



CONnECT

Program

Practitioner Training

Welcome to CONnECT Practitioner Training

"Embark on a transformative journey with the CONnECT Practitioner Training Program, designed to empower professionals like doulas, midwives, and therapists to guide expectant couples through the profound transition into parenthood. Through our comprehensive training, rooted in the CONnECT framework, practitioners develop the skills and insights necessary to support families in mindful, conscious parenting."

Each letter in CONnECT represents a crucial step in the transformative journey of parenthood: Conscious, Organize, Nurture, Knowledge, Explore, Create, Transform. This framework guides our curriculum, focusing on mindfulness, emotional bonding, and personal growth to ensure a holistic approach to parenting support.

Training Format

The training comprises of 10 live webinars focusing on interactive elements of a CONnECT session. The focus would be to master leading a class/ session.

These elements include
Art and movement
Guided Visualisations
Guidance and Affirmations
Support and Regulation

These skills are supported with online study program, that prepares the practitioner to guide the exploration of the expectant clients.

5 Pillars of the CONnECT Program

1. Conscious Baby
2. Prenatal Bonding
3. Positive mindset
4. Inner Child Work
5. Parental Identity

All material and other collaterals are a part of the package

After completion of the 10 webinars, practitioner will have 4 weeks to complete all assessments for certification.

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The fee for the practitioner training is Rs. 35000

How does the CONnECT Program work?

Practitioners can offer this program to their clients as a combination of an online learning course and 5 live in person sessions

The Doula Collective hosts the study program through it's learning platform (courses.thedoulacollective.in) and all clients must be registered on the platform.

This program can be offered in conjunction with other prenatal services that the practitioner may offer.

If the practitioner decides to incorporate elements of the CONnECT program in their other services and offerings, we would require them to enroll their clients to the online CONnECT program regardless