



# North Nodaway RVI BREAKFAST MENU October 2021



**\*Menu Subject to Change\***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31.					1. Breakfast Taco Fruit Juice	2.
3.	4. Sausage Biscuit Fruit Juice	5. Donuts Or Cereal Fruit Juice	6. Omelet Toast Fruit Juice	7. Pancake Fruit Juice	8. Biscuit and Gravy Fruit Juice	9.
10.	11. <b>NO SCHOOL</b>	12. French Toast Stick Fruit Juice	13. Scrambled eggs Biscuit Fruit Juice	14. Cereal Yogurt Fruit Juice	15. Donuts or Pop Tart Fruit Juice	16.
17.	18. Waffle Fruit Juice	19. Sausage/Egg Croissant Fruit Juice	20. Cinnamon Roll And Or Cereal Fruit Juice	21. Scrambled Eggs Toast Fruit Juice	22. Biscuits and Gravy Fruit Juice	23.
24.	25. Breakfast Burrito Fruit Juice	26. Mini Pancakes Fruit Juice	27. Cereal Toast Fruit Juice	28. Bagel Yogurt Fruit Juice	29. <b>NO SCHOOL</b>	30.

**\* this institute is an equal opportunity employer\***

**\* 1% Milk and Fat Free Chocolate Milk Offered With Every Meal\***



# North Nodaway RVI LUNCH MENU October 2021



**\*Menu Subject to Change\***

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31.					1. Pizza Salad Cookie Fruit	2.
3.	4. Chicken Nuggets Tots Broccoli Fruit	5. Chili Sliced Peppers Cinnamon Roll Fruit	6. Chicken and Noodles Mashed Potatoes Green Beans Fruit	7. Spaghetti w/ Meatballs G.Bread Carrots Fruit	8. <i>Grandparent's Day</i> Pulled Pork Cheesy Potatoes Baked Beans Granola Bar	9.
10.	11. <b>No School</b>	12. PRE-K MEAL Pizza Fries Watermelon Brownie	13. Popcorn Chicken Bowl Fruit	14. Taco Salad Refried Beans Pepper slices Fruit	15. Chili//Cheese dog Chips Peas Fruit	16.
17.	18. Breaded Chicken Hash brown patty Broccoli Fruit	19. Hamburger Steak w/ gravy Mashed Corn Fruit	20. Hot Ham and Cheese Chips Fresh Veggies Fruit	21. Potato soup Crackers Bread Stick Fruit	22. Burrito Refried beans Fruit	23.
24.	25. Sloppy Joe Fries Carrots Fruit	26. Chicken Pot Pie Mixed Vegetables Fruit	27. Meatloaf Scalloped Potatoes Green Beans Fruit	28. Turkey/cheese Sub Chips Peas Cookie	29. <b>No School</b>	30.

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