

A Faith-Inspired Creative Journey Through Nature & Life

ART AND FAITH WORKSHOP SERIES BY MS.FAN LU

WEEK 1: HOLY TREES | WEEK 2: LIVING WATER | WEEK 3: FLOWERS THE BLOOM | WEEK 4: THE MOUNTAIN SPIRIT

TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH

1411 OAK ST. ALAMEDA CA 94501

4-Week Workshop Series | Summary of Overall Review and Reflection

WORKSHOP SERIES BRIEF DESCRIPTION:

2025.7.31

This workshop series is specially designed for the church fellowship group, "Art and Faith." Witnessing this special season of merger between Embrace Church and Twin Towers United Methodist Church, through music, art, literature, and more, in Faith, bridges all together. My role as a teaching artist here is to provide art support and walk alongside; we all personally seek the Presence of God in the same sacred space, but with our unique approach to expressing or communicating in art, using a personal preferred media on art-making, go through a deeper personal connection in Faith and Spiritual Reflection. The purpose of this art project is to serve the Spiritual community, as Art and Faith converge to promote individual well-being, spiritual growth, healing, and outreach through Art as Worship.

Notes:

- *Attend once or multiple times — each session is unique
- *Maximum 8-10 participants per session, church members or community participants
- *An adult must accompany children under 12 years old

FanLuArt | Art to inspire. Art for healing. Sow good seeds to the souls.

ART & FAITH

The heavens declare the glory of God; the skies proclaim the work of his hands.
— Psalm 19:1

A FAITH-INSPIRED CREATIVE JOURNEY THROUGH NATURE & LIFE

WE INVITE YOU TO EXPLORE A DEEPER CONNECTION WITH GOD THROUGH ART-MAKING IN A SACRED SPACE. THIS FELLOWSHIP GROUP WELCOMES BOTH CHURCH MEMBERS AND COMMUNITY PARTICIPANTS FOR FAITH-DRIVEN EDUCATIONAL PROJECTS FOCUSED ON NATURE AND LIFE, LED BY MS. FAN LU.

*A SMALL GROUP FOR ALL AGES
*CHILDREN UNDER 12 MUST BE ACCOMPANIED BY AN ADULT
*ATTEND ONCE OR MULTIPLE TIMES — EACH SESSION IS UNIQUE
*DONATIONS ARE WELCOME BUT NOT REQUIRED
*ALL CONTRIBUTIONS WILL SUPPORT THIS ART PROJECT IN THE CHURCH

FANLUART.COM

TO SIGN UP, PLEASE EMAIL YOUR NAME AND CONTACT INFORMATION TO: FANLU.ART@GMAIL.COM

ARTFUL WORSHIP • SPIRITUAL REFLECTION • COMMUNITY OUTREACH

2025 SUMMER WORKSHOP SERIES

"Enjoy God's Handiwork"

JULY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

July 9 | Week1 Holy Trees
July 16 | Week2 Living Water
July 23 | Week3 Flowers the Bloom
July 30 | Week4 The Mountain Spirit

WEDNESDAYS, JULY 2025
10:30 AM - 12:30 PM
1411 OAK ST. ALAMEDA CA 94501
(TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH)

*FORMAT STRUCTURE FOR THIS 4-SESSION WORKSHOP SERIES:

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ART & FAITH

"Enjoy God's Handiwork"

A FAITH-INSPIRED CREATIVE JOURNEY THROUGH NATURE & LIFE

WEEK 1 HOLY TREES

WEDNESDAY, JULY 9, 2025 | 10:30 AM - 12:30 PM
1411 OAK ST. ALAMEDA CA 94501
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WEEK 2 LIVING WATER

WEDNESDAY, JULY 16, 2025 | 10:30 AM - 12:30 PM
1411 OAK ST. ALAMEDA CA 94501
(TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH)

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WEEK 3 FLOWERS THE BLOOM

WEDNESDAY, JULY 23, 2025 | 10:30 AM - 12:30 PM
1411 OAK ST. ALAMEDA CA 94501
(TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH)

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WEEK 4 THE MOUNTAIN SPIRIT

WEDNESDAY, JULY 30, 2025 | 10:30 AM - 12:30 PM
1411 OAK ST. ALAMEDA CA 94501
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ART AND FAITH WORKSHOP SERIES BY MS.FAN LU

1.THEME-RELATED WORSHIP SONGS OR LIVE MUSIC

*ON DAYS WITH LIVE MUSIC, WORSHIP MUSIC WILL BE LED BY DR. SAMUEL BAI.

2.SMALL LECTURE ON THEMED ART APPRECIATION

3.SEMI-GUIDED DRAWING OR PAINTING EXERCISES WITH SCRIPTURE

4.QUiet TIME FOR PERSONAL PRAYER, REFLECTION, AND ART EXPLORATION

5.OPTIONAL GROUP SHARING OR INDIVIDUAL INSTRUCTION ON ART SUPPORT



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A Faith-Inspired Creative Journey Through Nature & Life

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WEEK 1: HOLY TREES | WEEK 2: LIVING WATER | WEEK 3: FLOWERS THE BLOOM | WEEK 4: THE MOUNTAIN SPIRIT

TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH

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4-Week Workshop Series | Summary of Overall Review and Reflection *2025.7.31*

The participants in this series of workshops included members of Twin Towers United Methodist Church (Alameda) and individuals from the local community, who learned about the events through the church's weekly newsletters, Facebook posts, and recommendations from friends. Notably, some participants came from Palo Alto. On average, individuals attended one to two times, and the exact number of participants is mentioned in the chart below. The majority of those who joined were middle-aged or elderly, though there were also children aged 7 to 12. Overall, the events proceeded smoothly. However, the atmosphere of each session varied depending on the specific theme of the day and the diverse life experiences each participant brought, collaboratively creating unique spiritual and creative environments. The conversations and interactions among participants sparked mutual inspiration and deepened individual expressions and reflections. Most participants had a strong passion for visual art creation but limited practical experience in drawing and painting, particularly with a variety of mixed media. The art materials provided in advance by the church played a significant role in supporting, enhancing the overall experience, and demonstrating a sense of care for the participants. From observation, the two main groups are obvious: one group of people is more focused on seeking instruction with specific artistic skills, engaging with the process in a relaxed and structured way; the other group expresses themselves through visual means in a more personal and therapeutic way, tapping into their untold stories and emotions. Also, a special thanks to my husband, Dr. Samuel Bai, for his kind assistance during the workshops and for leading live worship music at the beginning of each workshop, with additional support from my husband and our son, Bamboo. Their presence provided me with great warmth and extra strength.

My additional idea and thoughts: the study room for young kids next to the studio is an excellent space that complements and expands the teaching environment. In future workshops, this space can be further developed for multidisciplinary teaching. Some parents can engage in art creation, while their school-age children can also receive tutoring in various subjects or music lessons from my husband, Dr. Samuel Bai.

***ADDITIONAL NOTE: (UPDATED ON 2025.8.8) | A BRIEF CONCLUSION ON EVALUATION**

The project in July was initially designed to unite the members of two churches during this transitional merger, as well as to serve as an outreach to the local communities for evangelism and sharing the good message. Its purpose is to promote unity and provide participants with a time of rest for their souls through art-making, allowing them to experience inner peace in God's presence. Art serves as a gentle and tender channel for connection. Therefore, the four workshops in July differ from regular art classes. Evaluations should reflect this unique context, not standard course criteria, as these workshops are not conventional "classes." God speaks personally to each participant.

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4-Week Workshop Series | Summary of Overall Review and Reflection 2025.7.31

Campaigns > Faith and Art

Last saved on Jul 8, 2025 at 11:32am

Save

Basic Info

Progress

Goal • \$0.00

Given • \$56.90 (0%)

Pledged • \$0.00 (0%)

\$1.90

Total fees

\$55.00

Amount received

October 1, 2025

Campaign end date

0

Pledges created

Active

Campaign status

Share

Copy link

QR code

View

No pledges yet

When donors create pledges to this campaign, they'll appear here.

Add a pledge

Your app key: 9Z3S95

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Art & Faith | 2025 Summer Workshop Series (Four-week) Sign Up | Art as Worship: An Art Project in the Church, July

		Number of Pre-registrations	Number of On-site Registrations	Number of Absentees	Number of People Who Checked In	In-person Donations after the workshop
Week1 Holy Trees	2025.7.9	3	1	1	3	\$20 in cash
Week2 Living Water	2025.7.16	3	2	1	4	\$40 by check + \$3 in cash
Week3 Flowers the Bloom	2025.7.23	7	2	3	6	\$55 in cash
Week4 The Mountain Spirit	2025.7.30	9	1	4	6	\$20 in cash

ADDITIONAL NOTE: (UPDATED ON 2025.8.8)
RECEIVED IN-PERSON AND ONLINE.
THE TOTAL DONATION FOR THE FOUR WORKSHOPS IN JULY IS \$193.

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4-Week Workshop Series | Summary of Overall Review and Reflection 2025.7.31



PHOTOS TAKEN DURING THE WORKSHOPS
ARE SHOWN ABOVE.



Donate to the Faith and Art Ministry

*Donations are welcome (online or in-person) but not required
*All contributions will support this art project in the church
for its sustainability through regular, ongoing workshops.

Twin Towers
UMC

EMBRACE
CHURCH

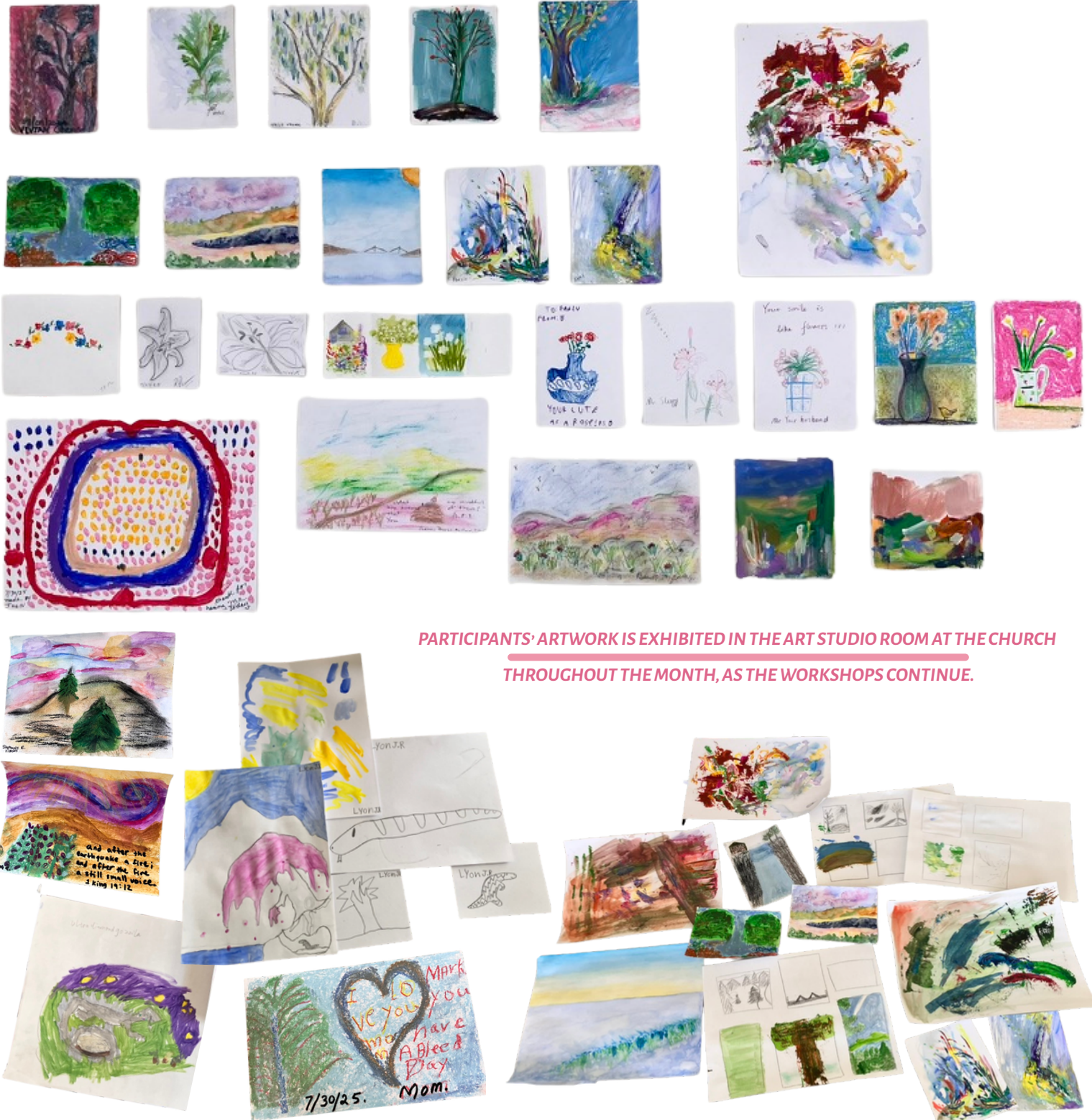
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TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH

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2025.7.31



**PARTICIPANTS' ARTWORK IS EXHIBITED IN THE ART STUDIO ROOM AT THE CHURCH
THROUGHOUT THE MONTH, AS THE WORKSHOPS CONTINUE.**

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ART AND FAITH WORKSHOP SERIES BY MS.FAN LU

WEEK 1: HOLY TREES

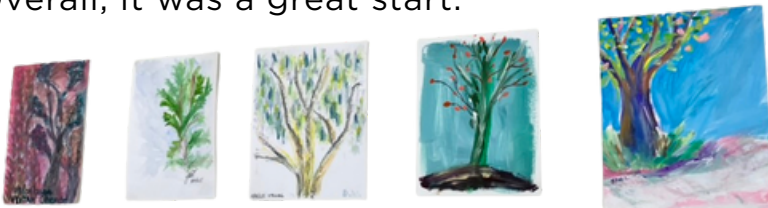
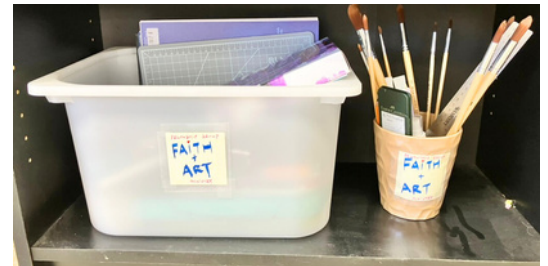
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2025.07.09 Wednesday Short Summary:

Three participants had pre-signed up, two showed up, while one notified of the absence in advance, and one more attended the workshop without prior registration. Following the scheduled plan for the workshop (please refer to the attached first-week workshop slides for more information), start with a prayer and one live worship song, the participants are immersed in the workshop pace with interaction and close talks and discussion, the prepared art materials sponsored by the church for the studio use are in need for the participants. Overall, it was a great start.



The wall now features five small pieces of artwork from the first week's workshop, displayed with the participants' permission. The display will continue through the end of July, aligning with the completion of the four-week workshop series in the church.

ARTFUL WORSHIP • SPIRITUAL REFLECTION • COMMUNITY OUTREACH

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ART AND FAITH WORKSHOP SERIES BY MS.FAN LU

..... PREPARATION: RESETTING THE ART STUDIO ROOM

TWIN TOWERS UNITED METHODIST CHURCH + EMBRACE CHURCH

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2025.07.07 Monday:

Purchased art materials from Blick Art Supply.

2025.07.08 Tuesday:

Reset the art studio room for the current capacity use at the church.

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