



Green Tea extract (decaffeinated)

INTRODUCED 1997

What Is It?

Pure Encapsulations decaffeinated green tea extract is a 100:1 herbal extract containing a high epigallocatechin gallate (EGCG) content, providing important antioxidant support for all cells in the body.*

Uses For Green Tea extract (decaffeinated)

Antioxidant Support: Green tea extract contains catechins, a class of powerful antioxidant compounds known as polyphenols. Epigallocatechin gallate, the most powerful catechin, makes up a minimum of 70% of the content. Numerous studies have reported that EGCG provides optimal cellular function and antioxidant protection. Multiple recent studies have suggested that this polyphenolic compound supports prostate, colon, lung, and bladder health. Research has indicated that EGCG may promote cellular health through a number of pathways, including moderating gene expression and hydroxyl radical formation.*

What Is The Source?

Green tea extract is derived from *Camellia sinensis* leaves and standardized to contain a minimum of 90% total tea catechins, providing a minimum of 70% epigallocatechin gallate (EGCG). The extract contains <0.42% caffeine. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 1-4 capsules per day, in divided doses, between meals.


Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Rare case reports have suggested that large amounts of green tea extract may be associated with liver health concerns. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine or jaundice.

Are There Any Potential Drug Interactions?

Green tea extract may interfere with the absorption and effectiveness of a number of medications including certain heart, blood thinning, antidiarrheal, and cold or hay fever medications. Consult your physician for more information.

Green Tea extract

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| each vegetable capsule contains |  V 3 |
| green tea extract | 100 mg (standardized to contain a minimum of 90% total tea catechins) |
| providing: | |
| epigallocatechin gallate (EGCG) (min.)..... | 70% |
| caffeine | not more than 0.42% |
| ascorbyl palmitate (fat-soluble vitamin C) | 3 mg (hypo-allergenic plant fiber added to complete capsule volume requirement) |
| 1-4 capsules per day, in divided doses, between meals. | |