



<http://www.thesapients.org>



The Sapients

Presents

Inner Winning & Outer Winning

A Proven

Soft Skill/Life Skill Development Program for Schools

<http://www.thesapients.org>



Why this Program?

Students aged between 15 & 17 today are facing issues related to:

- ★ Managing their Emotions
- ★ Managing their Time Efficiently
- ★ Managing their Relationships
- ★ Managing their Thoughts
- ★ Confused about their Career
- ★ Have issues with their Focus & Concentration



Primary Objective

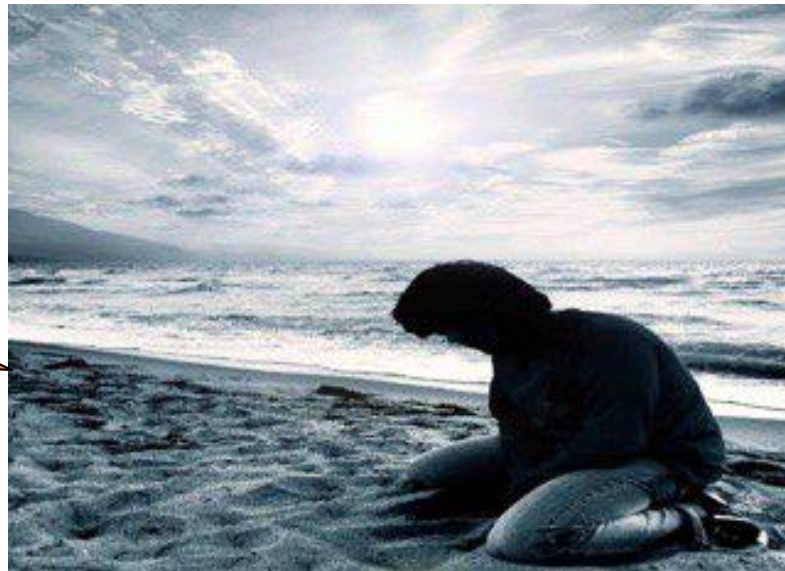
Stress

Peer Pressure

Low Self Esteem

Sensitive/
Negative Emotions

Generation Gap



Deteriorating
Mental Health

Is to correct these!



What this Program is?



It's a program which amalgamates the Rich Wisdom of Philosophy and the Dynamic ingredients of Psychology.

- In order to be a true winner today one has to be an:-
 - **Inner Winner** - Learn the art of managing his/her inner self more efficiently i.e. have control over their Body, Mind, Emotions & Energy which are in the inner realms of his/her Life
 - **Outer Winner** - Only when the inner stability is achieved, can they be successful in their outer aspects & domain area. i.e. manage their Time, Relationships & Career focused actions which are in the outer realms of their Life

How will this Objective be achieved?



- We aim at the overall development of students through blended and experiential learning methods ensuring that learners of all styles and capabilities participate and learn to their fullest potential.
- Learning when centered on the learner is well-retained and applied in life effectively, as compared to training, which is focused on the content.



How will this Objective be achieved?

To facilitate learning and retention, we use the following methodologies as part of the “The Sapients” Blended Learning Process:

- Presentations
- Small Group Activities
- Self learning Games
- Theatre based experiential learning
- Individual Action Planning
- Events and Competitions
- Video based content





The Workshop will be Covered under Various Levels



Level - 1 Training Topics & Duration- 03 Days

- Break the Shell - Ice-breaking,
- Blend Well - Group Dynamics,
- Enhancing Awareness & Listening Skill
- Team activities & Team Games
- Conquering Inhibitions
- Managing Peer Pressure



The Workshop will be Covered under Various Levels



Level - 2 Training Topics & Duration- 03 Days

- Thought Process Re-Engineering & Mindfulness,
- Self Identity - Finding the true You!
- Building Synergy - Team Building Skills,
- Self Management - The Time Management Skills,
- Impression - Positive Body Language,
- Wow - The Effective Public Speaking,
- Leadership Skills & Games



The Workshop will be Covered under Various Levels



Level - 3 Training Topics & Duration- 03 Days

- Interpersonal Relationships - Reconnecting to your roots!
- Wellness - Jump start your energy
- Career Goal Setting - My Success Career
- Emptying Techniques
- Living a greater Life - Celebration of Life
- Primal Rebirth - PLR Meditation
- Positive Mental Attitude

Support Required from the School



For conducting the program effectively, the following support are required from the institution:

- A Training hall with enough space for training activities & games
- Training aids such as:-
 - ★ LCD Projector with screen,
 - ★ One Wireless hand mics for students use,
 - ★ One collar mic for Trainer
 - ★ Audio amplifying system for Laptop audio out.



Benefits

- ✓ Identify hidden capabilities & Strength (Self-Discovery)
- ✓ Well rounded personality (Increased Self Confidence)
- ✓ Physical, Mental, Emotional & Spiritual well being (Happy state of existence enhances productivity)
- ✓ Deeper Self-Healing (Individual Transformation)
- ✓ Clarity about their Career

Timing - Flexible

Training Duration - 6 to 7 hrs per day (As per school timings)



Other Specialised Trainings

Primal Rebirth - Past Life Regression



- Blocked Emotion Regression
- Clear old emotional blocks
- Remove self sabotaging pattern
- Better emotional management
- Smiling comes easily
- Pump in new energy and get rejuvenated

Other Specialised Trainings

Emotional Freedom Technique Trainings



- Emotional Freedom Technique
- Energy Psychology
- Psychological acupressure
- Freedom from years of self doubt
- Freedom from grief over the loss of a loved one or anger or negative memories involving other forms of abuse



Other Specialised Trainings

Out Bound Training (OBT)

**Rappelling, Valley Crossing, River Trekking, Cave Exploration,
Outdoor Games**



Camp Fire, Staying in Tents, Sky Watching



Few Training Pictures



Overcoming Exam Fear

SACRED HEART CONVENT

Girls' Hr.Sec. School, Thrissur





Winning Big with a Happy Mind

St. Joseph's Model Higher Secondary School, Thrissur





Inner & Outer Winning Session

University of South Florida, Tampa, FL, USA





Self Development Training

Rajagiri College of Engineering, Ernakulam





Self Development Training

Rajiv Gandhi Institute of Technology (RIT), Kottayam





Soft Skills/Life Skills Training

Jawaharlal College Of Engineering & Technology
(JCET)





Soft Skill & Placement Training

Saintgits College of Engineering, Kottayam





Building Resilience & DeStress Program @ Tirupati Krishna Theja Educational Institutions





Soft Skill & Placement Training

St. Teresa's College, Ernakulam





Soft Skill & Placement Training

Vimala College, Thrissur





Soft Skill & Placement Training

St. Xavier's College, Aluva





Pre-Placements Training

Kerala Muslim Educational Association

KMEA Engineering College, Ernakulam





Soft Skill & Placement Training

Amrita Vishwa Vidyapeetham, Kollam





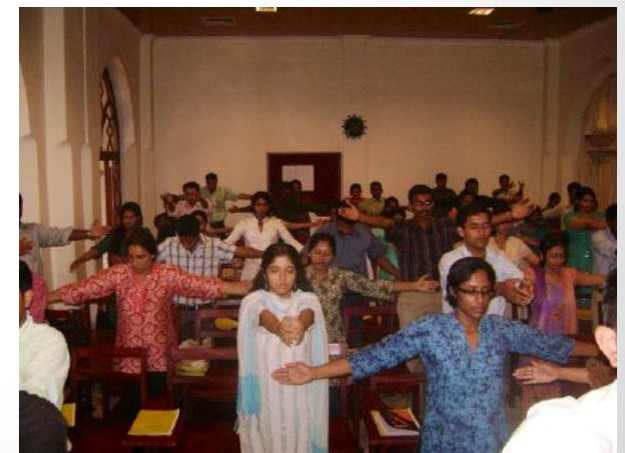
Soft Skill & Placement Training Science & Commerce Colleges in Goa





Self Development Program

Albertian Institute of Management – MBA





Management Development Program

Federal Institute of Science And Technology (FISAT) - MBA





Management Development Program Amrita School of Business - Amrita University





Management Development Program

College of Engineering Trivandrum CET - MBA





All Kerala B-School Teacher's Training Faculty Development Program





Leadership Development Training For Women In Engineering Rajagiri College of Engineering Ernakulam





Entrepreneur Development Program Sacred Hearts College, Thevera, Ernakulam





Faculty Development Program St. Teresa's College, Ernakulam





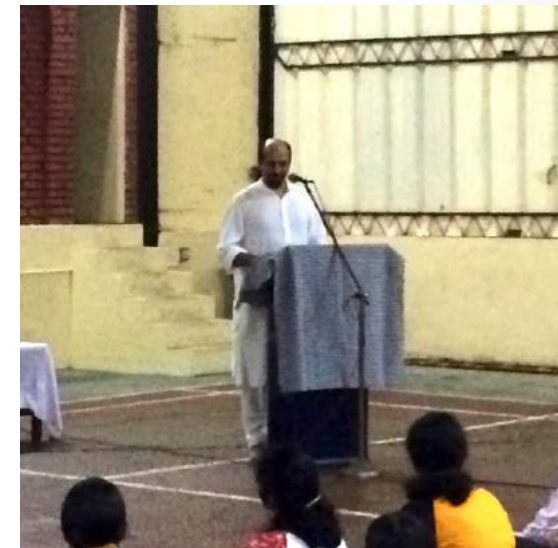
Faculty Development Program (FDP)

Amrita Vishwa Vidyapeetham, Kollam





Upa Yoga Program Cochin Shipyard - IDY Staff Training





Article on Effectiveness of our Training Programs Appeared in “Sunday Indian” March 2010



MOU Signing with Second Largest Educational Institution of Goa

जीव्हीएम व सेपियन्ट्स अकादमी यांच्यात करार

दरवर्षी मार्गदर्शन कार्यशाळेचे आयोजन

प्रतिनिधी

फोंडा

फर्मगुडी-फोंडा येथील जीव्हीएमच्या गोपाल गोविंद पै रायतूरकर वाणिज्य महाविद्यालय व केरळ येथील सेपियन्ट्स प्रशिक्षण आणि विकास अकादमी यांच्यात लेखी करार करण्यात आला. त्यानुसार दरवर्षी बीसीए व बीकॉम विद्यार्थ्यांसाठी मार्गदर्शन कार्यशाळा होईल. महाविद्यालयात प्रथम वर्ष वाणिज्य शाखेतील विद्यार्थ्यांसाठी नुकतेच बारा दिवशीय कार्यशाळेचे

आयोजन करण्यात आले. यावेळी सेपियन्ट्स अकादमीचे डॉ. रितीश अंबात यांचे विद्यार्थ्यांना मार्गदर्शन लाभले. डॉ. अंबात यांनी आंतरराष्ट्रीयस्तरावर विविध नामांकित आस्थापनात (आयसीआयसीआय बँक, टाटा, हिंदुस्थान लिट्जर) तसेच भारतीय नौदल व केरळ नागरी पुरवठा महामंडळात कार्यशाळा आयोजित केल्या आहेत. त्यांना हावर्ड विद्यापीठातर्फे सन्मानित करण्यात आले आहे. महाविद्यालयाच्या व प्रशिक्षण अकादमी यांच्यात



फोंडा : करारानंतर हस्तांदोलन करताना प्राचार्य पी. एम. भेंडे व डॉ. रितीश अंबात.

झालेल्या करारांतर्गत डॉ. अंबात नेतृत्व गुण व्यवस्थापन या यांच्या आत्मविश्वास वाढविणे, विषयावर कार्यशाळेचे आयोजन ध्येयप्राप्ती योग्य मार्गदर्शन, दरवर्षी करण्यात येणार आहे.



Top Indian CMD/CEO Training



With Sasha Mirchandani (*Onida*) @ CMD/CEO Training

Primal Rebirth - Past Life Regression Session



With Rajiv Malhotra (*SuperMax*) @ CMD/CEO Training

CMD/CEO's of Reliance Group, Onida, Dempo, Raheja's Group, SuperMax Group etc



Founder & Chief Trainer

Credentials – Dr. Retish Ambat *MD (AM)*

- ◇ An Aeronautical Engineer retired from the Indian Navy and Post Retirement (Indian Navy) a Doctor of Medicine MD (AM) in Alternative Medicines.
- ◇ Recipient of Best Manager Award from Naval Institute of Advance Leadership & Management Studies
- ◇ Registered Medical Practitioner in Reflexology and Energy Psychology in India
- ◇ Specialised in Past Life Regression & Breath Works helps people remove old emotional blocks
- ◇ Certified in Inclusive Leadership Training: Becoming a Successful Leader & Get Beyond Work-Life Balance from Catalyst, USA.
- ◇ Certified in Career Edge-Communication & Teamwork from Full-bridge, USA.
- ◇ Honorary Doctorate from Indian Institute of Complementary Medicines.
- ◇ Certificate in “Leaders of Learning” from Harvard University
- ◇ Certificates in Philosophy & Entrepreneurship from Massachusetts Institute of Technology (MIT-US).
- ◇ Certificate in “The Science of Everyday Thinking” from The University of Queensland, Australia.



Our Corporate Clients



- i. ICICI Bank (Both Middle Level & Line Managers)
- ii. LIC (Both Middle Level & Line Managers)
- iii. Tata-AIG Life Insurance (Both Middle Level & Line Managers)
- iv. Kerala State Civil Supplies Corporation, (Officers Training)
- v. Vodafone (Both Middle Level & Line Managers)
- vi. Indian Navy (Both Civilian Staff & Uniformed Personal)
- vii. Mir Group (Both Middle Level & Senior Level Managers)
- viii. Synthite (Senior Level Managers)
- ix. Hindustan Unilever (HUL) - Sumeru Foods Division (Senior Level Managers)
- x. WRENCH - Enterprise software solutions (CSEZ) (Middle Level Managers)
- xi. BPCL (Middle Level Managers)
- xii. Petronet (Middle Level Managers)
- xiii. CII Guardian International Ltd & TE Connectivity (US) (Senior Level & Middle Level Managers)



Our Training Feedbacks

You can read the reviews of our training by both Corporates & Students at the following Website links:-

Google - <https://tinyurl.com/ydhc9scs>



FB The Sapients Page - <https://tinyurl.com/y7hv9de4>



TrustPilot - <http://tinyurl.com/ynmum2a2>





Investment/Training Fees

03 Full Days Training will cost Rs. 750/- per student
(Cost all inclusive)

Thank You

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