



**CORE PEER RECOVERY & RESOURCE CENTER**  
**11-15 PARKER STREET SUIT 212**  
**351-217-1427**  
**WWW.CORERECOVERY.ORG**



**NEW HOURS:**  
**MON 2:00-8:00**  
**TUES 8:15-8:00**  
**WED 8:15-5:00**  
**THURS 8:15-9:00**  
**FRI 8:15-9:00**  
**SAT 8:15-4:00**  
**CLOSED SUNDAY**

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**      **SATURDAY**

			<p><b>1</b></p> <p><i>Happy New Year!</i></p> <p>OPEN 8:30-11:00              8:30 YOGA (75 MIN)              &amp; BAGEL BRUNCH</p>	<p><b>2</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              10:00 MEDITATION              10:30 MANY PATHS: RECOVERY LITERATURE              1:45 MUSIC EXPLORATION              5:00 YOUNG PEOPLE'S HANGOUT              6:00 THE WRITING GROUP              7:00 YOUNG PEOPLE'S AA</p>	<p><b>3</b></p> <p><b>NEW OPEN HOURS 8:15-4</b>  <b>8:30 VINYASA YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 SOBER &amp; FREE AA</p>
<p><b>5</b></p> <p><b>NEW OPEN HOURS: 2-8</b>  <b>3:30 TAI CHI (1 HR)</b>              6-7:30 WOMEN'S ACA              6:30 AL-ANON              7:00 NA -JUST FOR TODAY</p>	<p><b>6</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION              10:30 FITNESS FOR LIFE              12:00 WOMEN'S RECOVERY              6:00 <b>LGBTQIA &amp; FRIENDS AA</b></p>	<p><b>7</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              9:00 RECOVERY EDUCATION              10:00 MEDITATION              10:00 MEN'S RECOVERY              11:00 CREATIVE RECOVERY: CARD MAKING              2-3:15 THE SPIRITUALITY OF IFS  <b>3:30 TAI CHI (1 HR)</b>              7-8:30 LEARN TO COPE</p>	<p><b>8</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION  <b>11:00 CORE MEMBER MEETING</b>              12:00 RECOVERY VALUES              2:00 AGING &amp; THE 12 STEPS  <b>4-6 RECOVERY HIGH VISIT</b>              6-7:30 WOMEN'S ACA              7:30-9 MEN'S NA</p>	<p><b>9</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              10:00 MEDITATION              10:30 MANY PATHS: RECOVERY LITERATURE              1:45 MUSIC EXPLORATION              5:00 YOUNG PEOPLE'S HANGOUT              6:00 THE WRITING GROUP              7:00 YOUNG PEOPLE'S AA</p>	<p><b>10</b></p> <p><b>NEW OPEN HOURS 8:15-4</b>  <b>8:30 VINYASA YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 SOBER &amp; FREE AA</p>
<p><b>12</b></p> <p><b>NEW OPEN HOURS: 2-8</b>  <b>3:30 TAI CHI (1 HR)</b>              6-7:30 WOMEN'S ACA              6:30 AL-ANON              7:00 NA -JUST FOR TODAY</p>	<p><b>13</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION              10:00-11:15 CO-ED ACA  <b>10:00 ASK A TRAINER</b>              10:30 FITNESS FOR LIFE              12:00 WOMEN'S RECOVERY              6:00 <b>LGBTQIA &amp; FRIENDS AA</b></p>	<p><b>14</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              9:00 RECOVERY EDUCATION              10:00 MEDITATION              10:00 MEN'S RECOVERY              11:00 CREATIVE RECOVERY              2-3:15 THE SPIRITUALITY OF IFS  <b>3:30 TAI CHI (1 HR)</b>              7-8:30 LEARN TO COPE (ZOOM)</p>	<p><b>15</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 RECOVERY VALUES              2:00 AGING &amp; THE 12 STEPS              6-7:30 WOMEN'S ACA              7:30-9 MEN'S NA</p>	<p><b>16</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              10:00 MEDITATION              10:30 MANY PATHS: RECOVERY LITERATURE              1:45 MUSIC EXPLORATION              5:00 YOUNG PEOPLE'S HANGOUT              6:00 THE WRITING GROUP              7:00 YOUNG PEOPLE'S AA</p>	<p><b>17</b></p> <p><b>NEW OPEN HOURS 8:15-4</b>  <b>8:30 VINYASA YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 SOBER &amp; FREE AA</p>
<p><b>19</b></p> <p><b>CLOSED</b></p>	<p><b>20</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION              10:00-11:15 CO-ED ACA              10:30 FITNESS FOR LIFE              12:00 WOMEN'S RECOVERY  <b>1:30 COME AS YOU ARE: PEER GRIEF SUPPORT FOR PEOPLE IN RECOVERY</b>              6:00 <b>LGBTQIA &amp; FRIENDS AA</b></p>	<p><b>21</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              9:00 RECOVERY EDUCATION              10:00 MEDITATION              10:00 MEN'S RECOVERY              11:00 CREATIVE RECOVERY              2-3:15 THE SPIRITUALITY OF IFS  <b>3:30 TAI CHI (1 HR)</b>              7-8:30 LEARN TO COPE</p>	<p><b>22</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION  <b>11:00 CORE MEMBER MEETING</b>              12:00 RECOVERY VALUES              2:00 AGING &amp; THE 12 STEPS              6-7:30 WOMEN'S ACA              7:30-9 MEN'S NA</p>	<p><b>23</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              10:00 MEDITATION              10:30 MANY PATHS: RECOVERY LITERATURE              1:45 MUSIC EXPLORATION              5:00 YOUNG PEOPLE'S HANGOUT              6:00 THE WRITING GROUP              7:00 YOUNG PEOPLE'S AA</p>	<p><b>24</b></p> <p><b>NEW OPEN HOURS 8:15-4</b>  <b>8:30 VINYASA YOGA (75 MIN)</b>              10:00 MEDITATION  <b>12:00 POTTERY PAINTING!</b>              12:00 SOBER &amp; FREE AA</p>
<p><b>26</b></p> <p><b>NEW OPEN HOURS: 2-8</b>  <b>3:30 TAI CHI (1 HR)</b>              6-7:30 WOMEN'S ACA              6:30 AL-ANON              7:00 NA -JUST FOR TODAY</p>	<p><b>27</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION  <b>10:00 ASK A TRAINER</b>              10:30 FITNESS FOR LIFE              12:00 WOMEN'S RECOVERY              6:00 <b>LGBTQIA &amp; FRIENDS AA</b>              7:30 LEARNING TO COPE WITH GRIEF (HYBRID)</p>	<p><b>28</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              9:00 RECOVERY EDUCATION              10:00 MEDITATION              10:00 MEN'S RECOVERY              11:00 CREATIVE RECOVERY              2-3:15 THE SPIRITUALITY OF IFS  <b>3:30 TAI CHI (1 HR)</b>              7-8:30 LEARN TO COPE (ZOOM)</p>	<p><b>29</b></p> <p><b>8:30 RESTORATIVE YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 RECOVERY VALUES              2:00 AGING &amp; THE 12 STEPS  <b>5:00 CREATIVE CURRENTS</b>              6-7:30 WOMEN'S ACA              7:30-9 MEN'S NA</p>	<p><b>30</b></p> <p><b>8:30 SLOW FLOW YOGA (1 HR)</b>              10:00 MEDITATION              10:30 MANY PATHS: RECOVERY LITERATURE              1:45 MUSIC EXPLORATION              5:00 YOUNG PEOPLE'S HANGOUT              6:00 THE WRITING GROUP              7:00 YOUNG PEOPLE'S AA</p>	<p><b>31</b></p> <p><b>NEW OPEN HOURS 8:15-4</b>  <b>8:30 VINYASA YOGA (75 MIN)</b>              10:00 MEDITATION              12:00 SOBER &amp; FREE AA</p>