

Wednesday Word

2 Timothy 1:7 *“For God gave us a spirit not of fear but of power and love and self-control.”*

When I was growing up in school, I was absolutely terrified of public speaking. I would skip any class where I had to give an oral presentation or speak in front of anyone. While this seems hard to believe at this point in my life and ministry, public speaking was a true fear in my life. In fact, public speaking is the most common phobia on the planet. Public speaking is vulnerable and intimidating because all eyes are on you and there is nowhere to run.

When I was a senior in high school, I approached the last month of High School just half of a credit short of graduation. It was an English literature credit that I needed which was a simple class but with one catch: I needed to give an oral presentation in order to complete the course. I knew I had to graduate and mustered up all my courage and after weeks of dread and despair, I gave that presentation in front of the whole class. I stumbled over the words, made horrible eye contact, my voice cracked and I rushed through the presentation. When it was done, I received a grade high enough to pass the class, earn the credit, and graduate on time.

I look back on 18-year-old Eric Lundberg, and many times do not recognize him. I was insecure, bashful, and not comfortable in my own skin. I have since become confident and very comfortable speaking in public. The biggest change for me was when I allowed the Holy Spirit full access to my life. I became empowered and filled with boldness that only comes through the spirit of God.

When Jesus ascended into heaven, He made way for the Holy Spirit to live and abide in every believer. He is our boldness, our wisdom, our power, and our security and it is through Him that we accomplish all that God has for our lives.

If you feel spiritually weak, burdened or overwhelmed with this walk of Faith with Jesus, call out to the Holy Spirit. Let him fill your spirit, soul, mind and body and purify and empower you for worship and for service. The Holy Spirit is omnipresent and available to empower you to continue the ministry that Jesus left for the church. He is near, He is available, and He is God.

Let's prayerfully consider and cry out to God for His spirit in our lives!

I love you and God Loves You!

Pastor Eric Lundberg