

CORE SCHEDULE

JUNE 16TH - 21ST

CORE PEER RECOVERY & REOURCE CENTER
11-15 PARKER ST, SUITE 212, GLOUCESTER MA 01930
PHONE # (351) 217- 1427



MONDAY
16
OPEN 8:30 - 8

10:00 MEDITATION
10:30 COME AS YOU ARE: PEER GRIEF SUPPORT FOR PEOPLE IN RECOVERY
6:00 - 7:30 WOMEN'S ACA
6:30 AL-ANON
7:00 JUST FOR TODAY NA

TUESDAY
17
OPEN 8:30 - 8

8:30-9:45 SLOW FLOW YOGA
10:00 MEDITATION
10:30 FITNESS FOR LIFE
10:45 - 12:00 SPIRITUALITY SOUP
12:00 WOMEN'S RECOVERY
5:00 BEYOND THE LABEL: REDEFINING MENTAL HEALTH IN SOBRIETY
6:00 LGBTQIA & FRIENDS AA
7:00 SUDA MEETING

WEDNESDAY
18
OPEN 9 - 5

9:00 RECOVERY EDUCATION
10:00 MEDITATION
10:00 MEN'S RECOVERY
11:00 CORE MEMBER MEETING
11:00 CREATIVE RECOVERY: CARD MAKING
7:00 - 8:30 LEARN TO COPE (HYBRID)

THURSDAY
19
CLOSED

CLOSED FOR
JuneTeenth!



FRIDAY
20
OPEN 8:30 - 9

8:30 - 9:45 VINYASA YOGA
10:00 MEDITATION
10:30 MANY PATHS: RECOVERY LITERATURE
1:45 - 3:00 MUSIC EXPLORATION
5:00 - 9:00 YOUNG PEOPLE'S HANGOUT
6:00 RECOVERY DHARMA
7:00 YOUNG PEOPLE'S AA
7:00 SUDA MEETING

SATURDAY
21
OPEN 9:30-1:30
& 6 - 8 EVENT

10:00 MEDITATION
12:00 SOBER & FREE AA
6:00 - 8:00 RECOVERY
OPEN MIC!

