

# February

2026

# Black History Month

**CORE Peer Recovery & Resource Center**  
 11-15 Parker Street  
 Suite 212  
 978-491-1427



**Hours:**  
 Mon 2:00-8:00  
 Tues 8:15-8:00  
 Wed 8:15-5:00  
 Thurs 8:15-9:00  
 Fri 8:15-9:00  
 Sat 8:15-4:00  
 Closed Sunday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	3 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	4 8:30 Slow flow yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery: Card Making 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope	5 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 4-6 Recovery High visit 6-7:30 Women's ACA 7:30-9 Men's NA	6 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	7 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
9 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	10 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	11 8:30 Slow flow yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope (Zoom)	12 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	13 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	14 <i>HAPPY Valentine's Day</i> 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 2:00 Sound Healing at Floating Lotus 6:30-9 Valentine's Party!
16 <b>PRESIDENT'S DAY</b>  Closed	17 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 10:30 Spirituality Soup 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	18 8:30 Slow flow yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope	19 8:30 Restorative Yoga (75 min) 10:00 Meditation 10:15 Values Training with Jim Higgins 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	20 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	21 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
23 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	24 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA 7:30 Learning To Cope with Grief (Hybrid)	25 8:30 Slow flow yoga (1 hr) 9:00 Recovery Education 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery: 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope (Zoom)	26 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 5:00 Creative Currents 6-7:30 Women's ACA 7:30-9 Men's NA	27 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	28 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA