

## ANXIETY AND EXECUTIVE FUNCTIONING

Friday, November 7th | [Ryther Campus](#) | 10:00 — 12:00 pm | [RSVP Here](#)

Understanding the intersection of anxiety and executive functioning is crucial, as we work to support neurodiverse kids, teens and young adults. Lesley Todaro will give key strategies to help differentiate anxiety from executive functioning. She will also guide attendees in how to prepare treatment approaches that help clients target anxiety and executive functioning distinctly.

***All are welcome. This training provides 2.0 CEUs for LMFT, LICSW and LMHC providers. [RSVP to attend!](#)***

### SPEAKERS



#### ***Lesley Todaro, LMFT***

Lesley Todaro is the co-founder of the Hallowell Todaro Center. With her therapy training as a foundation, Lesley has dedicated her career to supporting youth with ADHD and similar traits. Today, Hallowell Todaro Center serves a wide range of clients in clinic and school settings.

#### **Hallowell Todaro**

ADHD & BEHAVIORAL HEALTH

 *unwrap the gift*



#### ***Catherine Mutti-Driscoll, PhD***

Catherine Mutti-Driscoll, PhD, CALC, is the Director of Executive Function Coaching and an ADHD/Executive Function Coach at the Hallowell ADHD & Behavioral Health Center in Seattle. Catherine is the author of The ADHD Workbook for Teen Girls and the forthcoming Rejection-Sensitive Dysphoria Workbook (New Harbinger Press).

***Pastries and Coffee Provided courtesy of A Mission for Michael.***

