



## January 2024 NEWSLETTER

January 2, 2024

### Happy New Year!

Wishing you a happy and healthy 2024! Thank you for continued support and partnership with KCHN. You make it possible to strive for a healthier Kittitas County for all.



**KCHN Semi-Annual Meeting January 10th**



Mark your calendars for the KCHN upcoming Semi-Annual IN-PERSON meeting at Hotel Windrow on **Wednesday, January 10<sup>th</sup> from 8am - 1pm.** Lunch and refreshments will be provided. In addition, Care Coordination's A-Team will be hosting an A-Team Summit the same day following the Semi-Annual meeting from **1pm - 4pm.**

## 2023 Program Highlights



## KITTITAS COUNTY HEALTH NETWORK 2023 STATS AT A GLANCE



### PHONES

Must be newly released from jail and seeking treatment.  
Gave out:  
95 (\$4,515.61)



### GOODWILL GIFT CARDS

Must be newly released from jail and seeking treatment.  
Gave out: 118 (\$2,950)



### LAUNDRY TOKENS

Wash and dry tokens  
Gave out:  
177 (\$885)



To be used with drug



### PLANNERS

To be used with drug court or those seeking treatment.  
Gave out: 41 (\$499.80)



### COVID-19 VACCINE GIFT CARDS

\$50 Gift cards  
Purchased: 166 (\$9,138.99)  
Distributed: 143 (\$7,976.44)

## NUMBER OF MEETINGS HOSTED



### SAFE SPACE FACILITATOR

Trained Trainers: 24  
Community Members: 80

LEADERSHIP COUNCIL & BOD  
**12**



### ACES TRAINERS

Trained: 5

CHILDCARE WORKGROUP  
**10**



### WINTER COAT DRIVE

98 coats have been distributed throughout the community

BEHAVIORAL HEALTH  
**10**



### YVCF \$50 GIFT CARD

\$50 Gift Cards  
Purchased: 50 (\$2,500)  
Distributed: 50

SUBSTANCE USE RESPONSE - CPWI  
**11**



### SHIBA STATS

Since July 2023  
Counselors: 2  
Contacts: 239  
Volunteer Hours: 93

JAIL  
**10**  
ACES & RESILIENCY  
**8**

HEALTH EQUITY  
**3**

### Four new KCHN fund sources:

- Yakima Valley Community Foundation, Community Health Worker program
- Office of the Insurance Commissioner, SHIBA Program (Statewide Health Insurance Benefits Advisors)
- Kittitas Valley Healthcare, Pediatric Care Coordination



- LatinX Outreach, Community Health Worker program

### **Program Highlights**

- Health Equity Work Group established
- Partnering with Comprehensive Healthcare to hire 2.0 FTE School-Based Therapists to help every school district in the county (Behavioral Health)
- Getting 69 individuals in the community Mental Health First Aid trained (Behavioral Health)
- A successful Drug Take Back Day in October receiving 60lbs of medication (Implementation)



### **KCHN Featured on KIMA News**

Watch KCHN Executive Director, Robin Read, shares the history of the network and why it has been so successful in improving the health of community members with KIMA News.



## Donations Needed to Help Keep Our Neighbors Warm this Winter

**KITTITAS COUNTY Health Network**

# COAT DRIVE

Through February 2024

We are accepting all sizes of new and gently used coats to help keep our Kittitas County neighbors warm this winter. Our community partners have shared that there is a high demand for Men's and Women's size large and extra-large coats. We will also take hats and gloves.

**DONATION DROP-OFF LOCATIONS**  
**Community Health of Central Washington**  
521 E Mountain View Ave Ellensburg  
Monday-Friday 7am to 5:30pm

**Kittitas County Recovery Community Organization**  
211 W. 3rd St Ellensburg  
Monday-Friday 9am to 4pm

Community Health of Central Washington

Questions?  
Email: [jessica@healthierkittitas.org](mailto:jessica@healthierkittitas.org)  
[healthierkittitas.org](http://healthierkittitas.org)

**KCRCO**  
KITTITAS COUNTY RECOVERY COMMUNITY ORGANIZATION

**KITTITAS COUNTY Health Network**

# COLECTA DE ABRIGOS

Hasta febrero de 2024

Estamos aceptando todos los tamaños de abrigos nuevos y usados en buen estado para ayudar a mantener calientes a nuestros vecinos del condado de Kittitas este invierno. Nuestros socios comunitarios han compartido que existe una gran demanda de abrigos grandes y extragrandes para hombres y mujeres. También aceptaremos donaciones de gorros y guantes.

**LUGARES DE ENTREGA DE DONACIONES**  
**Community Health of Central Washington**  
521 E Mountain View Ave Ellensburg  
Monday-Friday 7am to 5:30pm

**Kittitas County Recovery Community Organization**  
211 W. 3rd St Ellensburg  
Monday-Friday 9am to 4pm

Community Health of Central Washington

¿Preguntas?  
Email: [jessica@healthierkittitas.org](mailto:jessica@healthierkittitas.org)  
[healthierkittitas.org](http://healthierkittitas.org)

**KCRCO**  
KITTITAS COUNTY RECOVERY COMMUNITY ORGANIZATION

The KCHN Coat Drive has collected 98 coats so far! Thank you to the Kittitas County Jail for laundering donations before they get distributed in the community.

### Donations are accepted at:

Community Health of Central Washington M-F 7am to 5:30pm

Kittitas County Recovery Community Organization M-F 9am to 4pm

Read more about the Coat Drive in the Daily Record [here](#).



CPWI will transition to our friends at ESD 105 in the New Year. The Kittitas County Health Network is still very supportive of this work. We will have representation at their monthly meetings and look forward to seeing this work continue in our community. If you would like to stay connected to this work feel free to reach out to ESD contacts below:

**ESD Contacts**

- Lizbet Maceda email: [lizbet.maceda@esd105.org](mailto:lizbet.maceda@esd105.org)
- Emily Contreras email: [emily.contreras@esd105.org](mailto:emily.contreras@esd105.org)

**KCHN December Vaccine Clinic**



Last month's KCHN Vaccine Clinic at St. Andrew's Catholic Church had over 40 participants with 34 COVID-19 vaccines and 10 childhood vaccine recipients. Thanks to our community partners: Unidos Nueva Alianza Foundation, APOYO, Juntos de Comunidad, and Central Washington Disability Resources for helping to make another successful vaccine event!

## Safe Space 101 Training



Safe Space training equips community members with the tools needed to be an effective ally to the LGBTQ+ community, taking the first step to making our community a safer space for all.

Interested in training for yourself or your organization? Email [info@helen-house.org](mailto:info@helen-house.org) or follow the link below.

[Online Inquiry Form](#)

## Washington Recovery Help Line



**24-hour help for  
substance abuse,  
problem gambling  
& mental health**

**866.789.1511**

**Confidential  
Compassionate  
Nonjudgemental  
24/7**

Our confidential, compassionate, and nonjudgemental helpline is here for you 24/7. Our trained professionals provide crisis intervention, emotional support, and referrals to your local treatment resources.



**866.789.1511**  
[warecoveryhelpline.org](http://warecoveryhelpline.org)

Washington State Recovery Help Line is a statewide help line for substance



abuse, problem gambling and mental health.

Visit [www.warecoveryhelpline.org](http://www.warecoveryhelpline.org) for resources, a free job board and downloadable promotional materials.

**Help for teens: 1.866.TEENLINK (1.866.833.6546)**

## KCHN Care Coordination Team is Expanding!



**KITTITAS COUNTY**  
Health Network



# Join the KCHN team!

UPPER KITTITAS COUNTY CARE COORDINATOR

[More Details Here](#)

## Community Partners Spotlight



Kittitas County  
Jail Services

The Kittitas County Jail is a division of the Kittitas County Sheriff's Office. The Jail has a wide range of services offered to inmates, including medication-assisted treatment for substance use disorders, and MERIT Recovery services, and they also set inmates up for success by lining up post-release services before they leave jail.

[Learn more about the Kittitas County Jail Services](#)

## Featured KCHN Team Member

### Meet Tiffini

Tiffini is originally from Lake Chelan, Washington and came to Ellensburg in 2019. She holds a Bachelor's degree in Psychology and a Master's degree in Public Health from Central Washington University. Currently, she is working towards completing her counselor education and training for licensure through Seattle University. Her research interests in maternal and

child health brought her to work within foster care and the hospital setting where she became passionate about improving the outcomes for children and families in Central Washington. Tiffini is grateful for the experiences that have helped her gain a holistic philosophy of care for children and their families. In her free time, she enjoys writing, being outside, and spending time with her family and friends.



**Tiffini Hawkins**  
Pediatric Care Coordinator  
Pronouns: she/her

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### **Brrrr! Get your KCHN merch today!**

Stay warm this winter! Get your KCHN sweatshirts and beanies.  
All proceeds go to clients in need.



**SHOP NOW**

[Shop Now](#)

**Featured KCHN Client Testimonial**

“You always have a solution for every situation in my life that fills my soul.”

“Siempre tienes una solución para cada situación de mi vida que llena mi alma.”



STAY CONNECTED WITH KCHN

Visit the KCHN Website



Kittitas County Health Network | 107 E Mountain View Avenue, Ellensburg, WA 98926

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