Kittitas County Resource Guide

*Helping you get connected in Kittitas County*

*(From the Cascades all the way to the Columbia)*



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***Last Updated: February 16, 2023***

# 211

## 211

Phone: 211

Secondary Line: 877-211-274

Website: 211.org

# ADULT FAMILY HOMES

## Belair House

Phone: 509-304-9618

Address: 304 E. 3rd Street Cle Elum

Website: ruths-home-belair-house.business.site

## Nova House

Phone: 509-304-9618

Address: 301 E. 3rd Street Cle Elum

Website: ruths-home-nova-house.business.site

# ADULT PROTECTIVE SERVICES

## APS

Phone: 1-877-734-6277

Website: dshs.wa.gov/altsa/adult-protective-services-aps

# ASSISTED LIVING

## Meadows Place

Phone: 509-260-3049

Address: 1008 E. Mountain View Avenue Ellensburg

Website: enlivant.com/communities/washington/meadows-place-ellensburg

## Pacifica Senior Living

Phone: 509-955-7580

Address: 818 E. Mountain View Avenue Ellensburg

Website: pacificaseniorliving.com/senior-living/wa/ellensburg/east-mountain-view-Avenue/

## Prestige Post-Acute & Rehab Center-Kittitas

Phone: 509-925-4171

Address: 1050 E. Mountain View Avenue Ellensburg

Website: prestigecare.com/locations/prestige-post-acute-and-rehab-center-kittitas/

## Prestige Senior Living at Hearthstone Cottage

Phone: 509-925-3099

Address: 802 E. Mountain View Avenue Ellensburg

Website: prestigecare.com/locations/prestige-senior-living-at-hearthstone/

# CLOTHING

## APOYO

Phone: 509-201-1820

Address: 1320 E. 18th Avenue Ellensburg

Specialty Services: Provides food and clothing

Website: apoyo-community.org

Hours: Wed 6- 7pm, Sat 1-2 pm

## CareNet Pregnancy Center

Phone: 509-925-2273

Address: 111 E. 4th Avenue Ellensburg

Specialty Services: Provides diapers and clothing for children up to age 2, as well as maternity items

Website: carenetellensburg.org

## Church of Christ Clothing Bank

Phone: 509-925-1822

Address: 408 S. Maple Ellensburg

Website: ellensburgchurchofchrist.com/m628-clothing-bank.html

## Coal Center

Phone: 509-649-3195 (Cell: 509-260-0741)

Address: 31 Arctic Avenue Ronald - behind the Post Office

Website: facebook.com/COALUPC

## CWU Clothing Bank

Phone: 509-963-2758

Website: cwu.edu/family/resources

Specialty Services: Provides infant, child, maternity, adult clothing as well as infant diapers

## Ellensburg Community Clothing Center

Phone: 509-962-9257

Address: 210 N. Ruby Street Ellensburg

Website: ellensburgumc.org/

# CONFLICT RESOLUTION

## Dispute Resolution Center of Yakima/Kittitas County

Phone: 509- 925-5123

Address: 132 N. 1st Avenue Yakima

Website: drcyakima.org

# COUNSELING/MENTAL HEALTH

## Comprehensive Healthcare (Ellensburg)

Phone: 509-925-9861

Address: 707 N. Pearl, Suite K & E Ellensburg

Website: comphc.org

## Comprehensive Healthcare (Cle Elum)

Phone: 509-674-2340

Address: 309 E. 1st, Cle Elum

Website: comphc.org

## Community Counseling and Psychological Assessment Center

Phone: 509-963-2501

Address: 1405 N. Walnut Street Room 118 Ellensburg

Website: cwu.edu/psychology/about-ccpac

## Community Health of Central Washington

Phone: 509-962-1414

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg

## Merit Resource Services

Phone: 509-925-9821

Address: 200 E. 3rd Avenue Ellensburg

Website: meritresources.org

## NAMI Kittitas - National Alliance on Mental Illness

Email: namikittitas@gmail.com

Website: namikittitas.org

## NW Expressive Arts Response

Phone: 509-607-0193

Address: 210 N. Ruby Street, Ellensburg, WA 98926

Website: [neartsresponses.org](https://urldefense.proofpoint.com/v2/url?u=http-3A__neartsresponses.org_&d=DwMFaQ&c=euGZstcaTDllvimEN8b7jXrwqOf-v5A_CdpgnVfiiMM&r=FnTe2whr-Ar8xr3_-4m3L0EuXTyrim2XbA5E9D3zxmI&m=ZOcQ4tRj46OUKIGAjrTyKrZdI4tY2LxD9sXdTTXCfjo&s=qGI1GtzgtqbTUSLX0JT--pObPgXlCgqVngqxy0sOGg8&e=)

## Quiet Cadence

Phone: 509-986-3108

Website: quietcadence.org

Specialty Services : Provides support healthcare workers through yoga, art, equine, and other activities

## Valley Psychological Services

Phone: 509-968-5086

Address: 2109 W. Dolarway Road Ellensburg

Website: valley-psych.com

# DENTAL CARE

## Avanta Dental

Phone: 509-505-5039

Address: 306 S. Main Street Ellensburg

Website: avantadental.com

## Big Country Family Dental

Phone: 509-962-6172

Address: 307 W. 1st Avenue Ellensburg

Website: bigcountryfamilydental.com

## Central Washington Pediatric Dentistry

Phone: 509-933-2973

Address: 109 N. Pine Street

Website: cwpediatricdentistry.com

## Creekside Dental

Phone: 509-933-4800

Address: 2601 Triple L Loop Ellensburg

Website: creeksidedentalellensburg.com

## Ellensburg Dental Care

Phone: 509-933-2400

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.com/Ellensburg-dental

Specialty Services: Senior Smiles Program is oral care for those in long term or skilled nursing homes

## Mountainview Dental

Phone: 509-962-2755

Address: 708 E. Mountain View Avenue Ellensburg

Website: ellensburgdentist.com

## Pearl Care Dental

Phone: 509-925-6553

Address: 2401 W. Dolarway Road Ellensburg

Website: pearlcaredental.com

## Sullivan Dental

Phone: 509-962-9020

Address: 305 E. 2nd Avenue Ellensburg

Website: sullivandental.org

## Sunrise Dental

Phone: 509-361-5500

Address: 601 N. Main Street Ellensburg

Website: sunrisedental.com

## Dr. William Phillips

Phone: 509-962-8299

Address: 201 E. Mountain View Avenue Ellensburg

Website: wpdds.com

# DISABILITY

## Aging and Long-Term Care (ALTC)

Phone: 509-925-8765

Address: 206 W. 1st Avenue Suite A Ellensburg

Website: altcwashington.com

## Ambitions

Phone: 509-899-7654

Address: 2301 W. Dolarway Road. Suite 3 Ellensburg

Website: wa.ambitions.org

## Central Washington Disability Resources (CWDR)

Phone: 509-962-9620

Address: 301 E. 2nd Avenue Ellensburg

Website: mycwdr.org

## Ellensburg Adult Activity Center

Phone: 509-962-7242

Address: 506 S. Pine Street Ellensburg

Website: ellensburgwa.gov/823/Adult-Activity-Center

## Entrust

Phone: 509-453-4756

Address: 415 E. Mountain View Avenue Suite 301 Ellensburg

Website: entrustcs.org

## Hearts and Hands of Kittitas County

Phone: 509-968-5117

Address: 302 E. 2nd Avenue Ellensburg

Website: hospice-friends.org

Specialty Services: Provides “NO ONE DIE ALONE (NODA)” vigil, comfort therapies, bereavement support, mobility aid lending, caregiver rest, companionship, meal preparation, and light housekeeping

## Kittitas County Parent to Parent

Phone: 509-929-7277

Contact: kittitascountyparent2parent@gmail.com

Website: kc-p2p.wixsite.com/home

Specialty Services: Support, resources, information and system navigation for parents or guardians of children/adults with disabilities.

## Lilac Blind Foundation

Phone: 509- 328-9116

Website: liliacblind.org

## Washington Sensory Disabilities Services

Phone: 360-947-3297

# EDUCATION

## Cle Elum-Roslyn School District

Phone: 509-649-4850

Address: 4244 Bullfrog Road Cle Elum

Website: cersd.org

## Carpenter Memorial – Cle Elum Public Library

Phone: 509-674-2313

Address: 302 Pennsylvania Ave, Cle Elum

Website: cityofcleelum.com/city-services/library//

## Central Washington University (CWU)

Phone: 509- 963-1111

Address: 400 E. University Way Ellensburg

Website: cwu.edu

## Easton School District

Phone: 509-656-2317

Address: 2893 Railroad Street Easton

Website: Easton.wednet.edu

## Ellensburg Developmental Preschool

Phone: 509-925-8117

Address:1300 E. 3rd Avenue Ellensburg

## Ellensburg Public Library

Phone: 509-962-7250

Address: 209 N. Ruby Street Ellensburg

Website: ellensburgwa.gov/144/Library

## Entrust

Phone: 509-453-4756

Address: 415 E. Mountain View Avenue Suite 301 Ellensburg

Website: entrustcs.org

## Head Start/ECEAP-Cle Elum-Roslyn School District

Phone: 509-649-4728

Address: 4244 Bullfrog Road. Cle Elum

HopeSource - HopeUniversity

Phone: 509-925-1448

Address: 606 W. 3rd Avenue Ellensburg

Website: hopesource.us/ellensburg

## Kittitas County Early Learning Coalition

Phone: 509-306-1740

Contact: earlylearningkittitas@gmail.com

Address: P.O. Box 112 Ellensburg

## Migrant Ed Program

Phone: 509-925-8011

Address: 1300 E. 3rd Avenue Ellensburg

Roslyn Public Library

Phone: 509-649-3420

Address: 201 1st Street, Roslyn

Website: roslyn.lib.wa.us/

## Seedlings Center for Early Learning

Phone: 509-872-5132

Address: 220 E. Helena Avenue Ellensburg

Website: epicnet.org/seedlings-center-for-early-learning/

Specialty Services: Provide Early Head Start (birth-to-three) along with Head Start (3-5)

## Washington Outdoor School

Phone: 206-898-2041

Website: waoutdoorschool.org

## Yakima Valley Community College (YVCC) – Ellensburg

Phone: 509-925-4011

Address: 401 E. Mountain View Avenue Ellensburg

Website: yvcc.edu

# EMERGENCY/CRISIS SERVICES

## Comprehensive Healthcare Crisis Line

Phone: 509-925-9861

## Comprehensive Healthcare (Cle Elum)

Phone: 509-674-2340

Address: 309 E. 1st, Cle Elum

Website: comphc.org

## Crisis Line of Kittitas County

Phone: 1-800-572-8122

## Crisis Text Line

Website: crisistextline.org

Text: HOME to 741741

## Suicide Hotline

Phone: 988

Phone: 1-800-273-8255

## Veterans Crisis Line

Website: veteranscrisisline.net

Phone: 988 then press 1 Text: 838255

## WA Listens

Phone: 1-833-681-0211

Specialty service: Provides free and anonymous support and resources

# EMPLOYMENT

## WorkSource Kittitas County (People for People)

Phone: 509-925-5311

Address: 510 N. Pine Street Ellensburg

Website: worksourcewa.com

# FOOD ASSISTANCE & NUTRITION

## APOYO

Phone: 509-201-1820

Address: 1320 E. 18th Avenue Ellensburg

Website: apoyo-community.org

Special Hours of Operation: Wed 6- 7pm, Sat 1-2 pm

## Community Health of Central Washington

Phone: 509-962-1414

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg

## Department of Social & Health Services (DSHS)

Phone: 509-933-6100

Address: 1100 W. University Way, Ellensburg

Website: dshs.wa.gov/location/dshs-cso-019

## Easton Pantry-Upper County Community Church

Address: 2821 E. Railroad Street Easton

Special Hours of Operations Every other Wed. 1:00 pm

## FISH Food Bank

Phone: 509-925-5990

Address: 804 Elmview Road Ellensburg

Website: kvfish.org

Special Hours of Operation: Pantry is open Monday - Thursday 1:30 – 4 pm, Friday 9 am – 12 pm

Specialty Service: Also has Sweet Cheeks Diaper Bank that provides diapers, wipes, and infant hygiene care items

## HopeSource Upper County Food Pantry – Cle Elum

Phone: 509-925-1448

Address: 110 N. Pennsylvania Avenue Cle Elum

Special Hours of Operations: Mon 11-4, Wed 11-4:30

## Meals on Wheels (FISH)

Phone: 509-933-3333

Website: kvfish.org/meals-on-wheels

## Mobile Pantry (FISH)

### New Life Church

Address: 210 Main Street Kittitas

Special Hours of Operations: Every other Friday from 1 -3 pm

## Open Table Meal Service (FISH)- Ellensburg

Address: 204 N. Main Street Ellensburg

Special Hours of Operations: Meals served for seniors served Monday - Friday 11:30 am to 1 pm / Community Lunch served Monday - Friday 1-2 pm

## Open Table Meal Service (FISH) – Cle Elum

Address: 115 E. 2nd Street Cle Elum

Special Hours of Operations: Meals served for seniors served Monday -Friday 11:30 am to 1 pm

## Roslyn Presbyterian Church

Address: 207 N. 1st Street Roslyn

Special Hours of Operations: Every other Thursday from 1 -3 pm

## ParentHelp123-WithinReach

Phone: 800-322-2588

## SNAP (FISH/DSHS)

Phone: 509-925-5990

Address: 804 Elmview Road Ellensburg

Website: kvfish.org/snap/

## Women, Infants & Children (WIC)

Phone: 509-962-7077

Address: 607 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg/wic-clinic/

# GOVERNMENT

## Kittitas County District Court- Lower

Phone: 509-962-7511

Address: 205 W. 5th Avenue #180 Ellensburg

## Kittitas County District Court-Upper

Phone: 509-674-5533

Address: 700 E. 1st Street Cle Elum WA

## Social Security Administration -Yakima

Phone: 800-772-1213

Address: 801 Fruitvale Blvd. Yakima WA

# HARM REDUCTION

## Kittitas County Public Health Never Share Syringe Service Program – Ellensburg

Phone: 509-859-6274

Address: 210 N. Ruby Street at the United Methodist Church

Special Hours of Operations: Every Tues & Thurs 9am-5pm

## Kittitas County Public Health Never Share Syringe Service Program - Cle Elum

Phone: 509-859-6274

Address: 505 Power Street behind the Medic One Office

Special Hours of Operations: Wednesdays Only (call by 2pm the Tues before for appointment)

## Parent Child Assistance Program (PCAP)

Phone: 509-907-1105

Address: 801 Summitview Avenue Yakima WA

Website: triumphtx.org/parent-family/

Specialty Services: Helps parents to achieve and maintain recovery from substance use.

## Recovery Navigator Program (MERIT)

Phone: 509-643-8497

Email: RNPEllensburg@meritservices.org

# HEALTH

## Community Health of Central Washington

Phone: 509-962-1414

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg

## Gretchen Weller Foundation

Phone: 509-929-4166

Contact: Cathie Day

Website: gretchenwellerfoundation.com

Specialty Services: Provides support for members of Kittitas County undergoing cancer treatment.

Hearts and Hands of Kittitas County

Phone: 509-968-5117

Address: 302 E. 2nd Avenue Ellensburg

Website: hospice-friends.org

Specialty Services: Provides “NO ONE DIE ALONE (NODA)” vigil, comfort therapies, bereavement support, mobility aid lending, caregiver rest, companionship, meal preparation, and light housekeeping

## Home Care Services of Washington

Phone: 509-962-6242

Address: 1206 W. Dolarway Road Ellensburg

Website: seniorliferesources.org/services/home-care-services/

Kittitas Valley Healthcare

Phone: 509-962-9841

Address: 603 S. Chestnut Street Ellensburg

Website: kvhealthcare.org

KVH Home Health & Hospice

Phone: 509-962-7438

Address: 1506 Radio Hill Road Ellensburg

Website: kvhealthcare.org/clinics-and-specialty-services/hospice/

## Nurse Family Partnership

Phone: 844-637-6667

Open Door Health Clinic - Ellensburg (Free walk-in clinic)

Phone: 509-929-7266

Address: 521 E. Mountain View Avenue Ellensburg

Special Hours of Operations: 1st & 3rd Sat. 9a-12p, 2nd & 4th Thurs 6p-9p

Open Door Health Clinic – Cle Elum (Free Walk-In Clinic)

Phone: 509-929-7266

Address: 201 Alpha Way, Cle Elum

Special hours of Operations: 2nd & 4th Sat 9a-12p

## Planned Parenthood

Phone: 866-904-7721

Address: 613 N. Pine Street Ellensburg

Website: plannedparenthood.org

Special Hours of Operations: Monday through Thursday only

## 4th Trimester Resource Center

Phone: 509-933-7593

Address: 708 E. Manitoba Ellensburg

Website: kvhealthcare.org/hospital-services/family-birthing/4th-trimester/

# HEALTH INSURANCE

## Department of Social & Health Services (DSHS)

Phone: 509-933-6100

Address: 1100 W. University Way Ellensburg

## ParentHelp123

Phone: 800-322-2588

Website: Parenthelp123.org

## State Health Insurance Benefits Advisors Helpline (SHIBA)

Phone: 509-962-4311

Mailing Address: PO Box 42682 Olympia

# HOUSING-SUPPORTIVE SERVICES

## Crestview Terrace Apartments

Phone: 509-925-6616

Address: 2101 N. Alder Street #93 Ellensburg

## Habitat for Humanity

Phone: 509-962-5058

Address: 605 N. Main Street Suit 3 Ellensburg

Website: kchabitat.org

## HopeSource (Ellensburg)

Phone: 509-925-1448

Address: 606 W. 3rd Avenue Ellensburg

Website: hopesource.us/ellensburg

## HopeSource (Cle Elum)

Phone: 509-674-2375

Address: 110 Pennsylvania Avenue Cle Elum

Special Hours of Operation: M,T,Th 9:00-4:00, Wed. 9:00-5:00

Website hopesource.us/cle-elum

## Housing Authority of Kittitas County

Phone: 509-962-9006

Address: 107 W. 11th Avenue Ellensburg

# HOUSING-TRANSITIONAL

## Oxford House – Women (Snoqualmie)

Phone: 509-968-5137

Address: 504 N. Cle Elum Street Ellensburg

## Oxford House – Men (Dakari)

Phone: 509-201-1190

Address: 202 W. 10th Street Ellensburg

# IN-HOME CARE AGENCIES

## Alternative Nursing Services

Phone: 509-469-3388

## All Ways Caring HomeCare

Phone: 509-255-3545

Address: 4700 Tieton Drive Yakima WA

## Chesterfield Services Inc.

Phone: 509-457-3020

Address: 3405 W. Nob Hill Boulevard Yakima

## Family Resource Home Care

Phone: 509-254-8489

## Health Home

Phone: 509-962-1414

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg

## Home Care Services of Washington

Phone: 509-962-6242

# LEGAL

## CLEAR-Northwest Justice Project

Phone: 888-201-1014

## Kittitas County Probation Services

Phone: 509-962-7646

Address: 507 N Nanum Street Ste 8 Ellensburg

# LGBTQ+

## Helen House

Phone: 509-968-5064

Website: helen-house.org

## Kittitas County Pride

Website: linktr.ee/kittitascountypride

# PARENTING CHILDREN & CHILDCARE

## Child Care Aware of Washington

Phone:877-965-3478

Address: 5301 Tieton Dr. Ste. C Yakima WA

## Children’s Village

Phone: 509-574-3200

Address: 3801 Kern Road Yakima

Website: yakimamemorial.org/services/childrens-village/

## CWU Family Resource Center

Phone: 509-963-2758

Website: cwu.edu/family/parenting-groups

## Help Me Grow/Ayúdame a Crecer Central WA

Phone: 509-490-3009

Website: investinginchildrenwa.org/resources

# PHARMACIES

## Cle Elum Pharmacy

Phone: 509-852-0123

Address: 115 W. 1st Street Cle Elum

## Fred Meyer

Phone: 509-962-0533

Address: 201 S. Water Street Ellensburg

Website: fredmeyer.com

## Rite Aid

Phone: 509-925-4232

Address: 700 S. Main Street Ellensburg

Website: riteaid.com

## Safeway – Ellensburg

Phone: 509-962-5096

Address: 400 N. Ruby Street Ellensburg

Website: local.pharmacy.safeway.com

## Safeway – Cle Elum

Phone: 509-674-2580

Address: 804 W. 1st Street Cle Elum

Website: local.safeway.com

## Super 1

Phone: 509-962-7770

Address: 200 E. Mountain View Avenue Ellensburg

Website: super1foods.net

## Whole Health

Phone: 509-925-6800

Address: 800 S. Pearl Street Suite 1 Ellensburg

Website: mygnp.com

# PRESCRIPTION SAVINGS

## Community Health of Central Washington

Phone: 509-962-1414

Address: 521 E. Mountain View Avenue Ellensburg

Website: chcw.org/chcw-ellensburg

Specialty Service: Provide low-cost medication to patients through their internal pharmacy

## CompassDirect

Phone: 509-388-2345

Address: 100 W. 3rd Avenue Ellensburg

Website: compassdirecthealthcare.com

Specialty Service: Provide low-cost medication to patients through their internal pharmacy

## GoodRx

Website: Goodrx.com or download the app on your phone

Save up to 80% on prescriptions (No Cost to download or use the app)

# RECOVERY SUPPORT ORGANIZATIONS

## Alcoholic Anonymous (AA)

Phone: 509-925-1771

Website: Kittitascountyaa.org

For Meeting Times and Schedule information, please see Appendix A

## Narcotics Anonymous (NA)

Website: cwaona.org

Phone: 877-664-0398

Meeting Time: Visit website for meeting schedule

For Meeting Times and Schedule information, please see Appendix B

### Celebrate Recovery - Mercer Creek Church

Phone: 509-933-7800 Contact: celebrate.recovery@mercercreek.org

Address: 1407 N. B Street Ellensburg

Meeting Time: Thursdays 6:30pm

### Celebrate Recovery - Calvary Church

Phone: 509-968-5555 Contact: cr@calvaryellensburg.com

Address: 840 Cowboy Lane Ellensburg

Meeting Time: Thursdays 6 pm

## Kittitas County Recovery Community Organization

Phone: 509-968-5224

Address: 211 W. 3rd Avenue Ellensburg

Website: kittitascountyrco.org

## Parent Child Assistance Program (PCAP)

Phone: 509-907-1105

Address: 801 Summitview Avenue Yakima WA

Website: triumphtx.org/parent-family/

Specialty Services: Helps parents achieve and maintain recovery from substance use.

# SENIOR HOUSING

## Briarwood Commons

Phone: 509-933-1888

Address: 1001 S. Chestnut Ellensburg

## Brookwood Apartments

Phone: 509-925-3509

Address: 606 E. Manitoba Avenue Ellensburg

## Cahill Manor

Phone: 509-962-9006

Address: 107 W. 11th Avenue Kittitas

## Cascade Manor

Phone: 509-925-3061

Address: 101 S. Pearl Street Ellensburg

## Cle Elum Manor

Phone: 509-674-4771

Address: 100 N. Pearl Street Ellensburg

## Hampton Court

Phone: 509-925-2899

Address: 700 N. Cle Elum Street Ellensburg

## Huntington Court

Phone: 509-925-5178

Address: 306 E. Manitoba Avenue Ellensburg

## Pennsylvania Place

Phone: 509-649-2281

Address: 103 E. Pennsylvania Avenue Roslyn

## Trinal Manor

Phone: 509-962-9006

Address: 107 W. 11th Ellensburg

# SENIOR/ADULT ACTIVITY CENTERS

## Centennial Center, Home of the UKC Senior Center

Phone: 509-674-7530

Address: 719 E. 3rd Cle Elum

## Ellensburg Adult Activity Center

Phone: 509-962-7242

Address: 506 S. Pine Street Ellensburg

Website: ellensburgwa.gov/823/Adult-Activity-Center

# SENIORS

## Aging and Long-Term Care (ALTC)

Phone: 509-925-8765

Address: 206 W. 1st Avenue Suite A Ellensburg

Website: altcwashington.com

## Catholic Charities

Phone: 509-965-7100

Address: 5301 Tieton Dr. Yakima

## Department of Social & Health Services (DSHS)

Phone: 509-933-6100

Address: 1100 W. University Way Ellensburg

Website: dshs.wa.gov/location/dshs-cso-019

## KVFR - Senior Assistance Program

Phone: 509-933-7231

Address: 400 E. Mountain View Ellensburg

Specialty Service: Assistance for household tasks, changing light bulbs, moving appliances etc.

## Open Table Meal Service (FISH)- Ellensburg

Address: 204 N. Main Street Ellensburg

Special Hours of Operations: Meals served for seniors served Monday - Friday 11:30 am to 1 pm / Community Lunch served Monday through Friday 1-2 pm

## Open Table Meal Service (FISH) – Cle Elum

Address: 115 E. 2nd Street Cle Elum

Special Hours of Operations: Meals served for seniors served Monday - Friday 11:30 am to 1 pm

## Meals on Wheels (FISH)

Phone: 509-933-3333

Website: kvfish.org/meals-on-wheels

# SOCIAL SERVICES ORGANIZATION

## Catholic Charities

Phone: 509-965-7100

Address: 5301 Tieton Dr. Yakima WA

## Department of Social & Health Services (DSHS)

Phone: 509-933-6100

Address: 1100 W. University Way Ellensburg

Website: dshs.wa.gov/location/dshs-cso-019

## HopeSource

Phone: 509-925-1448

Address: 606 W. 3rd Avenue Ellensburg

Website: hopesource.us/Ellensburg

Specialty Services: Utility/Energy, Rent, & Mortgage Assistance, Emergency Support Services, In-Home Weatherization, Re-Entry Services.

## Skookum Kids

Phone: 360-975-3380

Website: skookumkidscw.org

Kittitas Interactive Management

Phone: 509-968-4432

Address:119 W. 5th Avenue #204 Ellensburg

## Tender Loving Care-for Caregivers (TLC)

Phone: 509-925-8765

Address: 206 W. 1st Avenue Suite A Ellensburg

Website: altcwashington.com/caregiver-support-services

# SUBSTANCE USE- PREVENTION/TREATMENT RESOURCES

## Barth Clinic

Phone: 509-925-7867

Address: 2411 W. Dolarway Road Ste 1 Ellensburg

Website: barthclinic.com

## CASA

Phone: 509-925-4871

Address: 421 N. Pearl Street Ste 208 Ellensburg

Website: casaprogram.org

## CHCW - CONNECT (Medication Assisted Treatment)

Phone: 844-452-7131

Address: 521 W. Mountain View Avenue Ellensburg

Website: chcw.org/about-connect-program/#

## Children, Youth & Family Services

Phone: 509-925-7507

Address: 707 N. Pearl Street Ste. E Ellensburg

## Comprehensive HealthCare

Phone: 509-925-9861

Address: 707 N. Pearl Street Suite K Ellensburg

## KVH Addiction Medicine Clinic (MAT, Alcohol, Tobacco) - Ellensburg

Phone: 509-674-5331

Address: 100 E. Jackson Avenue, Ellensburg

## KVH Addiction Medicine Clinic (MAT, Alcohol, Tobacco) – Cle Elum

Phone: 509-674-5331

Address: 201 Alpha Way Cle Elum

## Merit Resource Services

Phone: 509-925-9821

Address: 200 E. 3rd Avenue, Ellensburg

Website: meritresources.org

Specialty Services: Walk-in assessments available Tuesday through Thursday 12:30

## Parent Child Assistance Program (PCAP)

Phone: 509-907-1105

Address: 801 Summitview Avenue Yakima

Website: triumphtx.org/parent-family

Specialty Services: Helps parents to achieve and maintain recovery from substance use.

## Washington Recovery Help Line

Phone:1-866-789-1511

Special Services: 24-hour help for substance abuse, problem gambling & mental health

# TOBACCO USE DISORDER

## APOYO

Phone: 509-201-1820

Address: 1320 E. 18th Avenue Ellensburg

Specialty Services: Provides nicotine cessation assistance products

Website: apoyo-community.org

Hours: Wed 6- 7pm, Sat 1-2 pm

## Tobacco Prevention & Control Program

Phone: 509-962-7515

Address: 507 N. Nanum Street Ste. 102 Ellensburg

## Tobacco Cessation Resource

1(800) QUIT-NOW

# TRANSPORTATION

## Central Transit

Phone: 509-925-8680

Address: 501 N. Anderson Street Ellensburg

Website: centraltransit.org

Provides: Fixed Route, ADA Paratransit and Cabulance Services within the city limits of Ellensburg

## HopeSource (Dial A Ride)

Phone: 509-933-2287

Website: hopesource.us/transportation

Special Requirements: To schedule your ride you must call 48 hours ahead of time. Cut off for reservations is 2 pm daily.

## Kittitas County Connector

Website: cityofcleelum.com/city-services/kittitas-county-connector-hopesource

Special Services: Connects Ellensburg and Upper county (Cle Elum, Roslyn, Ronald)

## People for People

Phone: 509-248-6726

Address: 304 W. Lincoln Avenue Ellensburg

Special Requirements: Require 2 business days’ notice for local trips and client must be on Medicaid with a current Provider One services card

## Radio Town Taxi

Phone: 509-929-4229

Special Services: Contracted provider through People for People for urgent transportation requests on weekends, after-hours & holidays

## Yakima Transit

Phone: 509-575-6175

Website: yakimatransit.org/routes/route-11-schedule/

Hours of Operation: Runs Mon-Fri, see website for route schedule

# VETERANS SERVICES

## HopeSource – SSVF (Supportive Services for Veteran Families)

Phone: 509-925-1448

Address: 606 W. 3rd Avenue Ellensburg

Website: hopesource.us/ellensburg

## Kittitas County Veterans’ Coalition

Phone: 509-933-2932

Address: 507 N. Nanum Ellensburg

## Veterans Administration

Phone: 800-698-2411

Website: va.gov

VFW - Veteran of Foreign Wars

Phone: 509-968-4004

Address: 119 W. 1st Street, Cle Elum

# VISION

## Family Eye Clinic - Ellensburg

Phone: 509-925-9873

Address: 707 N. Pearl Street Suite D Ellensburg

Website: visionsource-familyeyeclinicwa.com

Special Hours of Operations: Monday – Thursday 8 am – 5 pm, Friday 7 am – 1 pm

## Family Eye Clinic – Cle Elum

Phone: 509- 674-4313

Address: 112 E. 2nd Street Cle Elum

Special Hours of Operations: Wednesdays 8 am-5 pm

## Pearl Street Optical

Phone: 509-899-9333

Address: 317 N. Pearl Street Ellensburg

## Pacific Northwest Retina

Phone: 206-215-3850

Address: 2205 W. Dolarway Road Suite 2 Ellensburg

Website: pnwretina.com

## Valley Vision

Phone: 509-925-1000

Address: 2201 W. Dolarway Road Suite 2 Ellensburg

Website: valleyvisionassociates.com

# VIOLENCE

## Adult Protective Services (DSHS)

Phone: 1-800-459-0421 to report abuse

Address: 1100 University Way Ellensburg

## Aspen Victim Advocacy Services

Phone: 509-925-9384

Address: 220 W. 4th Avenue Ellensburg

Website: comphc.org/services/aspen/

***Domestic Violence & Sexual Assault Hotline:*** *509-925-9384 or 1-866-925-9384*

***Crime Victim Hotline****: 509-452-9675*

# VOCATIONAL

## Ambitions

Phone: 509-899-7654

Address: 2301 W. Dolarway Road. Suite 3 Ellensburg

Website: wa.ambitions.org

## Entrust

Phone: 509-453-4756

Address: 415 E. Mountain View Avenue Suite 301 Ellensburg

Website: entrustcs.org

# VOTERS ASSISTANCE

## Auditors Office Registration Information

Phone: 509-962-7503

Address: 205 W. 5th Avenue #105 Ellensburg

# YOUTH

## Community Builders – The Shop (Cle Elum)

Website: facebook.com/communitybuilders501c3/

## HopeSource – Youth Scholarship Program

Phone: 509-925-1448

Address: 606 W. 3rd Avenue Ellensburg

Website: hopesource.us/ellensburg

## KEEN

Phone: 509-551-8807

Address: 115 E. 4th Avenue Suite 215 Ellensburg

Website: ycic.org

## Lazy F

Phone: 509-962-2780

Address: 16170 Manastash Road Ellensburg

Website: lazyfcamp.org

## Stan Basset Youth Center

Phone: 509-925-8604

Address: 406 E. Capital Avenue Ellensburg

Special Hours of Operations: Monday through Friday 2pm – 6pm

## Washington Outdoor School

Phone: 206-898-2041

Website: waoutdoorschool.org

**Update Needed?**

Did your business…

* move
* get a new phone number
* a new website
* change programming directions
* have some staffing changes
* get a new name?

Let us know! Contact Pamela Tuggle Miles at [Pamela.TuggleMiles@chcw.org](mailto:Pamela.TuggleMiles@chcw.org)

We want to make sure we don’t miss getting a hold of you so if you are no longer the correct person to send updates to, let us know so we can continue to provide the most up to date and accurate information possible. Electronic updates will be sent out quarterly at most.

# Appendix A

## Alcoholics Anonymous Schedule

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | | **Thursday** | | |
| **6:30 AM** | **6:30 am Group** | **6:30 AM** | **6:30 am Group** |
|  | Ellensburg Union Hall |  | Ellensburg Union Hall |
| **Noon** | **Rule 62, #2** | **Noon** | **Rule 62, #2** |
| (L) | Ellensburg Union Hall | (L) | Ellensburg Union Hall |
| **5:30 PM** | **Ellensburg Women’s Group** | **Noon** | **Cle Elum Women’s Group** |
| (W) | First United Methodist Church | (C)(W) | Cle Elum Community Church |
| **7:00 PM** | **Cle Elum Group - Grapevine Study** | **6:30 PM** | **Conscious Contact** |
| (L) | Cle Elum Community Church |  | Ellensburg Union Hall |
| **8:00 PM** | **Kittitas Group** | **7:00 PM** | **Cle Elum Group – First Step** |
|  | Kittitas Community Hall |  | Cle Elum Community Church |
| **Tuesday** | | **Friday** | | |
| **6:30 AM** | **6:30 am Group** | **6:30 AM** | **6:30 am Group** |
|  | Ellensburg Union Hall |  | Ellensburg Union Hall |
| **Noon** | **Rule 62, #2** | **Noon** | **Rule 62, #2** |
| (L) | Ellensburg Union Hall | (L) | Ellensburg Union Hall |
| **Noon** | **Cle Elum Women’s Group** | **Noon** | **Cle Elum Group** |
| (W)(C) | Cle Elum Community Church |  | Cle Elum Community Church |
| **6:00 PM** | **Saints We Ain’t** | **7:00 PM** | **Cle Elum - Birthday Meeting** |
|  | Ellensburg Union Hall |  | Cle Elum Community Church |
| **6:00 PM** | **Serenity Seekers Step Study** | **7:00 PM** | **Rule 62, #2** |
| (C)(L) | Grace Episcopal Church |  | Ellensburg Union Hall |
| **7:00 PM** | **Cle Elum Group 12/12 Step Study** | *LAST FRIDAY OF THE MONTH WE CELEBRATE BIRTHDAYS, 6PM EVERYONE WELCOME!* | | |
| (C)(L) | Cle Elum Community Church | **Saturday** | | |
| **7:00 PM** | **Sunlight of Her Spirit ZOOM** | **Noon** | **Grapevine Study** |
| (W) | Meeting ID:81923539473 PW: Sisters | (L) | First United Methodist Church |
| **7:30 PM** | **Men’s Stagg Meeting** | **7:00 PM** | **Cle Elum Group -As Bill Sees It** |
| (M) | Buzz Inn Steak House | (L) | Cle Elum Community Church |
| **Wednesday** | | **7:00 PM** | **Old Skool Group** |
| **6:30 AM** | **6:30 am Group** | (C)(L) | Ellensburg Union Hall |
|  | Ellensburg Union Hall | **Sunday** | | |
| **Noon** | **I am Responsible** | **8:30 AM** | **Breakfast Club – Cle Elum** |
| (NWA) | Cle Elum Community Church |  | 8:00 am for Breakfast |
| **Noon** | **Rule 62, #2 (Masks Required)** |  | Cle Elum Community Church |
| (L) | Ellensburg Union Hall | **10:00 AM** | **Sunday Morning Group** |
| **7:00 PM** | **Thorp Meeting - Steps** |  | Ellensburg Union Hall |
| (NWA) | Thorp Community Church | **6:00 PM** | **Emotional Sobriety** |
| **7:00 PM** | **Living Sober** |  | First United Methodist Church |
|  | (U.C.) Community Church | **7:00 PM** | **Cle Elum Big Book Study** |
| Potluck is the last Wednesday of the month, 6:30pm | | (L) | Cle Elum Community Church |
| Meetings are open to all members of the public interested in recovery from alcoholism.  Non-smoking. English-speaking and wheelchair accessible unless noted.  (C) Closed meeting, must have a desire to stop drinking (L) Literature study (NWA) Not wheelchair accessible  (W) Women’s group (M) Men’s group | | | | |

# Appendix B

## Narcotics Anonymous Schedule

|  |  |  |  |
| --- | --- | --- | --- |
| **Monday** | | **Thursday** | |
| **12-1:30 PM** | **Ellensburg Valley Recovery** | **12-1:30 PM** | **Ellensburg Valley Recovery** |
|  | First United Methodist Church |  | First United Methodist Church |
| **7-8 PM** | **Renegades** | **6:00 PM** | **Celebrate Recovery** |
|  | Thorp Community church |  | Calvary Church\* |
| **7-8:30 PM** | **Courage to Change** | **6:30 PM** | **Celebrate Recovery** |
|  | First United Methodist Church |  | Mercer Creek Church\* |
| **Tuesday** | | **Friday** | |
| **6:30-8 AM** | **Courage to Change** | **6:30-8 AM** | **Courage to Change** |
|  | First United Methodist Church |  | First United Methodist Church |
| **12-1:30 PM** | **Ellensburg Valley Recovery** | **12-1:30 PM** | **Ellensburg Valley Recovery** |
|  | First United Methodist Church |  | First United Methodist Church |
| **7-8:30pm** | **Courage to Change** | **7-8:30 PM** | **Courage to Change** |
|  | First United Methodist Church |  | First United Methodist Church |
| **Wednesday** | | **Saturday** | |
| **12-1:30 PM** | **Ellensburg Valley Recovery** | **10-11 AM** | **Buzzkill** |
|  | First United Methodist Church |  | First Christian Church |
| **7-8:30 PM** | **Courage to Change** | **7-8:30 PM** | **Courage to Change** |
|  | First United Methodist Church |  | First United Methodist Church |
| **Sunday** | | | |
| **7-8:30 PM** | | **Courage to Change**  First United Methodist Church | |

Meeting Addresses

* Buzz Inn Steak House: 2202 Canyon Road Ellensburg
* \*Celebrate Recovery – Calvary Church: 840 Cowboy Lane Ellensburg
* \*Celebrate Recovery – Mercer Creek: 1407 N B Street Ellensburg
* Cle Elum Community Church: 201 E 3rd Street Cle Elum
* Ellensburg Union Hall: 213 3rd Avenue Ellensburg
* First Christian Church: 601 N Ruby Street Ellensburg
* First United Methodist Church: 210 N Ruby Ellensburg
* Grace Episcopal Church: 1201 N B Street Ellensburg
* Kittitas Community Hall: 2nd Avenue and Pierce St Kittitas
* Thorp Community Church: 150 1st Street Thorp
* U.C. Community Church: 2821 E Railroad Street Easton