

# April 2026

**CORE Peer Recovery & Resource Center**  
 11-15 Parker Street, Suite 212  
 351-217-1427

**Hours:**  
 Mon 1:00-8:00  
 Tues 8:15-7:30  
 Wed 8:15-5:00  
 Thurs 8:15-9:00  
 Fri 8:15-9:00  
 Sat 8:15-4:00  
 Closed Sunday



[www.corerecovery.org](http://www.corerecovery.org)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope	2 8:30 Restorative Yoga (75 min) 10:00 Meditation <b>11:00 CORE Member Meeting</b> 12:00 Recovery Values 2:00 Aging & the 12 Steps 4-6 Recovery High Visit 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	3 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	4 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
6 9-5 RCA Training 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	7 9-5 RCA Training 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 <b>LGBTQIA &amp; Friends AA</b>	8 9-5 RCA Training 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope (Zoom)	9 9-5 RCA Training 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	10 9-5 RCA Training 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	11 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
13 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	14 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 <b>LGBTQIA &amp; Friends AA</b>	15 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope	16 8:30 Restorative Yoga (75 min) 10:00 Meditation <b>11:00 CORE Member Meeting</b> 12:00 Recovery Values 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	17 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	18 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA <b>2-4 Cooking Class!</b>
20 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	21 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery <b>1:30 Come As You Are: Peer Grief Support for People In Recovery</b> 6:00 <b>LGBTQIA &amp; Friends AA</b>	22 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope (Zoom)	23 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values <b>5:30 Parent Recovery Connection @ Cape Ann YMCA</b> 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA	24 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	25 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
27 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	28 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 <b>LGBTQIA &amp; Friends AA</b> 7:30 Learning to Cope with Grief (Hybrid)	29 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope (Zoom)	30 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values <b>5:00 Creative Currents</b> 6-7:30 Women's Augustine Fellowship 6-7:30 Women's ACA 7:30-9 Men's NA		