

Wednesday Word 8/5/2026

“Who comforts us in all our troubles, so that we can comfort those in any trouble. For as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ.” –

2 Corinthians 1:4

In 2007, while Naomi was pregnant with Harmony, my mom and dad invited us to spend a week with them in Whitefish, Montana. They had rented a condo in the city and wanted us to go hiking with them to see the mountains and landscape. Elijah was almost five years old, Cedar was about 3 years, and Legacy was still a baby.

My Dad was insistent that we accompany him on a beautiful hike in the mountains where there was a lake in the shadow of the mountains near Whitefish State Park. My parents assured us it would be worth the two-and-a-half-mile hike to the lake. What he failed to mention, although we should have known, was that it was quite steep. Now, surprisingly, my two boys made it to the top with no problems and when we arrived, we realized that my dad was correct—this was worth it. It was awe inspiring.

When it came time to leave, Cedar, who had just turned three, decided his feet no longer worked, and he couldn't make the trip down. So it came to pass that I would have to carry him the entire way down. In my opinion hiking down is harder on the feet than hiking up, especially on steeper terrain. I picked up my son, held him to my chest and hiked all the way down the hill. Cedar slept the whole way and when we got to the car woke up, put on a smile and wanted to go ride his big wheel. I, on the other hand, was exhausted.

I can't help but think about how our great God carries us when we are spiritually weak and tired. He carries us like a small child. When life gets too overwhelming and problems mount so high we can't take it, He is always there to shield us from the pain or circumstances—even if we caused the issue. There is so much freedom and comfort knowing that our God carries us and protects us—and sometimes from ourselves.

Let's be grateful this week that we serve and available and near God that cares for and carries us!

I love you and God loves you!

Pastor Eric Lundberg