

CORE SCHEDULE

WEEK OF APRIL 21ST - 26TH

CORE PEER RECOVERY & REOURCE CENTER
11-15 PARKER ST, SUITE 212, GLOUCESTER MA 01930
PHONE # (351) 217- 1427

MONDAY
21
CLOSED

CLOSED FOR PATRIOT'S DAY



TUESDAY
22
OPEN 8:30-8

9:00 - 10:15 SLOW FLOW YOGA
10:00 MEDITATION
10:45 - 12:00 SPIRITUALITY SOUP!
12:00 WOMEN'S RECOVERY
1:05 WOMEN'S WAY WORKBOOK
6:00 LGBTQIA & FRIENDS AA
7:00 SUDA MEETING

WEDNESDAY
23
OPEN 9-5

9:00 RECOVERY EDUCATION
10:00 MEDITATION
10:00 MEN'S RECOVERY
11:00 CREATIVE RECOVERY
2:00 FITNESS FOR LIFE
7:00 - 8:30 LEARN TO COPE

THURSDAY
24
OPEN 8:30-9

9:00 - 10:15 RESTORATIVE YOGA
10:00 MEDITATION
12:00 RECOVERY VALUES
2:00 AGING & THE TWELVE STEPS
6:00 BIG BOOK STEP MEETING
6:00 - 7:30 WOMEN'S ACA
7:30 - 9:00 MEN'S AA

FRIDAY
25
OPEN 9-9

9:00 - 10:15 VINYASA YOGA
10:00 MEDITATION
10:30 MANY PATHS: RECOVERY LITERATURE
1:45 MUSIC EXPLORATION
5:00 - 9:00 YOUNG PEOPLE'S HANGOUT
6:00 RECOVERY DHARMA
7:00 YOUNG PEOPLE'S AA
7:00 SUDA MEETING

SATURDAY
26
OPEN 9:30-1:30

10:00 MEDITATION
12:00 SOBER & FREE AA

