

Southwest Health Benefits Fund
2026 COBRA & UNDER 65 RETIREE
SELF-PAY RATES

COBRA	Rate	Disability Rate
Family Coverage	\$1,023.00	\$1,505.00
Family Coverage with Life (Life is for Member only)	\$1,028.00	\$1,512.00

Retiree Rates Under 65	Rate
Employee Only	\$865.00
Employee + Spouse Coverage	\$1,525.00
Family Coverage	\$1,680.00