

SOUTH DAKOTA SCHOOL OF



Massage Therapy

Inc.

A Holistic Approach to Learning

Program Offerings

2023-2024

*South Dakota School of Massage Therapy, Inc.
100 N. Krohn Place
Sioux Falls, South Dakota 57103
605-321-8838*

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This Catalog may not be copied or reproduced in any way.

SDSMT reserves the right to update rules and policies at any time.

History

The Beginning

Founded in 1987, the South Dakota School of Massage Therapy, Inc. (SDSMT) was set into motion by Robin Jensen, a 1977 graduate of the Boulder School of Massage Therapy. There she received 1,000 hours of instruction, as well as 600 hours of intensive training at the Boulder Center of Polarity Therapy. After Robin passed in 2009, her husband, Dan Jensen continued operations with pride and reverence. In the summer of 2018, the school was purchased with fulfillment and pride by former SDSMT graduate Rebecca Herrmann and her colleague, Heather Herrick.

Growth

The school's roots and origin were homegrown. It outgrew its cozy nest in the basement of the founder's home after six years of flourishing. It remained across from the University of Sioux Falls on 22nd street for 29 years. Many amazing and beautiful improvements were made to that facility to be a comfortable learning environment. As of 2019 the school resides in one of the beautifully restored Historic South Dakota School for the Deaf buildings on the East side of Sioux Falls, SD.

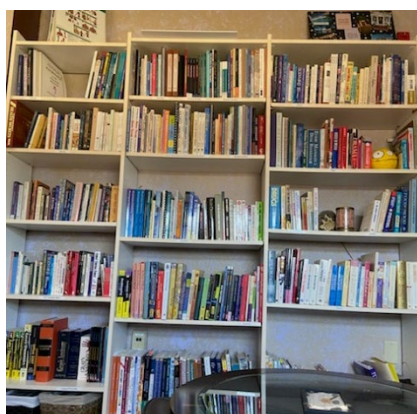
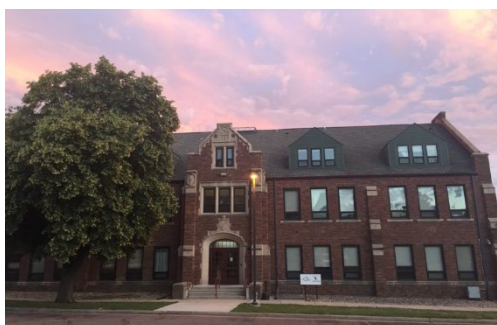


Veterans Benefits

In 1995, SDSMT's curriculum was approved for eligible Veterans educational benefits including National Guard and Reserves.

Our Facility

Approximately 2500 sq. ft. of the Historic South Dakota School for the Deaf building is now home to SDSMT. The main classroom is over 1100 sq. ft. and has ample space for lab and lecture. The library and student lounge are cozy and comprehensive. The community kitchen consists of over 500 sq. ft. and includes all major appliances, a vending machine, main level ADA compliant bathroom and on-site laundry.



Equipment



SDSMT utilizes updated technology and equipment, three full-sized anatomy teaching skeletons, clay model skeletons, and other learning aids for instructional purposes. A variety of professional massage tables and portable massage chairs are introduced along with oils, lotions, and other massage accessories giving students real world application and experience during interactive hands-on classes.

Mission

SDSMT is dedicated to providing a strong foundation which will enable graduates to successfully pursue a career in massage therapy. The school is committed to the professional and personal growth of each person, to enhance the well-being and sense of satisfaction in their life. In order to provide the best possible overall experience, the program is dedicated to ongoing self-evaluation, improvement of the school, its faculty and curriculum.

Philosophy

SDSMT is a place for students to grow, learn and expand awareness. The school's philosophy is centered on the concept of the one-room schoolhouse: a holistic approach to learning in an environment which stresses basic core values and promotes development of a sense of who we are. Class size is limited to allow for individualized instruction. Each class bonds as a group by taking all classes together in sequence. This creates a sense of community necessary for personal growth, an important component of the program.



700 Hour Program

The 700-hour program includes Swedish massage, specialized massage techniques, and other subjects related to the healing arts. In addition, students receive instruction in Anatomy, Physiology, Pathology, Kinesiology, and Zoologik™ *Anatomy in Clay* lab. The curriculum includes an emphasis on self-awareness and personal growth as an integral part of becoming a caring professional. Upon successful completion of the program students will receive a Certificate of Completion.

- Course of study is typically completed in 7 months.
- Students attend Monday's and Tuesday's 8:00am - 5:30pm and on Wednesday's from 8:00am - Noon.
- Students must complete 50 hours (second semester) at an approved externship site.
- Credits and hours are non-transferable into this clock hour program. *
- The student/teacher ratio is currently 5:1. A teacher's assistant will be added at a 10:1 ratio or greater.

The 700-hour program includes the following courses:

• Massage Therapy I – Swedish Massage Techniques	135
• Massage Therapy II – Clinical Application/Assessment	
○ Internship	50
○ Student Clinic	67.5
• Massage Therapy III – Combined Therapies	67.5
○ Business Mastery	4
• Health Basics	330
○ Pathology	40
○ Ethics	6
Total Hours	700

* A clock hour is based on an actual hour of attendance, though each hour may include a 10-minute break.

Course Offerings

Health Basics

(376 hours)

Anatomy

Terminology, pictures, labeling and lecture all play a role in understanding the structure of the human body and the relation of its parts to each other. Skeletons and mannequins are utilized for basic anatomy instruction.

Physiology

Physiology is the science of the functioning of the body. This course dives into the basic physiological functions of the body at the cellular, tissue, organ, and system levels which distinguishes the mechanisms that work to keep the human body alive and functioning.

Kinesiology

This course outlines the mechanics of body movement and the significance of mobility. It expands upon the basic Anatomy and Physiology knowledge as related to activity and freedom or restriction of movement.

Zoologik™ Clay Anatomy Lab

To gain a hands-on understanding of the human musculoskeletal anatomy, students participate in a lab by forming anatomy in clay and attaching it to bones and bony landmarks of uniquely designed skeletal models highlighting muscle origin, insertion, and action.



Pathology

Pathology is the study of abnormal conditions in the body. Common disease processes will be introduced to students as they relate to massage therapy.

Ethics

Ethics unveils several different stress management topics that are presented to enhance personal and professional growth and to establish healthy boundaries.

Course Offerings

Massage Therapy I **Swedish Massage Techniques** (135 hours)

Basic Swedish massage strokes including effleurage, petrissage, friction, vibration, tapotement and touch without movement will be the topics of illustration and class discussion. This class includes theory, history, benefits, and contraindications of massage therapy. Through in-class demonstration and supervised practice, students will be exposed to proper draping, use of oils and working with breath and body movements relating to themselves and their clients.



Massage Therapy II **Clinical Application/Assessment** (Internship 50 hours) (Student Clinic 67.5 hours) Prerequisite- Massage Therapy I

This course has two main components. The Externship, a class favorite, and Student Clinic, a client favorite. Along with Swedish massage, students will study and perform manual therapy approaches that address specific tissues and organ systems of enhanced healing on a holistic level. Understanding the essentials of the effects that various massage techniques have and how to apply them will reveal the greatest therapeutic benefit in each individual case. As part of each massage and technique class, each student will use hands on application along with feedback to give and reciprocate massage therapy.

Course Offerings

Massage Therapy III

Combined Therapies

(67.5 hours)

Prerequisite- Massage Therapy I

Customized session options will be decided on and implemented by the student to maximize client benefits. Combination options may include Swedish massage, foot reflexology, hydrotherapy, heated stone therapy, aromatherapy, breathing techniques, acupressure, music, and specificity to physical problem areas. A deeper insight into caring for special populations is unlocked and nurtured.

Introduction to Reflexology

The feet contain a map of the body. There are numerous reflexes found in the feet, each relating to a specific organ or part of the body. History and theory are integrated with proper techniques for applying appropriate pressure to specific reflex points which are modeled to encourage students to create and display a complete foot reflexology treatment.

Introduction to Heated Stone Therapy

Heated stone therapy involves the use of smooth basalt stones heated to a therapeutic temperature in water used in conjunction with a full body massage. The addition of heated stones adds greater benefits for healing and relaxation.

On-Site Chair Massage

Chair Massages are taught by using a sequenced routine based on traditional massage techniques tailored to body regions and timing given in a specially designed massage chair. Traveling to neighboring local businesses, students practice timing and techniques and demonstrate assembly, sanitization, and tear down of equipment.



Course Offerings

Massage Therapy III Combined Therapies Continued...

Introduction to Sports Massage

Students receive a brief introduction to sports massage techniques that are designed to enhance performance, prevent injury, and assist in recovery. This course includes stretching, range of motion and joint mobilization techniques that can be combined with therapeutic massage.

Introduction to Thai-Yoga Massage

In this introductory course, bodywork is done as the student stretches the individual through yoga-like poses. Students hone their passive stretching skills while the recipient is positioned on a floor yoga mat wearing loose clothing. Deep static and rhythmic pressure application is considerably beneficial for spinal health, joint mobility, deep core muscle stretching and general relaxation of body and mind.

Introduction to Hydrotherapy

Hydrotherapy is the therapeutic use of water. The students will experience firsthand a variety of water treatments. Use of paraffin wax for hands and feet is also introduced.

Introduction to Aromatherapy

Aromatherapy refers to the therapeutic use of essential oils to help ease or treat a wide range of physical and emotional conditions. Studies have shown that smell is one of the most powerful senses. Students discover how smell can trigger emotions and memory. Each student designs an essential oil blend in this course.

Course Offerings

Massage Therapy III Combined Therapies Continued...

First Aid & CPR

Interactive scenarios, peer-to-peer learning, role playing, and hands-on life-saving techniques are taught by experts to prepare students for emergency situations. This training is conducted during normal class hours and will result in certification, when earned, that is valid for two years.

Business Mastery

Establishing a working knowledge and understanding of basic business skills is the root of this course. Students get an insider view regarding most aspects of starting and maintaining a massage therapy practice including legalities, writing a business plan, accounting, documentation, history and integrity.

Breathwork

Our emotions affect our bodies and can store emotional “memories”. During massage sessions, emotions may surface. Understanding and utilizing guided breathwork to assist clients in the healing process of emotional release is a helpful tool. Each student participates in facilitating as well as receiving breathwork sessions.



Admissions

Requirements for Admission

To apply to SDSMT an applicant must have a high school diploma or legal equivalent. Applicants must be in good health and be physically, mentally, and emotionally capable of fully performing massage therapy. SDSMT will attempt to reasonably accommodate any individual with documented disabilities with advanced notice provided to the school Admissions Director. Persons with disabilities are encouraged to apply to the school. The standard enrollment process is applied in all situations.

Application Procedure

1. Applications may be obtained in person or downloaded from the school's website.
2. Deadline for application is 14 days prior to the first scheduled day of class.
3. Each application submission must include the following:
 - Completed application
 - Three letters of reference
 - Autobiography/letter of intent
 - Non-refundable application fee (\$100.00)
 - Wallet-sized photo
 - Official transcript(s) from high school, college or other attended programs

Transfer of Credits/Hours

SDSMT does not recognize any transfer credits or hours.

Applied CPR Hours

A copy of a valid certification in CPR and First Aid may be applied towards program hour requirements. The certificate must not expire while the student is attending SDSMT. No other application of hours is considered. The onus is on the student to obtain First Aid and CPR certification if absent from instruction day. It is the student's responsibility to show proof of certification before graduation and make suitable arrangements with instructor if needed.

Vaccination Policy

SDSMT does not require existing or prospective students to be vaccinated as a condition of enrollment.

Standards of Progress

Grading System

Grades are based on attendance, participation, and adequate completion of assignments. Students will be awarded a letter grade for each course based on the following scale:

A 90-100

B 80-89

C 70-79

D 69 or ↓ is a failing grade

For certain technique courses related to the core curriculum, a designation of satisfactory or unsatisfactory will be given based on demonstration of an acceptable level of skill.

Students will receive an overall GPA for the entire program.

Student Grade Reports and Evaluations

Students will be given grade reports at the end of each semester or upon request. Upon completion of the program, each student will receive a transcript of completed coursework.

Satisfactory Progress

Defined as a student who:

- Adheres to all policies and rules of the school.
- Maintains an overall grade point average of 'C' or better.
- Maintains 95% attendance in all classes.
- Has missed no more than 35 hours total for the program.
- Completes any make-up work for time missed for any reason, within one week of absence.

Unsatisfactory Progress

Unsatisfactory progress will be defined as failing to meet the minimum acceptable standards as described in the section above. If a student is having difficulty maintaining the minimum standards, contact the instructor(s) for assistance.

Grade Appeal Process

Grade appeal forms are in the business office. To contest a grade, submit a completed grade appeal form to your instructor within two weeks of receiving the grade. Final grade decision will be made within two weeks of form submission.

Standards of Progress

Graduation Requirements

A successful graduate shall:

- Complete all coursework with a passing grade.
- Have an overall grade average of 'C' or above.
- Have an overall attendance record of 95%.
- Have completed all work required outside of class including externship, assignments, projects, and any make-up time/work.
- Return all library materials borrowed. If materials are not returned or are returned damaged, the student must pay the replacement cost of the item(s) before being allowed to graduate.
- Pay all tuition and fees in full.

Certificate of Completion will not be awarded if graduation requirements are not met.

Student Records

Permanent records are kept in confidence for each student. Students have the right to request access to his/her file. Such a request should be submitted in writing to the school director. Arrangements will be made for the student to view the file. Student records are property of SDSMT. The school practices full compliance with the Family Educational Rights & Privacy Act of 1974 (FERPA) and will not release student records information to any third party without student's written consent except where required by law.

Student Transcripts

Student files are kept in a secure manner. Access to student transcripts can only be given to institutions, individuals, or employers with prior written authorization from the student. Each student will be given one free copy of his/her transcript upon graduation. Additional transcripts may be obtained for a \$25.00 fee. In accordance with the law, the graduate must request a transcript in writing.

Tuition and Fees

Note: Financing must be arranged for the entire program before entering.

Required Expenses

• Tuition	\$8,200.00
• Tuition 6% Sales Tax	\$533.00
• Non-Refundable Application Fee	\$100.00
• Non-Refundable Liability Insurance	\$0-\$99
• Books/Supplies	\$500.00

Optional Expenses (prices vary)

- Massage Table
- On-Site Massage Chair
- Oils, Linens, Towels
- School T-shirt
- School Sweatshirt

*Laptops or electronic devices for testing are required. In extenuating circumstances, speak with the Office Manager to inquire if accommodations are available.

*SDSMT uses a variety of massage tables and lotions as introductions for all students to choose what suits them best.

*During classroom instruction massage tables and supplies will be provided. Students must obtain their own materials, supplies and equipment for use in practicing massage skills outside of class.

Tuition and Fees

Tuition Assistance

SDSMT is approved for eligible Veterans Educational Benefits that include National Guards and Reserves or for students eligible for Vocational Rehabilitation. Many banks, religious organizations, and various donors, i.e., high schools, local charities, local businesses, employers, etc. may provide personal financial assistance or may offer tuition reimbursement programs to students.

Payment

- Financing must be arranged for the entire program before the first day of school.
- Payment Options:
 1. Tuition, insurance, and books paid in full prior to start of the program.
 2. Insurance and books paid in full prior to start of the program. Tuition paid in two equal payments, with each 50% payment due prior to the beginning of each semester.
 3. Eligible Veterans Educational Benefits (including National Guards and Reserves).
 4. Eligible Vocational Rehabilitation Educational Benefits.

Refund Policy

Program Withdrawal and Refund Policy

- If a student elects to withdraw from the program, Program Withdrawal and Refund Policy will apply. All procedures must be followed accurately. In all cases when a student elects to withdraw, notification must be sent in writing, by U.S. mail, registered or certified, return receipt requested to the South Dakota School of Massage Therapy, c/o Rebecca Herrmann, 100 N. Krohn Place, Sioux Falls, South Dakota 57103.
- If 25% or more of the course has been completed, no refund will be given.
- Application fee is non-refundable.

Refund Policy

Withdrawal Before Start of Program

In all cases, the application fee is non-refundable. A student may cancel their contract(s) and receive a refund of the tuition paid by giving written notice by the close of the 15th business day after the date of execution of the contract (the day it is signed), sent by U.S. Mail, certified, or registered, return receipt requested to the South Dakota School of Massage Therapy, c/o Rebecca Herrmann, 100 N. Krohn Place, Sioux Falls, South Dakota 57103. The school will deduct a \$250.00 withdrawal fee from the tuition refund owed.

If written notice of cancellation (as specified above) has not been received following the 15th business day after the execution of the contract but is received before the start of the course of instruction, the school will retain a \$350.00 withdrawal fee.

The official termination date for a student who has been accepted into the program but does not start will be the date that the student's letter of cancellation (sent as stated above in this policy) is received by the school.

If the 25th business day after the execution of the contract falls after the start of the course of instruction (see below), The "Withdrawal After Start of the Program" refund policy will apply.

Withdrawal After Start of Program

In all cases, the application, textbooks and liability insurance fees are non-refundable. If a student has been accepted by the school and elects to withdraw after the start of the course, written notice of cancellation must be sent by U.S. Mail, registered, certified, or return receipt requested to South Dakota School of Massage Therapy, c/o Rebecca Herrmann, 100 N. Krohn Place, Sioux Falls, South Dakota 57103.

The official termination date will be the day the student's withdrawal letter is received by the school. Tuition will be charged for all class time the student was in attendance or absent. If 25% or more of the course has been completed, no refund will be given.

A \$500.00 withdrawal fee will be assessed for a withdrawal after the start of course instruction and will be deducted from the net tuition refund owed to the student.

Refund Policy

Program Termination

If the school elects to cancel the program, all tuition will be refunded. The application fee will be applied to the next class.

Student Termination

If a student is terminated for violating school policy, (see “Grounds for Termination” section in the Student Conduct Policies) no tuition refund will be given.

Leave of Absence

An excused leave of absence will be reviewed on a case-by-case basis with the School Director.

Student Conduct Policies

Anti-Harassment and Discrimination

SDSMT is committed to maintaining an atmosphere of diversity and inclusion. The school prohibits harassment towards or from any student or personnel by or to anyone at school or at school-sponsored or school-related activities, student clinic and externship(s).

SDSMT values are important. Everyone is expected to treat each other, and be treated, with respect and dignity while fostering an environment that promotes a healthy and collaborative learning experience.

Such conduct by or towards any student, personnel, contract worker, customer, vendor, or anyone else who does business with SDSMT will not be tolerated. Any student or staff member who violates this policy will be subject to disciplinary action which may include termination. A customer or affiliate who violates this policy will result in appropriate corrective action by SDSMT. Immediately report any inappropriate behavior to the Office Manager/President.

Student Conduct Policies

Prohibited Conduct

Prohibited harassment or discrimination includes any verbal, physical or visual conduct based on sex, race, age, national origin, disability, or any other legally protected basis. This includes creating a hostile or offensive environment.

Prohibited conduct includes but is not limited to unwelcome sexual advances, request for sexual favors and lewd, vulgar, or obscene remarks, jokes, posters or cartoons, and any unwelcome touching, pinching or other physical contact with others or themselves. Other forms of unlawful harassment or discrimination may include racial epithets, slurs and derogatory remarks, stereotypes, and all other legally protected categories.

Complaint Procedure

Anyone who feels that they have been harassed or discriminated against, or who witness any such behavior should immediately report such conduct. You must complete and sign a complaint form, which is located in the office. SDSMT does not accept verbal complaints, anonymous complaints or complaints made on someone else's behalf.

Do not allow an inappropriate situation to continue by not reporting it, regardless of who is creating the situation. No one who does business with SDSMT is exempt from the prohibitions in this policy. In response to every complaint, SDSMT will investigate which may involve interviews. If improper conduct is found, appropriate corrective action will be taken.

If any student is not satisfied with SDSMT's handling of a harassment or discrimination complaint, he or she may also contact the appropriate state or federal enforcement agency for legal relief.

Standards of Conduct and Discipline

SDSMT may impose disciplinary actions or measures whenever it deems it appropriate or necessary. Disciplinary actions may take various forms, including verbal counseling, written warnings, suspension, or termination of the program. The disciplinary action imposed will depend on the circumstances of each case;

Student Conduct Policies

therefore, will not necessarily be imposed in any sequence. Moreover, at any time SDSMT determines it is appropriate, a student may be terminated immediately.

Every organization must have certain standards of conduct and ethics to guide the behavior of students, employees, and company culture. Misconduct includes but is not limited to: dishonesty, falsification of records, unauthorized use of company or classmate property, possession of illegal drugs, weapons, explosives, or other dangerous materials, fighting, threats, violence, abusive language, disorderly conduct, horseplay, insubordination, failure to perform duties or comply with SDSMT's rules, careless use of SDSMT's equipment and property, unauthorized or excessive tardiness or presenteeism, lack of teamwork, poor communication, unsatisfactory performance, unprofessionalism or improper conduct, harassment, unauthorized disclosure of SDSMT's confidential information, or any violation of SDSMT's policies.

Attendance

Attendance at all scheduled classes is mandatory.

Lateness

A student will be considered late if he/she arrives to class 5 or more minutes late. Excessive tardiness will be considered a violation of the school's conduct policy (disruptive to a positive learning environment or interfering with other students rights) and will be cause for disciplinary action.

Absences

Unexcused: An unexcused absence means that a student did not attend class and did not contact the school. Sleeping through class will be considered an unexcused absence. Each unexcused absence will result in a drop in ½ a letter grade. No credit will be given for any assignment due that day and make-up work may be required.

Excused: An absence may be excused at the discretion of the instructor. Instances under which an absence may be excused are:

- Emergency
- Illness
- Legitimate Conflict (arranged ahead of time)

Student Conduct Policies

Make-Up Work

1. In the case of any absence, it is the responsibility of the student to contact the instructor by the next scheduled class period to turn in any make-up work. Any assignment that was due on the day missed must be turned in by the next scheduled class.
2. If an absence is arranged ahead of time, any assignment due on the day to be missed must be turned in prior to the absence.
3. Instructors do not hand out class lecture notes. Class lecture notes must be obtained from a fellow student.

Make-Up Hours

It is the responsibility of the student to arrange, complete and turn in a signed make-up hour verification form to the office.

Hours are to be completed:

- During non-class time under supervision
- Via paid tutoring sessions
- At an approved internship/externship site (not to exceed 20 hours)

Student Conduct and Disciplinary Policy

SDSMT reserves the right to dismiss a student for violations of school policy. In the case of dismissal, refund policy does not apply.

Grounds for Termination

- The student is found to be under the influence or is suspected of using drugs or alcohol during school hours. The student will be terminated immediately.
- The student consumes or possesses alcohol, or use, possess, sell, purchase, or transfer illegal drugs at any time while on SDSMT's premises or while using SDSMT's equipment, or at any school-related location(s) during class time.
- Vaping in the building is prohibited.
- Behavior which does not reflect positively upon the reputation of the school or the massage therapy profession.
- Behavior, which is disruptive to a positive learning environment, or is interfering with other student's rights including discrimination and sexual harassment.
- The student is not maintaining the minimum acceptable academic standards of progress.

Student Conduct Policies

Termination Policy

SDSMT reserves the right to vary or revise disciplinary procedures at its discretion. Students will be treated in a reasonable and fair manner and will be given a fair and sincere opportunity to be heard. A student has the right to request a re-evaluation of disciplinary measures.

The process for termination for all other misconduct shall be:

- ***First Time Offense***

The student will receive a verbal warning.

- ***Second Offense***

The student will receive a written notice placing the student under a two-week probation. During this time, the student must show reasonable effort to improve the situation and abide by the conditions set forth for the probationary period.

- ***Third Offense***

The student will receive documentation terminating the student from the program.

Complaints or Re-evaluation of Disciplinary Measures

Complaints or requests for re-evaluation must be presented in writing to the President. Each situation will be evaluated by the President, and a response will be given within ten days of receipt of the complaint. Unless complaint is sexual harassment or discrimination.

A student may also make an appointment with a faculty or staff member to express his/her concerns. Any discussion will be considered confidential.

Leave of Absence

Leaving the Program

If a student chooses to leave the program prior to graduation, the following will apply:

1. A meeting must be arranged with the school President to discuss the student's reason(s) for leaving. At this time, an official withdrawal form will be filed with the school.
2. Program Withdrawal and Refund Policy will apply.

Student Conduct Policies

3. If a student simply quits attending classes without notifying the school of his/her intention to withdraw, he/she will be considered enrolled and absent (unexcused) from class. In this case, Program Withdrawal and Refund Policy do not apply unless the student officially requests withdrawal according to the policies stated in this catalog.

Personal Property Policy

SDSMT is not responsible for lost or stolen personal items. This policy applies both inside and outside of the school property.

Weapons Policy

No weapons or look alike weapons allowed on premises to ensure personal safety and to nurture a safe learning environment.

Parking Policy

Student parking is in the west parking lot.

Cell Phone Policy

The use of personal cell phones is discouraged because it can interfere with class and be disruptive to others. Therefore, keep the ringer shut off or placed on vibrate mode and keep cell phone use confined to break or down times.

Dress Code Policy

Modest or solid color tops, SDSMT apparel, scrubs, athletic wear, or jeans is acceptable. No shorts or miniskirts. Please be mindful of jewelry, hair, and hygiene. Shoes are optional but be respectful of other company's policies and procedures especially when working on-site.

Pet Policy

Service and emotional support animals will be permitted in the facility with just cause. Please inform Office Manager if you intend to exercise the use of this right.

Student Conduct Policies

Voting Policy

When polls are open to vote in any local, state, and national election students may take two consecutive hours off to cast their vote.

Emergency and Inclement Weather Policy

When severe weather or other emergency conditions occur, a group text message will be sent out as soon as possible to alert the class of possible closures or delays.

Key Fob Policy

Key Fobs will be assigned at orientation. When a student graduates or is no longer enrolled in the program, key fobs must be returned to the office immediately or a replacement fee will be imposed. The replacement cost is \$30.

Social Media Policy

SDSMT is committed to utilizing social media to enhance community involvement and reputation. Students are encouraged to support school activities through their personal social networking channels. Behavior and content that may be deemed disrespectful, dishonest, offensive, harassing, or damaging to the SDSMT's interests or reputation are not permitted. Students must not disclose private or confidential information/photos of SDSMT curriculum, students, employees, clients, or suppliers on social networks. No third-party content should be published without prior permission.

Student Services

Guest Speakers

Guest speakers will be incorporated into courses and lectures when time allows to enhance related topics.

Tutoring

Individualized or group tutoring is available at an hourly rate conducted outside of classroom hours. This tutoring can be specialized to fit specific needs, make-up hours or MBLEX prep.

Student Services

MBLEX

Students are eligible to sit for the MBLEX exam after completion of a minimum of 500 hours for the State of South Dakota. SDSMT assists students through this registration and testing process. The application fee to is \$265. The student pays this fee to FSMTB upon registration.

Placement Assistance Policy

The SDSMT has a vast network of area professionals who seek out the school's massage therapy graduates. Located in the school's student lounge is a "Job Opportunities" binder that houses local ads of places seeking help. While the school doesn't guarantee employment, every effort is made to assist students with job placement.

A Note About Licensure

Currently, most all the States in the US have requirements for licensure. SD does require licensure. Where no state law exists, such as in MN, local laws will have varying requirements for the practice of massage therapy and regulation of massage therapy establishments (business sites). SDSMT's curriculum has been satisfactory for those graduates wishing to practice in states requiring 700 hours of training or less. The school strongly encourages students to become informed regarding the regulation of massage therapy and massage therapy establishments in the city of state where you intend to practice after graduation. If you have questions about licensure, contact the South Dakota Board of Massage Therapy at 605-773-3440 or email massagetherapy@state.sd.us.

SDSMT Faculty



Rebecca Herrmann, LMT, License # MT10196

Rebecca has been a massage therapist since March 2001 after graduating from South Dakota School of Massage Therapy herself. Creating Royal Table Massage Therapy allowed her the flexibility to work with people that shared the same belief in quality of service. Rebecca is trained in many modalities. Her favorites include Swedish, prenatal, massage cupping, foot reflexology and lymphatic drainage. She graduated with a bachelor's degree in Business Management and Marketing. She is the President, Director, and Instructor at the South Dakota School of Massage Therapy.



Daniel Jensen, Professor Emeritus, License # MT10208

Daniel Jensen is a member of the American Massage Therapy Association (AMTA) and is the Instructor of Anatomy, Zoologic™ Clay Anatomy Lab, Physiology, Kinesiology, and Pathology. Daniel has a BA degree in Exercise Physiology from Augustana College and has had significant education in the study of human anatomy and physiology, biology, chemistry, exercise physiology, kinesiology, biomechanics and stress management. He has studied and attended workshops and seminars in science of fascia, cadaver studies, hip and shoulder segmental bodywork, trigger point and postural assessment. He is also a graduate of the Zoologic™ Muscle Building in Clay course. This provides the students with a hands-on understanding of the human musculoskeletal anatomy. As an endurance athlete and speaker, Daniel has uniquely blended his experiences with his education to offer a comprehensive understanding of anatomy and physiology yet provide students with necessary study aids and lectures to assist in the learning process. Daniel also is a contributing author to the book *Chicken Soup for the Traveler's Soul*, is a featured athlete in 3 documentary movies, and has set several physically challenged athlete world records.

SDSMT Faculty



Paul McSweeney, LMT License # MT11839

Paul graduated from the Sioux Falls Therapeutic Massage and Education Center in 2004. Massage therapy has been a passion of his since he was 15 years old. His life experiences bring a unique perspective to the art of massage, movement and breathing. He has trained in many modalities over the years including deep tissue massage, sports massage, table Thai massage, stretching, Swedish massage, cupping therapy, and reflexology, prenatal, Reiki, MLD, cranial sacral balancing, stone massage, chair massage, energy balancing and others.

Our Founder



Robin Jensen, LMT (founder, deceased)

Robin Jensen was a member of the American Massage Therapy Association (AMTA) and Associated Bodywork and Massage Professional (ABMP) and was a graduate of the Boulder School of Massage Therapy Boulder, Colorado. Robin received 1,000 hours of instruction at the school, as well as 600 hours of intensive training at the Boulder Center of Polarity Therapy. Robin also graduated from the L.R.T. Rebirthing School in Omaha, Nebraska in 1993 where she studied for two years. Robin has studied and practiced therapeutic bodywork and holistic healing for over 25 years. She studied and attended workshops and seminars in reflexology, therapeutic touch, sports massage, TMJ, heated stone therapy, Isolated active stretching, and many other areas. She worked with people suffering from mental illness as well as the critically and terminally ill. She has also helped women throughout pregnancy and during labor, doing massage and reflexology.

Calendar

Classes Meet:

Monday's 8:00am - 5:30pm

Tuesday's 8:00am – 5:30pm

Wednesday's 8:00am - Noon

Fall 2022-2023

October 17th, 2022 – June 14th, 2023

Summer 2023-2024

July 10th, 2023 – March 6th, 2024

Spring 2024

April 8th, 2024 – November 26th, 2024

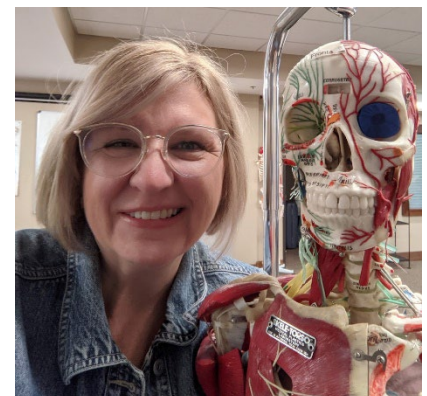
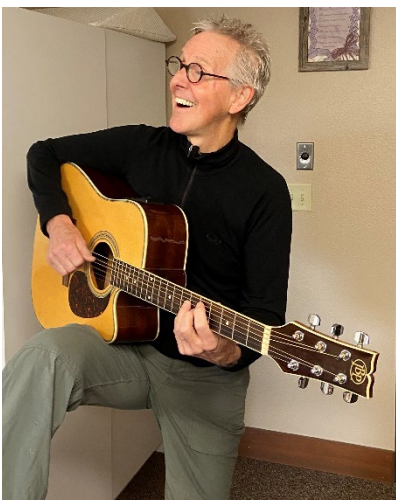
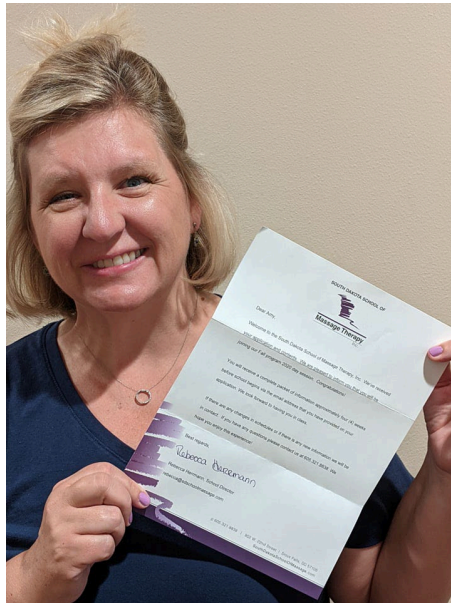
Community Input

“As a graduate of South Dakota School of Massage Therapy, I would highly recommend the school to anyone who is pursuing a massage therapy career. The hands-on learning is greatly beneficial and is a great way to learn quickly. Their seven-month program is the perfect time frame for a person looking to learn and get on with their career.”

-Melinda Schelling, Graduate 2019

“Going to the South Dakota School of Massage Therapy provides you with a great taste of massage therapy. You learn about being a massage therapist as a whole life experience and ideas on how to confront all kinds of things related to your career. You will be encouraged and supported through the education process and that is worth so much. I love how much I have grown as a person in many ways because of attending the South Dakota School of Massage Therapy. I love being a licensed Massage Therapist!”

-Amy Willison, Royal Table Massage, Sioux Falls, Graduate 2020



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