



LAUREN UPDYKE

ACTRESS, SINGER, PRODUCER

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- 🌐 www.laurenupdyke.com
- 🏠 New York City/Naples, Florida
- 🎵 Vocal Range: D3-A5
- 👤 5'4, 115lbs, Brown Hair, Brown Eyes. Hispanic/White

EDUCATION

NEW YORK UNIVERSITY TISCH SCHOOL OF THE ARTS CLASS OF 2025

BFA IN DRAMA WITH PRODUCING MINOR AND BUSINESS, ENTERTAINMENT PRODUCING MINOR

Cum Laude 3.8 GPA

Hispanic Heritage Award

Founders Award

SELECTED THEATER CREDITS

OFF BROADWAY	MARRIED BY THE MOB	JOSEPHINE	JENNIFER GRAZIANO	FEB 2026
OFF-BROADWAY	SLEEPY HOLLOW THE MUSICAL	KATRINA(LEAD)	BE BOLD PRODUCTIONS	9/25-11/25
REGIONAL	RAT PLAY	MARY (LEAD)	BROKE PEOPLE CO.	MAY 2025
OFF-BROADWAY	INTO THE WOODS	THE WITCH (LEAD)	MAKE LEMONADE PROD.	NOV. 2024
REGIONAL	STANDBY LINE	SUSAN (LEAD)	KNIFE DOG PLAY FESTIVAL	APRIL 2025
OFF-BROADWAY	SPRING AWAKENING	WENDLA (LEAD)	OPEN HYDRANT THEATER	AUGUST 2024
REGIONAL	PUT ASUNDER	JANET (LEAD)	OPEN HYDRANT THEATER	FEB 2025
REGIONAL	CROCHET BURGLAR	BURGLAR (LEAD)	KNIFEDOG PLAY FESTIVAL	MAY 2024
REGIONAL	WHAT WE SAY TO THE SKY	SALLY (LEAD)	OPEN HYDRANT THEATER	SEP. 2023
REGIONAL	SO HERE IS WHAT I—	MISS HEARD	KNIFE DOG PLAY FESTIVAL	NOV 2023
REGIONAL	THIS CAN'T BE HAPPENING	SAM(LEAD)	PLAYWRIGHTS HORIZON	APRIL 2023
REGIONAL	I KNOW YOU KNOW	JUDY	PLAYWRIGHTS HORIZON	NOV 2022
REGIONAL	THE ICE CREAM MAN COMETH	SHELLY	PLAYWRIGHTS HORIZON	DEC 2022

SELECTED FILM CREDITS

SHORT FILM	ANTALYA	SUPPORTING	DIRECTOR: KYLE MATHEW STONE
SHORT FILM	TARANTINO GETS A PERFORMANCE	LEAD	DIRECTOR: GARY BENNET/STONESTREET STUDIOS
SHORT FILM	PROJECT SPOOKY	LEAD	DIRECTOR: KYLE MATHEW STONE
SHORT FILM	SPLIT DECISION	LEAD	DIRECTOR: DANNY JAWORKSKY

VOCAL PERFORMANCES

- Green Room 42 Staged Reading 2025
- Mama's Next Big Act Summer 2025
- Mama's Next Big Act Top Five Finalist
- 54 Below Cabaret 2024

VOCAL TRAINING

- Judith Tomsko 2025- Present
- Derek Rosenblatt 2022-2024
- Adrienne McKewon 2015-2020

VOICE-OVER WORK

- "Betty"- Anjali Moorthy/Director
- "Freeze Frame"/Shaha Mag
- "You Reap What You Sow"/ J.U Director

TRAINING

- Screen Acting/Stonestreet Studios
- Voice Over/Stonestreet Studios
- Comedy Sketch/Playwrights Horizon
- Theater Acting/Playwrights Horizon
- Combat Training/Playwrights Horizon
- Directing/Playwrights Horizon

ACCENTS

- New York
- Southern American
- British

PRODUCING

- "Into the Woods"- MLP/Off Broadway
- "The Bar"
- "The Weight We Carry"