



SilverShield



SilverShield \$0 Copay Benefits

\$0 COPAY FOR VIRTUAL PRIMARY/URGENT CARE CONSULT

\$0 FOR EMOTIONAL SUPPORT SERVICES

\$0 CO-PAYS FOR LAB SERVICES*

Peace of Mind for You and Your Family

GWSW provides a bundle of basic health and wellness services that support you every step of the way.

Ver 10_8_25

877-455-5858

Stay Healthy With Access to
Gyms Nationwide



Prime®Fitness, fromtheindustryleaders
whobringyou SilverSneakers®

Made available through **Get Well Stay Well**

Your flexible fitness benefit is brought to
you by **Get Well Stay Well**



**Get Well Stay Well provides Prime®
Fitness at no cost to you. Begin
experiencing improved physical
and mental well-being by utilizing
your Prime membership today.**

Features you'll love:

- » **Multiple fitness locations wherever you live, work and travel – thousands of choices nationwide¹ – with no contracts or hidden fees.**
- » **Exercise equipment and other amenities, plus group classes included with a basic-membership¹**
- » **Prime On-Demand workout videos, available 24/7 so you can get fit on your schedule with access to workouts designed for all levels, from beginner to advanced**
- » **Companion Prime GO® mobile app with personalized weekly planning, nutritional guidance and participating location finder**

IT'S EASY TO JOIN!

- » **Go to PrimeMember.com to enroll at no cost and get your member ID number**
- » **Find participating gyms at:
Tools.PrimeMember.com/LocationSearch**

**“It’s super convenient to go
to the gyms near my office
and my home, and even when
I travel!” – Elizabeth**

Always talk with your doctor before starting an exercise program.

1. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Prime Fitness membership entitles member to use of the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.

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Healthcare Simplified

GWSW is a per-member, per-month subscription plan that improves access to many of the services that promote a healthy, happy, productive life.

- » **Virtual medical** and wellness services are available with no premium or deductibles.
- » **Care when needed**, not when the doctor is available, keeps sniffles from becoming sick days.
- » **Wellness** resources that encourage healthy behaviors and support physical and emotional well-being.
- » **No one is turned down** 18 or older with no age limits, no pre-existing conditions exclusions, no physical required.

Don't Let Time or Money Stand Between You and Your Health.

To subscribe see your Agent for details

Call: 877-455-5858

***Available at all Quest locations when individuals present themselves as a "Quest Select" member.**

This is NOT insurance, nor a replacement of insurance. This is a noninsurance, subscription-based program and is neither a Major Medical nor a Medicare Supplement Plan.

The Advantage of Having Benefits

Enjoy the peace of mind and financial protection of low-cost access to basic medical care, preventive services and emotional health support.

Get Well Faster...

- » **Connect** with experienced providers through secure virtual visits anytime from home, in the office or on the road.
- » **Choose** covered outpatient lab testing at no out-of-pocket cost.
- » **Consult** immediately, 24/7 with licensed acute-care providers for expert advice on treatment options for minor injuries and sudden illness.



Stay Well Longer...

- » **Achieve** emotional strength and balance by connecting with someone who truly understands.
- » **Stay fit and Healthy** thru Gyms and Virtual programs through Prime Fitness.

GWSW integrates access to basic health care.

\$0 COPAY BENEFITS*



Silver Shield \$0 Copay Benefits

GWSW is neither insurance nor an insurance substitute. Instead, it is a subscription service that offers an affordable alternative with low or no out-of-pocket costs to bring basic care within reach of everybody.

\$0 COPAY FOR VIRTUAL PRIMARY/URGENT CARE CONSULT

Connect with licensed medical professionals on call around-the-clock for advice and treatment options for minor injuries and sudden illnesses.

\$0 FOR EMOTIONAL SUPPORT SERVICES

GWSW provides no-cost access to Kindly Human, a confidential, peer-to-peer service that offers authentic human connection to help regain mental balance during difficult times.

\$0 CO-PAYS FOR LAB SERVICES**

Quest Select is a GWSW option that provides outpatient labs no out-of-pocket costs for covered testing.

Basic Health and Wellness Care for You & Your Family

*Terms, conditions and limitations apply. See your agent for details.

**Available at all Quest locations when individuals present themselves as a "Quest Select" member.

Guardian Dental available. Check state availability with your agent.

To subscribe see your Agent for details

877-455-5858