each treatment*
<p><u>Seawater and Seaweed Treatments</u> 5 clients to be treated twice each across the range of methods listed in the syllabus.</p>	<p><u>To include</u></p> <ul style="list-style-type: none"> • Consultation • Medical history • Client profile • Treatment plan •Reactions to treatment •Client feedback •Home care advice •Conclusion • Reflective practice after each treatment*
<p><u>Hydrotherapy Treatment</u> 5 clients to be treated twice each across the range of methods listed in the syllabus.</p>	<p><u>To include</u></p> <ul style="list-style-type: none"> • Consultation • Medical history • Client profile • Treatment plan •Reactions to treatment •Client feedback •Home care advice •Conclusion • Reflective practice after each treatment*