## Wednesday Word

Galatians 5:1- "For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery."

One of the most embarrassing events that ever took place in my entire life happened in the spring of 1991 when I was in sixth grade. We were doing a unit on world history, and we were allowed to bring in ethnic food to share with the class for the whole month. I am not that adventurous when it comes to food. I am a spaghetti and taco guy to be honest, but our class was very diverse, and we were able to try many different foods.

At the private school I went to the girls would have P.E. on opposite days the boys would. On one such day while the girls were at P.E., the teacher left the room to go run to the office. Naturally, we boys took this opportunity to goof around and cause mischief. One of the girls sitting next to me had left a big bottle of Soy Sauce on her desk from one of the dishes she had brought to share. I had the brilliant idea that I would pretend to pour the bottle of sauce over my head. I called all the boy's attention to myself, grabbed the bottle, and pretended to shake it upside down over my head.

What I had not factored in was the bottle cap was a bit loose and came right off. The entire bottle of Soy Sauce dumped directly over my head, and I was covered. As you can expect the boys in my class erupted in laughter at my misfortune. Soy sauce was all over me, my desk, the desks around me and all over the floor. I ran to the bathroom to try to get cleaned up, but it was no use. I was so embarrassed and upset I wanted to run away from the school and hide forever.

While the rest of that day was a bit hazy, and I do believe I survived the whole event. But for the rest of the year other students would reenact what must have been a hilarious sight of me dumping Soy Sauce everywhere. For whatever reason this was an embarrassment I couldn't get away from. Now, as an adult, I think it is hilarious.

Spiritually speaking, our adversary, the devil, loves to remind us of our past. He likes to use our memories of past sins or failures to keep us from living a life of freedom and redemption from sin. Jesus died for our freedom and wants us to live that way. While I realize there are consequences for our actions, our spirits should be free from any guilt and shame that we live with. Jesus died to forgive our sins and cleanse us from unrighteousness not to constantly remind us of our mistakes.

Take some time today and allow Jesus to cleanse your mind and spirit and wash you with His Word. He is the true bread of life, and he wants you to live free from your sins and mistakes. He is a really good God!

I love you and God loves you!

Pastor Eric