

August 2025

CORE Peer Recovery & Resource Center

11-15 Parker Street Suit 212

351-217-1427



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

				¹ 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA	² Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA
⁴ 8:30 Restorative Yoga (1 hr) 10:00 Meditation 12:00 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA - Just For Today	⁵ 8:30 Slow Flow Yoga (75 min) 10:00 Meditation 10:30 Fitness For Life 12:00 Women's Recovery 5:00 Beyond the Label 6:00 LGBTQIA & Friends AA	⁶ 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery: Card Making 3:30 Tai Chi (1 hr) 7-8:30 Learn to Cope	⁷ 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 Healthy Smoothies! 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	⁸ 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 11:30 Music With Joe (1 hr) 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA	⁹ Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA 6-10pm Block Party!
¹¹ 8:30 Restorative Yoga (1 hr) 10:00 Meditation 12:00 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA - Just For Today	¹² 8:30 Slow Flow Yoga (75 min) 10:00 Meditation 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	¹³ 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 3:30 Tai Chi (1 hr) 7-8:30 Learn to Cope (Zoom)	¹⁴ 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	¹⁵ 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA	¹⁶ Open 9:30-1:30 Beach Day! 10:00-1:00 10:00 Meditation 12:00 Sober & Free AA
¹⁸ 8:30 Restorative Yoga (1 hr) 10:00 Meditation 10:30 Come As You Are: Peer Grief Support for People in Recovery 12:00 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA - Just For Today	¹⁹ 8:30 Slow Flow Yoga (75 min) 10:00 Meditation 10:30 Fitness For Life 12:00 Women's Recovery Deep Sea Fishing Trip! Meet at CORE at 1:00 Back at 6:30 5:00 Beyond the Label 6:00 LGBTQIA & Friends AA	²⁰ 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 3:30 Tai Chi (1 hr) 7-8:30 Learn to Cope	²¹ 8:30 Restorative Yoga (75 min) 10:00 Meditation 10:00 Healthy Smoothies! 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	²² 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 4:30-6:30 Ecstatic Dance 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA	²³ Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA
²⁵ 8:30 Restorative Yoga (1 hr) 10:00 Meditation 12:00 Tai Chi (1 hr) 1:00 Healthy Smoothies! 6-7:30 Women's ACA 6:30 Al-Anon 6:30-8:30 Luminaries & Love Annual Gloucester Overdose Vigil 7:00 NA - Just For Today	²⁶ 8:30 Slow Flow Yoga (75 min) 10:00 Meditation 10:30 Fitness For Life 12:00 Women's Recovery 5:00 Beyond the Label 6:00 LGBTQIA & Friends AA 7:00 Learning to Cope with Grief (Hybrid)	²⁷ 8:30 Slow Flow Yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 3:30 Tai Chi (1 hr) 7-8:30 Learn to Cope (Zoom)	²⁸ 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	²⁹ 8:30 Vinyasa Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 Recovery Dharma 7:00 Young People's AA 7:00 SUDA	³⁰ Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA Essex County Overdose Awareness Day Observation -In Danvers

Hours:

Mon 8:30-8:00
Tues 8:30-8:00
Wed 8:30-5:00
Thurs 8:30-9:00
Fri 8:30-9:00
Sat 9:30-1:30
Closed Sunday

For our monthly calendar, group info and events,
visit our website or scan our QR code
www.corerecovery.org

