

**About the Healthy Youth Coalition**

The Ellensburg Healthy Youth Coalition was

founded in 2018. Members represent local business, criminal justice, faith-based organizations, health care, higher education, law enforcement, mental health professionals, parents, public health, public safety, secondary education, social services, substance abuse providers, volunteers, and youth serving sectors.

Ellensburg Health Youth Coalition



**Coalition Coordinator** Sarah Foy sarah@healthierkittitas.org

**Coalition Director** Alicia Ogren aliciao@healthierkittitas.org



**Student Assistance Professional** Tyler Douglas

tyler.douglas@esd401.org

For more information, visit [www.theathenaforum.org/cpwi-](http://www.theathenaforum.org/cpwi-community-coalition-guide)

[community-coalition-guide](http://www.theathenaforum.org/cpwi-community-coalition-guide)

**About our community**

Students in the Ellensburg School District (ESD) are more likely to experience good family management, family rewards for prosocial involvement, parental attitudes unfavorable toward drug use, and academic success, compared to Washington State and Kittitas County. However, they are also more likely to use tobacco, alcohol, and other drugs, experience depression, attempt suicide and incur death, skip school, fight, carry guns/weapons, and be arrested for alcohol and drug law violations.

**Our Mission**

The mission of the Ellensburg Healthy Youth Coalition is to prevent and reduce substance use and other problem behaviors in the community.

**Prevention Programs in our community**

Coalition goals include improving the social skills of ESD students, reducing the low commitment to school, and improving community opportunities and rewards for prosocial involvement; reducing the availability of drugs in Ellensburg; and engaging in substance use policy.

***Coalition strategies are to:***

*The Coalition will measure change in social competence/decision making skills, school connections, mentee quality of match, Rx drug disposal, Rx safe storage, and behavioral health workforce.*

Promote **Starts with One** and **Drug Take Back Day** campaigns to educate about the dangers of RX drug misuse and importance of safe storage, use, and disposal

Distribute **Medication Lock Boxes**:

For safe storage of Rx drugs for students and families in the community

Facilitate **Strengthening Families Classes** to enhance school success and reduce youth substance use

*Partners for Healthy Communities*

**About the Community Prevention and Wellness Initiative (CPWI)**

CPWI is a partnership of state agencies, counties, schools, and local prevention

coalitions supporting communities in preventing alcohol and other drug abuse and its negative consequences. CPWI priorities include reducing underage drinking, marijuana use and opioid misuse/abuse among middle and high school aged youth. By providing evidence-based practices and promoting the positive changes in communities, we can build healthier communities.

|  |  |
| --- | --- |
| Support **1/10 of 1%** | Promote **Talk. They** |
| **Sales Tax** efforts | **Hear You** campaign to |
| to fund behavioral | reduce underage |
| health services in | drinking and other |
| Kittitas County | substance use |