CORE Peer Recovery & Resource Center ugust 2025 11-15 Parker Street Suit 212 351-217-1427 Monday Tuesday Thursday Wednesday Friday 18:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 8:30 Restorative Yoga (75 min) 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 8:30 Restorative Yoga (1 hr) 8:30 Slow Flow Yoga (75 min) 10:00 Meditation 10:00 Meditation Open 9:30-1:30 10:00 Meditation 10:00 Meditation 10:00 Meditation 11:30 Music With Joe (1 hr) 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA 12:00 Tai Chi (1 hr) 10:30 Fitness For Life 11:00 CORE Member Meeting 10:00 Men's Recovery 6-7:30 Women's ACA 12:00 Women's Recovery 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 12:00 Sober & Free AA 11:00 Creative Recovery: 5:00 Beyond the Label 6:00 LGBTQIA & Friends AA 6:30 Al-Anon Card Making 3:30 Tai Chi (1 hr) 7:00 NA -Just For Today 6-10pm Block Party! 7:30-9 Men's NA 7-8:30 Learn to Cope 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA 8:30 Restorative Yoga (75 min) 10:00 Meditation 8:30 Slow Flow Yoga (1 hr) 8:30 Restorative Yoga (1 hr) 8:30 Slow Flow Yoga (75 min) 9:00 Recovery Education Open 9:30-1:30 10:00 Meditation 10:00 Meditation 10:00 Meditation **Beach Day!** 12:00 Tai Chi (1 hr) 6-7:30 Women's ACA 10:30 Fitness For Life 10:00 Men's Recovery 12:00 Recovery Values 10:00-1:00 12:00 Women's Recovery 11:00 Creative Recovery 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 6:30 Al-Anon 10:00 Meditation 3:30 Tai Chi (1 hr) 6:00 LGBTOIA & Friends ÁA 7:00 NA -Just For Today 12:00 Sober & Free AA 7-8:30 Learn to Cope (Zoom) 7:30-9 Men's NA Deep Sea Fishing Trip! Meet at CORE at 6:30 28:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 8:30 Restorative Yoga (1 hr 8:30 Restorative Yoga 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation (75 min) 10:00 Meditation Back at 4:00 10:30 Come As You Are: Open 9:30-1:30 10:00 Meditation 8:30 Slow Flow Yoga (75 min) 10:00 Meditation Peer Grief Support for People in Recovery 10:00 Meditation 1:45 Music Exploration 5:00 Young People's Hangout 11:00 CORE Member Meeting 10:00 Meditation 10:30 Fitness For Life 10:30 Spirituality Soup 12:00 Women's Récovery 5:00 Beyond the Label 6:00 LGETQIA & Friends AA 10:00 Men's Recovery 12:00 Recovery Values 12:00 Sober & Free AA 11:00 Creative Recovery 12:00 Tai Chi (1 hr) 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA 5:00 Ecstatic Dance (1 hr) 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA 6-7:30 Women's ACA 3:30 Tai Chi (1 hr) 7-8:30 Learn to Cope 6:30 Al-Anon 7:00 NA -Just For Today 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery 8:30 Resto<mark>rative Y</mark>oga (1 hr) 8:30 Slow Flow Yoga (75 min) 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 8:30 Restorative Yoga (75 min) Open 9:30-1:30 10:00 Meditation 10:00 Meditation 1:30 Many Patns: Recover Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA 6-7:30 Women's ACA 6:30 Al-Anon 6:30-8:30 Luminaries & 10:30 Fitness For Life 10:00 Meditátion 12:00 Sober & Free AA 10:00 Men's Recovery 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 12:00 Women's Recovery **Essex County Overdose** 5:00 Beyond the Label 6:00 LGBTQIA & Friends AA 7:00 Learning to Cope with Grief (Hybrid) 11:00 Creative Recovery **Awarenéss Day** Love + (Annual Gloucester 3:30 Tai Chi (1 hr) Observation 7-8:30 Learn to Cope 7:30-9 Men's NA -In Danvers 7:00 NA -Just For Today (Zoom) Hours: Mon 8:30-8:00 Tues 8:30-8:00 For our monthly calendar, group info and events, Wed 8:30-5:00 visit our website or scan our QR code Thurs 8:30-9:00 Fri 8:30-9:00 www.corerecovery.org Sat 9:30-1:30 **Closed Sunday**