

Kind words: conversation cards

Cut out the cards, choose one, and talk together

1

A friend feels left out.

What could you say or do?

2

Something feels difficult.

What words could help you try again?

3

You made a mistake.

What could you say to yourself?

4

Someone helped you.

How could you show you noticed?

5

A game did not go your way.

What could you do next?

6

Someone has a different idea.

How could you listen with care?

7

You feel nervous about starting.

What small first step could you take?

8

You want to include someone.

What could your invitation sound like?

Try this: Let your child answer first. Add your own example, then make up a new situation together.