



Richard Ott, MD

Theme: Synchronicity, Healing, and the Reconciliation of Opposites

Overview: Dr. Richard Ott is a retired surgeon and humanitarian whose lifelong exploration of consciousness, meaning, and the interconnected nature of existence bridges medicine, psychology, and metaphysics. Trained at Stanford University and recognized for decades of compassionate surgical service, he has since dedicated his life to understanding the relationship between science and spirit — particularly through the lens of C.G. Jung’s work on synchronicity and Wolfgang Pauli’s notion of the *unus mundus* (the unified world).

His presentation and subsequent paper, *Dinergy: The Primordial Meta-Pattern in Nature*, articulates a vision of the reconciliation of opposites — the underlying unity between matter and mind, energy and meaning. Ott’s insights, shaped by profound personal experiences that defy linear causality, embody Clara Futura’s commitment to bridging rational inquiry with symbolic and spiritual intelligence.

Medical and Humanitarian Background

Dr. Ott graduated second in his medical school class before completing six years of surgical training at Stanford University. Over his career he held multiple leadership positions, organized volunteer medical missions, and co-founded Interplast South Inc., a nonprofit providing free reconstructive surgeries for children with cleft lips and palates in Honduras and beyond.

His leadership extended to crisis response and public health innovation: following Hurricane Andrew (1992), Ott coordinated volunteer medical clinics serving over 10 000 residents and was instrumental in addressing Florida’s medical insurance liability crisis. He also pioneered one of the first hospital-based integrative healing centres, introducing complementary therapies within traditional surgical settings — decades before holistic medicine gained mainstream acceptance.

His humanitarian service has been recognized through multiple honours, including:

- The Dr. Thomas A. Dooley Humanitarian Award (University of Notre Dame)
- University of Florida College of Medicine Wall of Fame
- Broward Leadership Award
- Florida Medical Association Award of Distinguished Service (FMA’s Highest Honour)

In May 1996, during a ten-day contemplative retreat at St. Benedict’s Monastery in Snowmass, Colorado, Dr. Ott underwent a sequence of visionary and physiological experiences that transformed his understanding of consciousness. These events — accompanied by spontaneous somatic energy flow, symbolic imagery, and a vivid sense of unity — convinced him that the universe possesses inherent meaning beyond causal explanation.

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The phenomena that followed, including energetic resonances in his home environment and synchronous imagery linking art, emotion, and physical space, led him to recognize what Jung and Pauli described as the psychoid field — a domain where psyche and matter interact.

Rather than interpreting these events through pathology, Ott embraced them as an experiential revelation of the *unus mundus* — the single, interwoven reality underlying all dualities. His insight culminated in the development of “Dinergy”, a conceptual model describing the dynamic interplay of opposites (e.g., matter/spirit, masculine/feminine, order/chaos) as the generative force of evolution and healing.

Legacy and Advisory Role

Today, as a Global Advisor to Clara Futura World, Dr. Ott brings his deep understanding of healing as integration — where curing addresses symptoms, but healing restores coherence across the whole system: body, mind, and meaning. His perspective enriches Clara Futura’s symbolic intelligence framework, particularly its focus on synchronicity, emergent meaning, and reconciliation as pathways to wisdom.

- His voice within the Clara Futura ecosystem serves as a bridge between:
- Medicine and Mysticism – advocating for empirical compassion and scientific humility.
- Reason and Revelation – exploring consciousness as a living field rather than a neural artifact.
- Personal and Collective Healing – guiding the evolution of care systems that honour both measurable outcomes and invisible connections.

Quotable Insight

“Healing is not the eradication of disease; it is the process of becoming a more coherently organizing whole.”

Signed


Richard Ott (Oct 17, 2025 12:58:37 EDT)

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— Dr. Richard Ott

Global Advisor

Signed


Richard Dobson (Oct 17, 2025 15:32:33 GMT+1)

17/10/2025

— Richard Dobson

Founder