



NORTH NODAWAY R-6

November

6-12 Lunch

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Spaghetti w/ Bread Stix Baked Chicken Hot roll Garden Salad Fruit
4	Chicken Sandwich Frito Chili Pie Baby Carrots / Peas Fruit	5	Chicken Nacho's Chili Dog Blk. Beans / Corn Fruit	6	Chicken Parmesan Chicken Quesadilla Broccoli Salsa Fruit	7	Meatball Sub. Turkey Wrap Cucumber Slices Nachos W/ Cheese	8	Pizza Meat Loaf Garden Salad Wheat Roll / Cookies
11	NO SCHOOL	12	Country Fried Steak Mashed Potatoes Gravy Ham Slices Green Beans Fruit	13	Pizza / Walking Taco Black Beans Garden Salad Choc Chip Granola Bar Fruit	14	Chicken Nuggets Sub. Sandwich Mac. & Cheese Baby Carrots/ Celery Fruit	15	Breakfast Stick Scrambled Eggs Hash browns Polish Sausage Juice / Pudding
18	Beef & Bean Burrito Chicken Fajitas Refried Beans Peas & Carrots Cookie & Fruit	19	Chicken & Noodles Mashed Tator's Mr. Rib Sandwich Corn Fruit	20	BBQ Pulled Pork Cat Fish Fillets Baked Beans F.F. Fruit	21	Hot Dog Goulash Chips Cooked Carrots Fruit	22	Sliced Turkey Mashed Tator's Gravy Green Beans Hot Roll / Pumpkin Bar Applesauce
25	Crispito Chicken Nugget Black Beans Corn /Salsa Fruit	26	Bosco Sticks Potato Wedges Pea's Apple Crisp	27	NO SCHOOL	28		29	NO SCHOOL

1%, Skim and Fat Free Chocolate Milk offered with every meal