

Breathing Adapting and Growing in the COVID-19 Era

Crystal Barron

crystal@crystalvoicestudio.com

562-716-3213

www.crystalvoicestudio.com

@crystalvoicestudio

Linda Linnebach

Studio59@cox.net

949-400-4022

Books:

Haas, Robin De. *The Path of the Voice: a Functional Approach to the Human Instrument*. Lausanne: Favre, 2018. Stough, Carl, and Reece

Nestor, James. *Breath: the New Science of a Lost Art*. New York: Riverhead Books, an imprint of Penguin Random House LLC, 2020.

Stough. *Dr. Breath: the Story of Breathing Coordination*. New York: Stough Institute, 1981.

Websites:

“Acoustic Strategies.” VoiceScienceWorks. Accessed January 16, 2021. <https://www.voicescienceworks.org/acoustic-strategies.html>.

“Tutorials-Voice Production.” National Center for Voice and Speech. Accessed January 16, 2021.

<http://www.ncvs.org/ncvs/tutorials/voiceprod/tutorial/ptp.html>.

“SOVT Exercises.” VoiceScienceWorks. Accessed January 16, 2021. <https://www.voicescienceworks.org/sovt-exercises.html>

Videos:

TunesFlow: Studying Aerosol Flow Spread for Wind Instruments and Singing. Rice Computational Imaging Group. Accessed January 16, 2021.

<http://computationalimaging.rice.edu/research/tunesflow/?fbclid=IwAR1>

dieISusIbPRqoxzmdTyRdBExNLcZ5R8XV3BSWV1TDsoH7yTvP54VL
Q0U.

Music and aerosols: What the research reveals about the performing arts during a pandemic. Accessed January 16, 2021.

<https://www.wsws.org/en/articles/2020/12/02/musi-d02.html>.

MET Orchestra / Princeton Study Reveals Surprising Findings About Air Flow In Trained Opera Singers. Accessed January 16, 2021.

<https://www.youtube.com/watch?v=yb3hoh1petA>

Episode 42 – Singing Through A Straw... It Will Change Your Life!

Accessed January 16, 2021.

<https://www.thenakedvocalist.com/podcast/42/>.

Vocal Science Basics: 04 - Inertance - The Vocal Air Dance. Accessed January 16, 2021. <https://www.youtube.com/watch?v=uzonmFvKnBI>