



NORTH NODAWAY R-6

November

PreK-5 Lunch

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Spaghetti Garden Salad Bread Stix Fruit
4	Chicken Sandwich Pea' Fruit	5	Chicken Nacho's Blk Beans Corn Fruit	6	Chicken Quesadilla Broccoli Salsa Fruit	7	Turkey Sandwich Cucumber slices Chips Fruit	8	Pizza Garden Salad Fruit Cookie
11	NO SCHOOL	12	Country Fried Steak Mashed Potatoes W/ Gravy Green Beans Fruit	13	Walking Taco Lettuce Black beans Cake Fruit	14	Chicken Nuggets Mac & Cheese Carrots & Celery Fruit	15	Breakfast Stick Scrambled Eggs Hash Brown Fruit Juice
18	Beef & Bean Burrito Refried Beans Peas & Carrots Fruit & Cookie	19	Chicken & Noodles Mashed Potatoes Corn Fruit	20	BBQ Pork F.F. Baked Beans Fruit	21	Hot Dogs Chips Cooked Carrots Fruit	22	Turkey Mashed Potatoes W/ Gravy Green Beans/Hot Roll Pumpkin Bar / Fruit
25	Chicken Nuggets Black Beans/ Corn Fruit	26	Bosco Sticks Potatoe Wedges Pea's Fruit / Apple Crisp	27	NO SCHOOL	28		29	NO SCHOOL

1%, Skim and Fat Free Chocolate Milk offered with every meal