

HYPNOSIS DESIRES INFORMED CONSENT

Please read and indicate that you understand what you have read below.

I, _____, agree to engage in the process of professional hypnosis. I understand that I have free will at all times and that I can start and end the process at any time, even during my session. The services are not traditional therapy. The hypnotist is not a psychologist or licensed mental health professional.

I am here for professional hypnosis sessions that will inducing positive thinking, and assisting me passively toward self-control over physical experiences and emotional awareness. This is not health care or psychotherapy, and no health benefit claims of that type have been made. Hypnosis works in unison with myself in creating a more positive life.

I agree to continue medication as prescribed by my attending physicians and understand that hypnotherapy is not a substitute for medical care. I understand a hypnotist neither diagnosis nor treats any medical or mental health condition, instead offering tools of self-discovery and awareness to compliment any medical treatment prescribed by a physician. If any medical symptoms progress or become acute I agree to seek medical attention from a licensed healthcare provider. In the event of a medical emergency or if I feel suicidal, I will call 911 or other emergency help. I understand that the methods of hypnosis include relaxation, breath work, creative visualization, positive affirmation, self- awareness development and other techniques and may produce physical and emotional responses. I agree to inform my hypnotist of any adverse feelings or experiences related to this process, at the time of my awareness of them. I understand hypnosis is effective in unison with my desires and actions to better my life. I understand I should reach out to mental health professionals or medical doctors for assistance if I don't feel like myself. Hypnosis can work in balance with these professionals. I will not rely on my hypnotist for licensed medical care or needs.

I am over the age of 18, and consent to the hypnosis services offered by Samantha at Hypnosis Desires.

Signature

Date