

January 2024 NEWSLETTER

January 2, 2024

Happy New Year!

Wishing you a happy and healthy 2024! Thank you for continued support and partnership with KCHN. You make it possible to strive for a healthier Kittitas County for all.



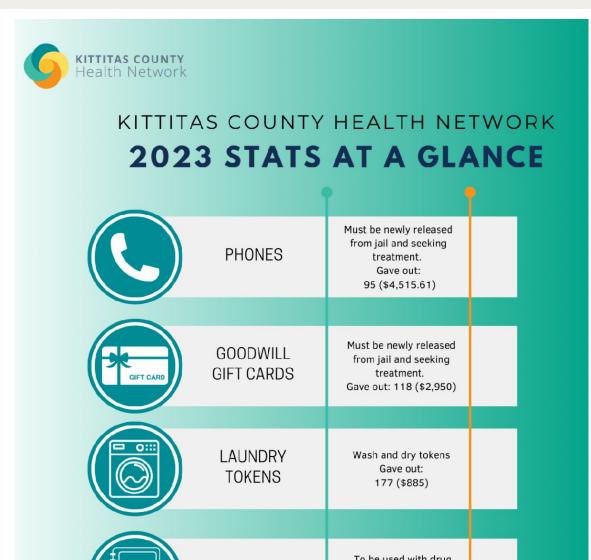
KCHN Semi-Annual Meeting January 10th



Mark your calendars for the KCHN upcoming Semi-Annual IN-PERSON meeting at

Hotel Windrow on **Wednesday, January 10th from 8am - 1pm.** Lunch and refreshments will be provided. In addition, Care Coordination's A-Team will be hosting an A-Team Summit the same day following the Semi-Annual meeting from **1pm - 4pm.**

2023 Program Highlights



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	COVID-1 VACCINE GIFT CARE	(\$9,138.9		166 99) : 143	
				NUMBER OF MEETINGS HOSTED	
	SAFE SPACE FACILITATOR		ed Trainers: 24 nity Members: 80	LEADERSHIP COUNCIL & BOD 12	
	ACES TRAINERS		Trained: 5	CHILDCARE WORKGROU 10 BEHAVIORAL HEALTH 10	JΡ
	WINTER COAT DRIVE	distrib	oats have been uted throughout e community	SUBSTANCE USE RESPONSE - CPWI 11	
GIFT CARD	YVCF \$50 GIFT CARD	Purcha	50 Gift Cards sed: 50 (\$2,500) stributed: 50	JAIL 10 ACES & RESILIENCY	
	SHIBA STATS	Ca Ca	ce July 2023 ounselors: 2 ontacts: 239 oteer Hours: 93	8 HEALTH EQUITY 3	

Four new KCHN fund sources:

- Yakima Valley Community Foundation, Community Health Worker program
- Office of the Insurance Commissioner, SHIBA Program (Statewide Health Insurance Benefits Advisors)
- Kittitas Valley Healthcare, Pediatric Care Coordination



 LatinX Outreach, Community Health Worker program

Program Highlights

- Health Equity Work Group
 established
- Partnering with Comprehensive Healthcare to hire 2.0 FTE School-Based Therapists to help every school district in the county (Behavioral Health)
- Getting 69 individuals in the community Mental Health First Aid trained (Behavioral Health)
- A successful Drug Take Back Day in October receiving 60lbs of medication (Implementation)



KCHN Featured on KIMA News

Watch KCHN Executive Director, Robin Read, shares the history of the network and why it has been so successful in improving the health of community members with KIMA News.



Donations Needed to Help Keep Our Neighbors Warm this Winter



The KCHN Coat Drive has collected 98 coats so far! Thank you to the Kittitas County Jail for laundering donations before they get distributed in the community.

Donations are accepted at:

Community Health of Central Washington M-F 7am to 5:30pm Kittitas County Recovery Community Organization M-F 9am to 4pm

Read more about the Coat Drive in the Daily Record here.

CPWI Transition to ESD 105



CPWI will transition to our friends at ESD 105 in the New Year. The Kittitas County Health Network is still very supportive of this work. We will have representation at their monthly meetings and look forward to seeing this work continue in our community. If you would like to stay connected to this work feel free to reach out to ESD contacts below:

ESD Contacts

- Lizbet Maceda email: lizbet.maceda@esd105.org
- Emily Contreras email: emily.contreras@esd105.org

KCHN December Vaccine Clinic



Last month's KCHN Vaccine Clinic at St. Andrew's Catholic Church had over 40 participants with 34 COVID-19 vaccines and 10 childhood vaccine recipients. Thanks to our community partners: Unidos Nueva Alianza Foundation, APOYO, Juntos de Communidad, and Central Washington Disability Resources for helping to make another successful vaccine event!

Safe Space 101 Training



Safe Space training equips community members with the tools needed to be an effective ally to the LGBTQ+ community, taking the first step to making our community a safer space for all.

Interested in training for yourself or your organization? Email info@helenhouse.org or follow the link below.

Online Inquiry Form

Washington Recovery Help Line

washington recovery help line

24-hour help for substance abuse, problem gambling & mental health

866.789.1511

Confidential Compassionate Nonjudgemental 24/7

A SERVICE OF

crisis

Our confidential, compassionate, and nonjudgemental helpline is here for you 24/7. Our trained professionals provide crisis intervention, emotional support, and referrals to your local treatment resources.





866.789.1511 warecoveryhelpline.org

Washington State Recovery Help Line is a statewide help line for substance

abuse, problem gambling and mental health. Visit **www.warecoveryhelpline.org** for resources, a free job board and downloadable promotional materials.

Help for teens: 1.866.TEENLINK (1.866.833.6546)

KCHN Care Coordination Team is Expanding! KITTITAS COUNTY Health Network NOW HIRING Join the KCHN team UPPER KITTITAS COUNTY CARE COORDINATOR **More Details Here**

Community Partners Spotlight



PARTNER SPOTLIGHT



The Kittitas County Jail is a division of the Kittitas County Sheriff's Office. The Jail has a wide range of services offered to inmates, including medication-assisted treatment for substance use disorders, and MERIT Recovery services, and they also set inmates up for success by lining up post-release services before they leave jail.

Learn more about the Kittitas County Jail Services

Featured KCHN Team Member

Meet Tiffini

Tiffini is originally from Lake Chelan, Washington and came to Ellensburg in 2019. She holds a Bachelor's degree in Psychology and a Master's degree in Public Health from Central Washington University. Currently, she is working towards completing her counselor education and training for licensure through Seattle University. Her research interests in maternal and child health brought her to work within foster care and the hospital setting where she became passionate about improving the outcomes for children and families in Central Washington. Tiffini is grateful for the experiences that have helped her gain a holistic philosophy of care for children and their families. In her free time, she enjoys writing, being outside, and spending time with her family and friends.



Tiffini Hawkins Pediatric Care Coordinator Pronouns: she/her

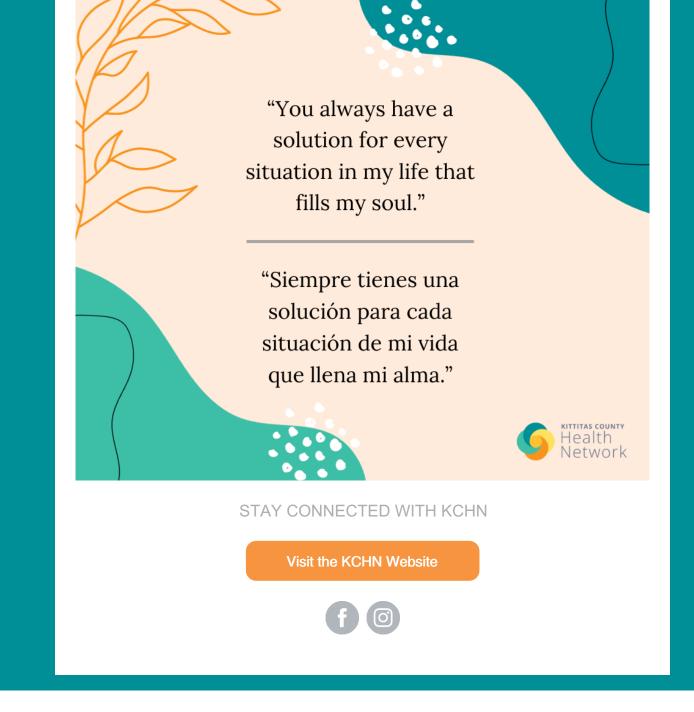
Brrrr! Get your KCHN merch today!

Stay warm this winter! Get your KCHN sweatshirts and beanies. All proceeds go to clients in need.



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Featured KCHN Client Testimonial



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