

North Nodaway News

Preparing Individuals To Become Productive Citizens And Lifelong Learners



November 2021 Issue-MS/HS



From the Principal's Desk:

The fall season is flying by and our students have been able to enjoy many successful experiences and events here at North Nodaway! Our student-athletes have been able to perform throughout the fall with Choir, NHS, Marching Band, Dance, FFA, Cheer, Volleyball, Football, and Cross Country teams. They have done so with Mustang Pride and represented our school extremely well. We are proud of all of their team and individual accomplishments!

We have tried to focus on developing leadership through service. This fall, our students have helped provide service through mentoring younger students, assisting with blood drives, preparing and serving meals to senior members of our "family," and helping with community betterment projects. We have many students always looking for opportunities to help volunteer and would welcome the chance to help! Please feel free to contact the HS office if you have community projects that you would like students or student organizations to become involved with. We hope that by serving their communities, our students will become better citizens and future leaders of those communities!

Our staff has started monitoring student performance through various benchmarking tests. These tests help the teachers identify areas upon which to focus student learning and

to help monitor the growth of each student. In middle school, we are developing class and individual goals for growth and setting targets for improvement. As our teachers continue to develop these tests and look at their curriculum, our goal is to prepare our students to become productive citizens and members of the community. We have tried over the past two years to revamp and offer additional classes which help us meet this goal. We have seen an increase this year in the number of students enrolled in dual credit classes; vocational (vo-tech) classes; and STEM related courses. Additionally, we have been able to expand and offer students the opportunity to gain work experience through supervised business experiences. We are excited about these opportunities and constantly look for ways to help our students be college and career ready.

Numerous students received awards at our 1st Quarter Awards Assembly and 6 were recently inducted into our National Honor Society. Congratulations to all-we are proud of your accomplishments!

Once again, thank you for your support of our school and students! If I can ever be of any assistance to you, please do not hesitate to contact me. It's a great time to be a Mustang!

Happy Thanksgiving!
-Roger Johnson-MS/HS Principal

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Upcoming Events:

Nov 8th- No School- Staff PD; Vo-tech in session
JH BB v RockPort (H) 5:30
Nov 9th- Fall Choir Concert MS/HS 7:00
Nov 10th- Veterans Day Assembly 9:00 AM
Nov 11th- JH BB v Nodaway Valley (H) 5:30
Nov 15-20th- NE Nod JH BB Tournament
Nov 19th- NHS/FACS Community-Thanksgiving
Meal
Nov 22nd- JH BB v Union Star (H) 5:30
8th G DARE Rewards
Nov 23rd- HS BB v N. Harrison (H) 6:00

Congratulations:

Platte Valley Football Team - KQ2 Team of Week
Hayleigh Vinzant - Cross Country - State Qualifier;
School Record Holder
Saylor Brown - Volleyball- NNL Athlete of Week
Amelia Cox - All-District Choir Member



Hayleigh Vinzant - Cross Country

News from the Nurse:

**November is Diabetes Awareness Month, Lung Cancer Awareness month, and also COPD awareness month.

**Facts about energy drinks that you may not know:

- A typical 8.4 oz energy drink contains 80mg of caffeine
- A can of Mt Dew has 54 mg of caffeine in it
- Drinking too much caffeine can raise your blood pressure and heart rate, and cause anxiety and insomnia. Drinking them over the long term can lead to weight gain, and put you at risk for diabetes.

**Tis the season for Thanks and Giving!! I challenge you to show some gratitude. Gratitude is an active process of acknowledging goodness and recognizing its source. Gratitude can enhance our moods, decrease stress and drastically improve our overall level of health and well being. Who or what are you thankful for? How can you tell them you appreciate them? What can you do to show gratitude?

**** May all of you have a blessed November filled with family and friends!!**

Covid Update:

- Contact tracing is done based on being within six feet for more than 15 consecutive minutes.
- Positive Covid quarantine is typically 10 days, those contacts around the positive case are 10 days, and a household contact is typically 20 days (10 days with the positive case plus another 10 days).
- Contact tracing is done around a positive case, therefore only those in contact with the positive case will be placed in quarantine.
- Quarantine dates are given by the Nodaway County Health Department, and are entire days, not hours.
- Quarantine dates are given as follows: Two days prior to onset of symptoms, or if no symptoms, then it is based on the test date/ date of last contact with a positive person
- The Nodaway County Health Department will call parents with quarantine standards, and the school will also call with educational plans.
- Quarantine dates can be lengthened if symptoms change.
- Teachers are considered essential workers and will be at school during a contact quarantine with a mask on, social distancing measures, and will do symptom checks as recommended. If symptoms appear, they will no longer be at school.

Counselor's Corner

Here is a list of scholarships that are due in the next few months. You can also access the scholarships on the counselor school webpage: <https://nnr6counselingcorner.weebly.com/scholarships.htm>

**All seniors have access to updated scholarships on the senior google classroom.
Please do not forget to check the google classroom!!**

Missouri S&T Chancellor's Scholarship

Due November 1, 2021

NCWIT Award for Aspirations in Computing

Due November 5, 2021

Show-Me Chapter of the Soil and Water Conservation Society

Due November 26, 2021

Elk's Most Valuable Student Scholarship

Due November 15, 2021

Hagan Scholarship Foundation

Due December 1, 2021

Nodaway County Cattlemen's Association Scholarship

Due December 1, 2021

Maryville Rotary Club Frank Felton Scholarship

Due December 3rd, 2021

John T. Belcher Scholarship Award

Due December 8th, 2021

Mo Pork Association Youth Ambassador Program

Due December 11, 2021

Points Scholarship

Due December 15, 2021

MU Annual Scholarship

Due December 15, 2021

College Representatives at North Nodaway this Month

November 2nd- University of Missouri 10:00 AM

November 10th- NCMC 1:00 PM

ACT or Accuplacer

If you are a junior or senior and plan to take either the ACT or Accuplacer, the school district will pay the registration fee for the student (one time). For more information on this process contact Mrs. Meiners.

Dual Credit

Starting the second semester, if a student earns an A or B in a Dual Credit course, we will reimburse the student up to \$300 per year (junior and senior years).

There is still time to sign up for a dual credit course for the second semester. Students can pick up the dual credit enrollment form in the Counselor's Office. To qualify to take dual credit, the student needs to have a 3.5 GPA, have 2 recommendations from their teachers, and also have scored high enough on the ACT Aspire or ACT (according to the NCMC class they would like to take). Some dual credit classes require a higher ACT score in English, Math, Science, and Reading. Each class is \$100 per credit hour. Example: If the course is 3 credits, the course would cost \$300.

Also, seniors have the opportunity to qualify for dual credit if they provide an acceptance letter to a College or University before second semester.

The dual credit classes offered for 2nd semester are:

- Art Appreciation (3 credits)
- Introduction to Behavior Health Sciences (3 credits)
- General Biology (5 credits)
- Anatomy (4 credits)
- Physiology (4 credits)
- Microcomputer Applications (3 credits)
- Introduction to Criminal Justice (3 credits)
- Foundations of Education in a Diverse Society (credits)
- English I (3 credits)
- English II (3 credits)
- American History to 1877 (3 credits)
- IT Fundamentals (3 credits)
- Python Programming (3 credits)
- Programming I (3 credits)
- College Algebra (3 credits)
- National Government (3 credits)
- General Sociology (3 credits)
- Speech Communications (3 credits)