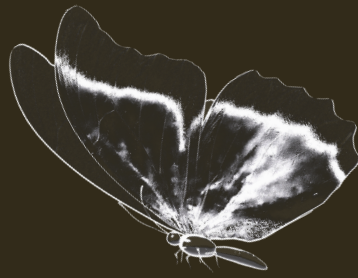


MARCH 2026

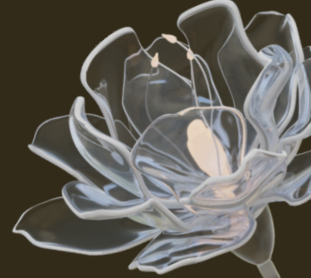


CORE Peer Recovery & Resource Center
11-15 Parker Street, Suite 212
351-217-1427



www.corerecovery.org

Hours:
Mon 1:00-8:00
Tues 8:15-7:30
Wed 8:15-5:00
Thurs 8:15-9:00
Fri 8:15-9:00
Sat 8:15-4:00
Closed Sunday



Mon	Tue	Wed	Thu	Fri	Sat
2 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	3 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	4 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery: Card Making 2-3:15 The Spirituality of IFS 7-8:30 Learn To Cope	5 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	6 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	7 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
9 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	10 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	11 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope (Zoom)	12 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 4-6 Recovery High visit 6-7:30 Women's ACA 7:30-9 Men's NA	13 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	14 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 2-4 Soft Launch; Cooking Class!
16 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	17 Happy St. Patrick's Day! 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA	18 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope	19 8:30 Restorative Yoga (75 min) 10:00 Meditation 11:00 CORE Member Meeting 12:00 Recovery Values 2:00 Aging & the 12 Steps 6-7:30 Women's ACA 7:30-9 Men's NA	20 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	21 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA 6:30-9 St. Patrick's Day Party (Potluck!)
23 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	24 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 1:30 Come As You Are: Peer Grief Support for People in Recovery 6:00 LGBTQIA & Friends AA	25 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:00 Men's Recovery 11:00 Creative Recovery 2-3:15 The Spirituality of IFS 3:30 Tai Chi (1 hr) 7-8:30 Learn To Cope (Zoom)	26 8:30 Restorative Yoga (75 min) 10:00 Meditation 12:00 Recovery Values 2:00 Aging & the 12 Steps 5:00 Creative Currents 5:30 Parent Recovery Connection @ Cape Ann YMCA 6-7:30 Women's ACA 7:30-9 Men's NA	27 8:30 Slow flow yoga (1 hr) 10:00 Meditation 10:30 Many Paths: Recovery Literature 1:45 Music Exploration 5:00 Young People's Hangout 6:00 The Writing Group 7:00 Young People's AA	28 8:30 Vinyasa yoga (75 min) 10:00 Meditation 12:00 Sober & free AA
30 3:30 Tai Chi (1 hr) 6-7:30 Women's ACA 6:30 Al-Anon 7:00 NA -Just For Today	31 8:30 Restorative yoga (75 min) 10:00 Meditation 10:00 Co-ed ACA 10:30 Fitness For Life 12:00 Women's Recovery 6:00 LGBTQIA & Friends AA 7:30 Learning to Cope with Grief (Hybrid)	<p>We're excited to share that a Recovery Coach Academy Training is coming to CORE on April 6–10! This is a great opportunity for those interested in becoming a recovery coach or learning more about addiction and recovery while supporting their community. Space is limited—contact a staff member soon to sign up.</p>			