

Welcome to Psyc Cred

Thank you for choosing Psyc Cred.

At Psyc Cred, we are committed to providing accessible, high-quality mental health services designed to support individuals, families, and groups. Our licensed professionals use evidence-based approaches to understand challenges, develop customized treatment plans, and promote educational and emotional well-being.

We take a holistic, client-centered approach—offering practical tools and compassionate support to help you grow, build resilience, and achieve your goals. Whether you're seeking guidance for academic concerns, emotional struggles, or family dynamics, our practice is a safe and supportive space for healing, learning, and transformation.

This agreement outlines our services, policies, and your rights as a client. Please review it carefully.

With Care,



Tamara Cummings, M.A., Ed.S., LEP

Licensed Educational Psychologist

License #: LEP 4233

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Psycred Service Agreement

Scope of Services

Psycred provides services within the professional scope of practice for Licensed Educational Psychologists (LEPs), as governed by the California Board of Behavioral Sciences. These services include:

- Educational evaluations and psychoeducational assessments
- Diagnosis of psychological disorders related to academic learning processes
- Administration and interpretation of academic, cognitive, and emotional assessments
- Counseling for individuals, families, or groups
- Consultation with educators and families on learning and behavioral challenges
- Development of treatment plans and educational interventions
- Coordination of services and crisis support strategies

Please note: LEPs do not prescribe medication or provide long-term psychotherapy unrelated to educational or developmental functioning.

Appointments & Cancellations

- Scheduling: Appointments can be made via our secure client portal.
- Cancellations: A minimum of 48 business hours' notice is required to cancel or reschedule an appointment. Failure to do so may result in a late cancellation fee.
- Missed Appointments: Missed sessions without proper notice may be charged the full session fee.

Check-In & Payments

- Prior to your appointment, you will receive a check-in message prompting you to confirm your attendance and pay any applicable copay.
- If using insurance, we recommend confirming your coverage in advance. Psycred is not responsible for insurance denials or non-covered services.

What to Bring to Your First Appointment

- A list of your current medications and medical history
- Any relevant school or prior evaluation records

Mental Health Emergencies

Psycred is not an emergency or immediate crisis care provider. If you or someone you know is in immediate distress, please use one of the following resources:

- Call or text 988 to reach the 988 Suicide & Crisis Lifeline (24/7 support)
- Use Lifeline Chat: <https://988lifeline.org/chat/>
- Spanish language support: 1-888-628-9454
- Visit your nearest emergency room or call 911

All services listed above are free and confidential.

Confidentiality & Privacy

Your privacy is important to us. All client information is protected by state and federal confidentiality laws. Information will only be shared with your written permission unless legally required. Exceptions to confidentiality include:

- Risk of harm to self or others
- Suspected abuse or neglect of a child, dependent adult, or elder
- Court orders requiring disclosure
- Medical emergencies

Your Rights & Responsibilities

As a Psycred client, you have the right to:

- Be treated with respect, dignity, and cultural sensitivity
- Receive services tailored to your needs
- Ask questions about your treatment or refuse any service
- Discontinue services at any time

You are responsible for:

- Arriving on time to scheduled appointments
- Communicating changes in contact or insurance information
- Participating actively in the treatment process
- Following through with treatment recommendations

Communication Policy

Non-urgent communication (e.g., scheduling, questions) is available via phone or secure email. Psycred does not provide 24/7 support. Messages will be returned within 1–2 business days.

Acknowledgement of Agreement

By signing below, you acknowledge that you have read, understood, and agree to the terms outlined in this Psycred Service Agreement.

Client Name: _____

Signature: _____ Date: _____

Parent/Guardian (if applicable): _____

Signature: _____ Date: _____

