



Sun

Mon

1

No School- Labor Day

Tue

2

Donut  
Fruit  
Juice  
Milk

Wed

3

Egg & Cheese Biscuit  
Fruit  
Juice  
Milk

Thu

4

Pancakes  
Fruit  
Juice  
Milk

Fri

5

Biscuit & Gravy  
Fruit  
Juice  
Milk

Sat

6

7

8

Cereal or Poptart  
Fruit  
Juice  
Milk

9

Breakfast Taco  
Fruit  
Juice  
Milk

10

Cinnamon Roll  
Fruit  
Juice  
Milk

11

Scrambled Egg  
Toast  
Fruit  
Juice  
Milk

12

Biscuit & Gravy  
Fruit  
Juice  
Milk

13

15

Toasted Bagel w/  
Cream Cheese  
Yogurt  
Fruit  
Juice  
Milk

16

Omelet  
Toast  
Fruit  
Juice  
Milk

17

Pancakes  
Fruit  
Juice  
Milk

18

Cereal or Poptart  
Fruit  
Juice  
Milk

19

Biscuit & Gravy  
Fruit  
Juice  
Milk

20

21

22

No School-PD

23

Blueberry Muffin  
Fruit  
Juice  
Milk

24

Breakfast Pizza  
Fruit  
Juice  
Milk

25

Dutch Waffles  
Fruit  
Juice  
Milk

26

Biscuit & Gravy  
Fruit  
Juice  
Milk

27

28

29

Sausage  
Biscuit  
Fruit  
Juice  
Milk

30

Scrambled Egg  
Toast  
Fruit  
Juice  
Milk

Decorative scissors with red and yellow patterns.

Yellow stars.

Decorative notebook with orange and red wavy patterns and a black label.

# SEPTEMBER BREAKFAST





Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

No School- Labor Day

2

Hot Ham & Cheese  
Potato Wedges  
Carrots  
Fruit  
Chocolate Cake  
Milk

3

Softshell Tacos  
Lettuce & Cheese  
Black Beans  
Spanish Rice  
Fruit  
Milk

4

Chicken Nuggets  
Mac-n-Cheese  
Mixed Vegetables  
Fruit  
Milk

5

Beef & Noodles  
Mashed Potatoes  
Green Beans  
Fruit  
Cookie  
Milk

6

7

8

Spaghetti& Meat Sauce  
Side Salad  
Fruit  
Breadstick  
Oreo Fluff  
Milk

9

Beef & Bean Burrito  
Chips & Salsa  
Corn  
Fruit  
Milk

10

Chicken Bacon  
Flatbread Wrap  
French Fries  
Side Salad  
Fruit  
Milk

11

Tater Tot Casserole  
Green Beans  
Roll  
Fruit  
Milk

12

Pizza Burger  
Hasbrown Patty  
Carrots  
Fruit  
Milk

13

14

15

Beef Fritter  
Mashed Potato & Gravy  
Peas  
Fruit  
Milk

16

Chicken Nuggets  
Mac-n-Cheese  
Carrots/ Ranch  
Fruit  
Milk

17

BBQ Pork on Bun  
Chips  
Mixed Veggies  
Fruit  
Milk

18

Walking Taco  
Lettuce/ Cheese  
Spanish Rice  
Fruit  
Milk

19

Pizza  
Broccoli  
Fruit  
Rice Krispy Treat  
Milk

20

21

22

No School-PD

23

Cheeseburger  
French Fries  
Carrots  
Fruit  
Milk

24

Chicken Bacon Ranch  
Pasta  
Side Salad  
Roll  
Fruit  
Milk

25

Chili  
Corn  
Cheesestick  
Cinnamon Roll  
Fruit  
Milk

26

Pizza  
Green Beans  
Fruit  
Milk

27

28

29

Loaded Nachos  
Corn  
Fruit  
Cookie  
Milk

30

Chicken Patty on Bun  
Potato Wedges  
Peas  
Fruit  
Milk

