

# CHAKRA ENERGIES OF THE EMOTIONAL BODY

¼-2 inches beyond the physical body

1. **Etheric Root:** Physical support, muscular-skeletal strength, low back, sciatic nerve, knees, legs, feet, hands, bones, basic needs (shelter, food), vitality.
2. **Etheric Sacral:** Sexual organs, hips, pelvis, bladder, large intestine, joints, flexibility, virility, physical co-creation, ability to manifest through group endeavor, participation in group activities to create a desired outcome, teamwork, organization.
3. **Etheric Solar Plexus:** Stomach, colon, pancreas, digestion, eating habits, liver, adrenals, how we use what we have, how we direct our energies, cleanliness.
4. **Etheric Heart:** Heart, circulation, lungs, upper back, shoulders, breast, nurturing, breathing, circle of friends and family.
5. **Etheric Throat:** Throat, thyroid, neck, mouth, TMJ, clear and audible speech, clear body language, following through with what you say you're going to do, will power (addictions).
6. **Etheric 3<sup>rd</sup> Eye:** Brain, nervous system, eyes, ears, nose, pineal gland, pituitary gland, intuition, insight.
7. **Etheric Crown:** Spiritual energies fully integrated in body, vitality (fibromyalgia, chronic fatigue, migraines, extreme sensitivity to environment, unexplained physical symptoms that move around from one place in the body to another, mystical depression).

Visit <https://allcanheal.com/subtle-bodies>

for recommendations to strengthen these chakra and subtle body energies.