

Choose Growth

Bibliography

The Growth Posture gives you more strength to choose. Simple in concept, but anchored in the deep work of social science, psychology, and spirituality. Check out these resources for deeper exploration on the conceptual roots and research supporting Choose Growth as a development strategy.

The Miracle of Mindfulness-Thich Nhat Hanh

The Mountain is You-Brianna Wiest

Braiding Sweetgrass-Robin Wall Kimmerer

The Extended Mind-Annie Murphy Paul

Playing To Win-Larry and Hersch Wilson

Mastering Leadership-Robert Anderson and William Adams

The Oz Principle-Craig Hickman and Roger Connors

To Lead a Meaningful Life, Become Your Own Hero- Ben Rogers, Kurt Gray & Mike Christian

The Right Kind of Wrong- Amy Edmonson

What Got You Here Won't Get You There-Marshall Goldsmith

Learning as a Way of Being-Peter Vaill

Thinking Fast and Slow-Daniel Kahneman

Immunity To Change-Robert Kegan and Lisa Lahey

The Evolving Self-Robert Kegan

The Hero with a Thousand Faces-Joseph Campbell

Future Shock-Alvin Toffler