

**FRIENDSHIP FORCE OF RALEIGH
NEWS AND NOTES
August 2024**



friendship force
RALEIGH

UPCOMING SOCIAL ACTIVITIES

Mark your calendars!

ALL MEMBERS ARE ENCOURAGED TO PARTICIPATE
GUESTS ARE WELCOME

»» **August 4** at 5 p.m. – First Sunday at Five
Chow Burger and Pizza Bar
8311 Creedmoor Rd, Raleigh, NC 27613

September 8 at 5 p.m. – **Second** Sunday at Five ««
3rd floor, Trunk Club, Waltonwood Lake Boone
3550 Horton St, Raleigh, NC 27607

»» **October 15** at 4 p.m. – Welcome Dinner for
The Villages at Jan Johnson's Farm
502 Temple Johnson Road, Zebulon, NC 27597

October 20 at 4 p.m. – Farewell Party for ««
The Villages at Krapf-Wells Home
5430 Parkwood Drive, Raleigh, NC 27612

»» **December 5** at 5 p.m. – Holiday Party
NCSU University Club
200 Hillsborough St, Raleigh, NC 27606

No First Sunday gatherings in October, November or December due to other events scheduled for the entire membership.

UPCOMING JOURNEYS IN 2024

»» September 12 – 18, 2024 – Outbound Journey to Lansing, MI

Friendship Force of Lansing has put together a varied itinerary for our club's ambassadors traveling there in September. Tentative plans call for

- a visit to Michigan State University, a public land-grant research university in East Lansing, and the Facility for Rare Isotope Beams;
- a tour of the state capitol in Lansing;
- a trip to Frankenmuth and Bronner's Christmas Wonderland that promotes itself as the "World's Largest Christmas Store," followed by dinner at the Bavarian Inn;
- visiting the Meijer Gardens and Gerald Ford Museum in Grand Rapids;
- and a day with the host family that could include a trip to Lake Michigan.

This journey is coordinated by Judy and Bill Wilkes. Safe and fun travels!



October 15 – 21, 2024 – Inbound Journey, The Villages, FL ««

Karen Brown and Doyle Long, Host Coordinators, along with members of their planning committee, have put together a varied itinerary for the 10 – 12



ambassadors coming from The Villages in central Florida. Jan Johnson is hosting the welcome party at her country home with a barbecue dinner and all the trimmings. Fay Krapf and Bob Wells will host the farewell party at their gracious home in Raleigh. All Friendship Force members are

encouraged to participate. The cost to members is \$10 pp for each event.

For activities, Mary Louise Gray has planned an eastern day, starting with the Whirligig Park and lunch in Wilson, followed by the Ava Gardner Museum in Smithfield. Molly Kiefer has arranged for a tour of the Governor's Mansion, the Raleigh Trolley tour, and a docent led tour at the NC Museum of Art. Jane



Fellows is hosting a day in Durham that includes visits to the American Tobacco Campus, Duke Chapel, and Duke Gardens.

The State Fair will be in town during their visit and hosts will have a chance to take those who are interested there to sample fair food and take in all the sights and sounds. The ambassadors depart Raleigh on Monday via Amtrak on their way to Richmond for a second homestay. Doyle and Karen are grateful to all who are helping by either planning, hosting, or driving.

ANNUAL MEETING – INFORMATION SESSION – GROUP PHOTOS

At Second Sunday on September 8 at 5 p.m.

Special Note: First Sunday in September is the Second Sunday in September. Due to the first Sunday falling on Labor Day weekend, our Sunday gathering has been moved to the second Sunday, September 8, 2024. Location: 3rd floor, Trunk Club, Waltonwood Lake Boone.

- Food (\$10pp) and bring your own beverage (some to share if you'd like)
- Friendship – time to mix and mingle with others
- Quarterly Information Session – led by Giavanna Richards – information about the website and new Policies and Procedures
- Annual Meeting with Election of Officers – see slate below
- Group Photo Session –good photos needed for brochures, website, etc.
- Overview of recent journey to Canada – Jane Fellows and Leanne Richbourg
- Farewell to Lansing travelers who depart on September 12

TIME TO GET INVOLVED AND LEARN THE INS AND OUTS

The best way to get to know Friendship Force and how things work is to serve on the board. **Volunteer today** by contacting any member of the current board. Each one has agreed to serve again: President – vacant, Vice president – Jan Johnson, Treasurer – Mary Louise Gray, Secretary – Leanne Richbourg; Doyle Long, Giavanna Richards, Liz Smith, Judy Wilkes, Judy Wright.

2025 Potential Journeys – no definite dates yet

Several possible journeys are in the works. We have been assigned to go to visit The Villages in Florida, the club that is visiting us in October.

Greater Detroit was assigned to visit Raleigh.

Florida Suncoast has requested to visit Raleigh if dates can be arranged.

Raleigh is in discussions with Richmond, Charlotte, and other interested clubs about hosting a multi-club outdoor active journey. Jane Fellows, Fay Krapf, and Leanne Richbourg have expressed interest in assisting. Anyone else?

Charlotte reached out to Raleigh about a short-stay journey to Charlotte in 2024. While that didn't work, we have reached out to Charlotte to see if there is an interest for 2025.

Any other suggestions for activities such as last year's trip to the mountains and this year's to Bath?

We are going to request a reciprocal journey to visit Vancouver in 2026.

Read the account below of Jane Fellows' and Leanne Richbourg's journey to Manitoba and Saskatchewan, Canada. This should make you want to join a journey.

Journey to Winnipeg, Manitoba, and Saskatoon, Saskatchewan

Jane Fellows and Leanne Richbourg visited two Canadian Provinces in June, a combined journey of the Raleigh club and one from Manchester, UK. Arriving in Winnipeg, Manitoba, on Monday, June 17th, they spent quiet evenings in the homes of their respective hostesses, Marilyn and Rose. Tuesday morning, the group toured the Royal Canadian Mint where coins are made, and hiked along the Red River Floodway which prevents devastating floods in Winnipeg. A Welcome Brunch provided time to get to know the ambassadors from Manchester and the Manitoba club members. The menu included several local specialties, including tourtiere, a meat pie, and Nanaimo Bars, a dessert treat.



Wednesday was spent in Assiniboine Park, home of The Leaf indoor tropical botanical garden, exterior landscaped gardens, the Leo Mol sculpture garden,

and the zoo. Dinner hosts provided the evening meal.



Thursday started with a trip to Lockport Provincial Park to see the dam and pelicans in their summer breeding grounds, followed by a trip to Gimli, a town settled by refugees from Iceland. Lunch, including the local fish delicacy known as pickerel, was followed by a tour of the Icelandic Heritage and Gimli Glider museums. In 1983, a pilot's quick thinking saved the lives of all aboard a Boeing 767 aircraft that had run out of gas. The pilot was able to slow the helpless plane using a glider technique known as a Forward Slip, turning it somewhat sideways to slow its speed. Thursday evening the Ambassadors took their hosts/hostesses out to dinner. (Leanne pictured as a Viking)





Friday morning was spent at the Canadian Museum for Human Rights. This architectural wonder contains exhibits highlighting human rights issues from around the world. It also includes a gallery of indigenous art pieces. A luncheon at the Spaghetti Factory was followed by a tour of the Winnipeg Art Gallery.

Saturday morning started with a trip to the St. Norbert's Farmers Market for sweet treats and handmade gifts, followed by a visit to the Bruce Campbell Food and Farm

Discovery Center. The group made pizza dough from scratch and, while it was rising, toured the cow, pig, and chicken exhibits of the installation. This represented high-tech farming at its best. The tour concluded with a pepperoni pizza lunch. Saturday evening the Farewell Dinner was held at an upscale Greek restaurant.

Sunday evening Jane, Leanne, and the Manchester ambassadors flew on to Saskatoon, Saskatchewan. On Monday the group had a delicious brunch at the Berry Barn, a restaurant on the site of a saskatoon berry orchard.

These small berries resemble blueberries and are a delicacy of the area. The afternoon was spent walking along the South Saskatchewan River following the Meewasin Valley Trail. This picturesque walk included a ride on a kiddie train through Kinsmen Park and seeing white pelicans at the weir.



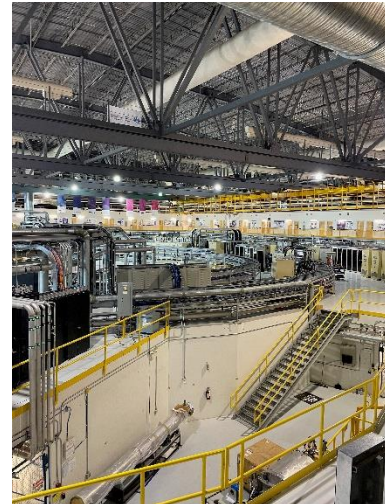
Tuesday's tours included visiting the Wanuskewin Indigenous Peoples heritage center, where we saw a traditional hoop dance, hiked under a buffalo jump, and took a paddlewheel cruise on the South Saskatchewan River. Small group dinners rounded out the day.

Wednesday was spent in the surrounding countryside, visiting Duke Lake Museum which highlights the First Nation, Metis (descendants of European trappers and Indigenous women), and Pioneer culture/history of the area; the St. Laurent Grotto and Shrine; and the Batoche National Historic Site, the final battlefield of The Northwest [Metis} Resistance.



Thursday morning, we toured the Western Development Museum. This building housed a replica town at the turn of the 20th century and machinery and artifacts across the decades up to the 1980's. After lunch at the stylish onsite restaurant, we toured the Remai Modern Art Museum. That evening the ambassadors took their home hosts to dinner at a Greek Restaurant.

Friday was the final day of touring, starting with several sites on the campus of the University of Saskatchewan. We visited the Synchrotron, a laboratory where biology, physics, chemistry, environment, geology, engineering and medicine scientists can examine molecular structures; a small museum of antiquities; a photography exhibit, and an aquarium in the biology building. After lunch, the group divided into 3 teams and performed a scavenger hunt among the unique stores of the Broadway shopping district. Everyone was a winner. The highlight of the week was the Farewell Dinner, a Canada Day party where everyone was dressed in red and white, and we ate a catered meal of Ukrainian specialties.



FRIENDSHIP FORCE PLEDGE - As a member of the Friendship Force, I recognize that I can make a difference. I have a mission to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching. I know that through my example to my fellow citizens and the people of other nations, the cause of friendship, love and peace can be advanced. *I CAN MAKE A DIFFERENCE.*

**THE FRIENDSHIP FORCE OF
RALEIGH 2025 MEMBERSHIP
APPLICATION/RENEWAL**

Choose one:

New application _____

Renewal _____

Today's date:

A. INDIVIDUAL DATA

Last name _____ First name _____ M.I. _____

Address _____

City _____ Zip _____

Primary phone (____) _____ Secondary phone (____) _____

E-mail _____ Employer _____

Profession (or former prof.) _____

B. SECOND ADULT - Family Membership

Last name _____ First name _____ M.I. _____

Primary phone (____) _____ Secondary phone (____) _____

E-mail _____ Employer _____

Profession (or former prof.) _____

C. TALENTS OR INTERESTS YOU COULD SHARE WITH FRIENDSHIP FORCE

Foreign languages spoken _____

Countries visited or have knowledge _____

Talents and skills _____

Countries you would like to visit _____

D. MEMBERSHIP DUES FOR CALENDAR YEAR JAN. 1 TO DEC. 31, 2025

_____ \$65.00 *Family membership (Two adults living in
same household with or without minor children)

_____ \$40.00 *Individual membership

_____ \$10.00 Student membership

* Note that \$30pp of your dues will be paid to Friendship Force International.

Please make check payable to Friendship Force of Raleigh and mail to:
Mary Louise Gray at 2210 Nash Place North, Wilson, NC 27896.