DELICIOUS DELIGHTS

SMOOTHIE MENU

GREEN SMOOTHIES

Island Ease

coconut milk, leafy greens, pineapple, mango, bananas

Grap-ple

Apples, grape juice, green superfood

Purple Passion

spinach, blueberries, pineapple, passion fruit juice

Extreme Green

pineapple, mango, bananas, leafy greens, orange juice, lemon, plant-based protein

Green Apple

Apple, pineapple, banana, spinach

Fatigue Fighter

carrot, spinach, orange juice, & lemon

Feeling Good

carrot, apple juice, blueberries, spinach

Good at Heart

Belly Bouncer

spinach, pineapple and banana with turmeric, cinnamon and cayenne pepper with chia seeds and coconut water

No Bloat

blueberries, banana, spinach, plant based protein powder, cacao, almond milk

Skin-timate

carrots, pineapple, turmeric, black pepper