

MARCH 2025

CORE Peer Recovery & Resource Center
 11-15 Parker Street Suit 212
 351-217-1427



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA ¹
10:00 Meditation 6-7:30 Women's ACA 7:00 NA - Just For Today ³	9:00 Slow Flow Yoga (75 min) 10:00 Meditation 12:00 Women's Recovery 1:05 Women's Way Workshop 6:00 LGBTQIA & Friends AA 7:00 SUDA ⁴	9:00 Recovery Ed 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2:00 Fitness For Life 7-8:30 Learn To Cope ⁵	9:00 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & The 12 Steps 6:00 Big Book Step Meeting 6-7:30 Women's ACA 7:30-9 Men's NA ⁶	9:00 Vinyasa Flow Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 2:00 Music Exploration 5:00 Young People's Hangout 7:00 Young People's AA 8:00 SUDA ⁷	Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA ⁸
10:00 Meditation 6-7:30 Women's ACA 7:00 NA - Just For Today ¹⁰	9:00 Slow Flow Yoga (75 min) 10:00 Meditation 12:00 Women's Recovery 1:05 Women's Way Workshop 6:00 LGBTQIA & Friends AA 7:00 SUDA ¹¹	9:00 Recovery Ed 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2:00 Fitness For Life 7-8:30 Learn To Cope (Zoom) ¹²	9:00 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & The 12 Steps 6:00 Big Book Step Meeting 6-7:30 Women's ACA 7:30-9 Men's NA ¹³	9:00 Vinyasa Flow Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 2:00 Music Exploration 5:00 Young People's Hangout 5:30 Recovery City at RCA 7:00 Young People's AA ¹⁴ 8:00 SUDA ¹⁵	Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA ¹⁵
<i>St. Patrick's Day</i> 10:00 Haircuts with Shanie! 10:00 Meditation 6-7:30 Women's ACA 7:00 NA - Just For Today ¹⁷	9:00 Slow Flow Yoga (75 min) 10:00 Meditation 10:15 Spirituality Soup! 12:00 Women's Recovery 1:05 Women's Way Workshop 6:00 LGBTQIA & Friends AA 7:00 SUDA ¹⁸	9:00 Recovery Ed 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2:00 Fitness For Life 7-8:30 Learn To Cope ¹⁹	9:00 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & The 12 Steps 6:00 Big Book Step Meeting 6-7:30 Women's ACA 7:30-9 Men's NA ²⁰	9:00 Vinyasa Flow Yoga (75 min) 10:00 Meditation 10:30 Many Paths: Recovery Literature 2:00 Music Exploration 5:00 Young People's Hangout 7:00 Young People's AA 8:00 SUDA ²¹	Open 9:30-1:30 10:00 Meditation 12:00 Sober & Free AA ²²
10:00 Meditation 6-7:30 Women's ACA 7:00 NA - Just For Today ²⁴	9:00 Slow Flow Yoga (75 min) 10:00 Meditation 12:00 Women's Recovery 1:05 Women's Way Workshop 6:00 LGBTQIA & Friends AA 7:00 SUDA 7:00 Learning to Cope with Grief (Hybrid) ²⁵	9:00 Recovery Ed 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2:00 Fitness For Life 7-8:30 Learn To Cope (Zoom) ²⁶	9:00 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & The 12 Steps 6:00 Big Book Step Meeting 6-7:30 Women's ACA 7:30-9 Men's NA ²⁷	9:00 Vinyasa Flow Yoga (75 min) ²⁹ 10:00 Meditation 10:30 Many Paths: Recovery Literature 2:00 Music Exploration 5:00 Young People's Hangout 7:00 Young People's AA 8:00 SUDA ²⁸	Open 9:30-1:30 Sober & Free AA Big Book Workshop 8:30-5 Big Book Workshop (sign-up only) 8:30-12:30 ³⁰
10:00 Meditation 6-7:30 Women's ACA 7:00 NA - Just For Today ³¹					