



Say Hello Catering

MENU



Say Hello Caribbean

Jerk Signature Buffet

Our classic Jamaican Jerk Chicken and Jerk Pork Loin served with Caribbean black beans, coconut rice, chipotle coleslaw, and a green salad.

\$22

Kingston Trio Buffet

Jamaican Jerk Chicken Wings, Jerk Shrimp Skewers, and Caribbean BBQ Chicken Skewers topped with pineapple salsa. Served with roasted plantains with curried mustard, coconut rice, and a green salad.

\$30

Caribbean Comfort Dinner

Ropa Vieja, an island classic of slow roasted seasoned shredded beef, Jamaican Jerk Chicken with Haitian pikliz, a spiced pickled slaw, rice with pigeon peas, rum and ginger grits, and a green salad.

\$25

San Salvador Seafood Buffet

Grilled Mahi Mahi with Caribbean BBQ Sauce and Jerk Shrimp Skewers served with sweet potato grits, green bean sautee, and a green salad.

\$29

Say Hello Classics

Hand-Carved KC Strip Buffet

Hand-carved, roasted KC striploin with au jus and horseradish sauce, marinated chicken breast in alfredo, herb-roasted new potatoes, and a vegetable medley. Served with a field green salad with jalapeño ranch and Italian vinaigrette and dinner rolls with butter.

\$34

Porkloin Au Poivre Buffet

Roasted porkloin with green peppercorn sauce, chicken Baton Rouge, herb-roasted new potatoes, and green beans sauté. Served with a field green salad with jalapeño ranch and Italian vinaigrette and dinner rolls with butter.

\$22

Traditional Pasta Buffet

Penne pasta with choice of chicken and alfredo or meatballs and marinara. Served with a green salad and dinner rolls with butter. Get both meats and sauces +\$4/guest

\$18

Philly Cheesesteak Buffet

Shaved KC striploin with peppers and onions topped with queso all on a hoagie roll, served with chipotle pasta salad and pub chips.

\$21

Say Hello Down South

Classic New Orleans

Creole Sauce Chicken, Red Beans and Rice, and Cajun Creamed Corn served with a field green salad with jalapeño ranch and Italian vinaigrette and corn bread with butter.

\$23

Bourbon Street Chopped Beef

Jambalaya and Grilled Chopped Beef smothered with creole sauce, and mozzarella cheese, served with sautéed green beans, a green salad with jalapeño ranch and Italian vinaigrette and corn bread with butter.

\$26

Southeast Arkansas Chicken Spaghetti

Slow Roasted Chicken in a creamy and zesty sauce over pasta served with green bean sautee, breadsticks, and a green salad.

\$23

Blackened Chicken Alfredo Pasta

Alfredo Sauce Pasta with Blackened Grilled Chicken and corn maque choux garnish. Served with sweet 'n savory brown sugar carrots, a green salad and dinner rolls with butter.

\$23

Say Hello Southwest

!!!All Southwest selections come with choice of Texas Pinto Beans or Caribbean Black Beans and choice of Traditional Southwest Rice or Coconut Rice!!!

West Texas Taco Bar

Seasoned shredded chicken, seasoned ground beef, pork carnitas, or chorizo shredded lettuce, monterey jack cheese, and fire roasted tomato salsa.

- For 2 meats Lunch \$16/guest | Dinner \$19/guest
- For 3 meats Lunch \$19/guest | Dinner \$22/guest
- ALL the meats Lunch \$23/guest | Dinner \$26/guest

Border Buffet

New Mexican pork enchiladas and seasoned shredded chicken tacos served with lettuce, monterey jack cheese, and fire roasted tomato salsa. Lunch \$17/guest | Dinner \$20/guest

Say Hello Fajita Buffet

Build your own fajitas with flour tortillas, sautéed peppers and onions, Monterey Jack cheese, pico de gallo, and sour cream.

- Chicken Fajitas Lunch \$18/guest | Dinner \$21/guest.
- Chicken and Shrimp Lunch \$20/guest | Dinner \$23/guest.
- Chicken and Steak Lunch \$26/guest | Dinner \$29/guest.

Tamales and Tacos

Steamed chicken tamale with tomatillo salsa to dress it served with carnitas tacos with lettuce, Monterey Jack cheese, and fire roasted tomato salsa. Lunch \$17/guest | Dinner \$20/guest

Add Guacamole \$2.5/guest



The Happiest Caterers You Know!!



SAY HELLO CATERING



M&NU



Say Hello Sandwiches

- Jerk Chicken** \$15
Chicken thigh, lettuce, tomato, cilantro, pesto, ancho aioli, shredded jack cheese
- Blackened Chicken** \$15
Chicken Breast, lettuce, tomato, avocado, shredded jack cheese
- Italian** \$15
Ham, pepperoni, lettuce, tomato, onion, mozzarella cheese
- Club** \$15
Turkey, Ham, bacon, lettuce, tomato

Say Hello Wraps

!!!All Wraps are Garlic herb & come with Jalapeno Ranch !!!

- Jerk Chicken** \$14
Black bean corn salsa, greens, shredded jack cheese
- Buffalo Chicken** \$14
crispy or grilled chicken (tossed in buffalo sauce), greens, shredded jack cheese
- Santa Fe** \$14
Turkey, greens, guacamole, shredded jack cheese

Sandwiches & Wraps available as Platters or Boxed meals
(includes chips & cookie)

Say Hello Classic Dessert

- Rocky Road Cookie \$3
- Brownie \$3
- Lemon Bar \$3
- Mini Cheesecake \$4
- Petit Fours \$4
- M&M Chocolate Chip Cookie \$3
- Peanut Butter w/ Reeses Pieces Cookie \$3
- Chocolate Chip Cookie \$3

Say Hello Deluxe Dessert

- Tuxedo Cake \$6
- Banana Pudding \$6
- Pecan Caramel Fudge Cheesecake \$7
- Strawberry Cheesecake \$6
- Blueberry Cheesecake \$7
- Crumbles (Cherry Vanilla) \$5
(Apple Cinnamon)
(Peach & Creme)

* Say Hello Bundle
we choose 3 Classic selections
for your group @ \$2.75 per guest



The Happiest Caterers You Know!!



SAY HELLO CATERING



M&NU



Say Hello Appetizers

Fresh Fruit, Vegetable, & Cheese Display with Jalapeno Ranch	\$5	Queso Blanco add seasoned beef or chorizo \$2.50/guest	\$6
Caprese Skewer Mozzerella, Tomato, and Basil with Balsamic Vinegar Drizzle	\$5	Classic Spinach & Artichoke Dip	\$5
Gulf Shrimp Al Fresco	\$5	Charcuterie Station *Market Price*	
Moroccan Lettuce Wrap	\$5	Chicken Florentine Meatballs	\$5
Deluxe Hummus Spread Hummus accompanied by pita chips and fresh vegetables	\$5	Baked Brie Trio (Chipotle Strawberry Jam, Apple Chutney, Jubilee Cherries & Bacon)	\$7
Deviled Egg Trio (Classic Deviled, Chorizo Stuffed, Everything Bagel)	\$9	Blackened Shrimp & Smoked Gouda Grits	\$6
Salsa Trio (Fire Roasted Tomatoes, Verde, Black Bean & Corn) Substitute Jalapeno Ranch for any Salsa or Add for \$2/guest	\$5		
Guacamole Dip	\$5		
Smoked Salmon Canape with Lemon Dill Sauce	\$6		
Say Hello Hors D'oeuvres Packages			
Classic Party Package Hot spinach and artichoke dip, herb crusted pork loin with cocktail buns and zesty bistro sauce, Italian marinara meatballs, fruit vegetable and cheese display, and salsa trio with tortilla chips.	\$20		
Say Hello Team Favorites Package Our new deviled egg trio, queso blanco, caprese skewers, deluxe hummus spread, the salsa trio with tortilla chips, and the fruit vegetable and cheese display.	\$29		



2627 KFB Plaza, Manhattan, KS 66503
785-226-0012 | @sayhellocatering.com



The Happiest Caterers You Know!!

