Heart In A Star Block Assembly

This is the second of two blocks that will go together to create a star and heart quilt.

Your block should be 12 $\frac{1}{2}$ " UNFINISHED. Finished Size (once sewn into the quilt) is 12".

For each block, you will need:

Fabric/Color	<u>Cut Size</u>	Quantity
White fabric (solid or small print)		
 Small Squares for heart 	2" sq.	10
- Rectangles	3 ½" x 6 ½"	4
- Square Corners	3 ½" sq.	4
Mid-tone Floral Fabric - Squares	3 ½" sq.	8
Dark Floral Fabric		
- Squares	3 ½" square	1
 Rectangles 	2" x 3 ½"	5

SEW ALL SEAMS A SCANT 1/4"

Start with Center Heart

- (10) White 2" squares
- (5) Dark 2" x 3 1/2" rectangle
- (1) Dark 3 ½" square
 - 1. Using a ruler and pencil, draw a diagonal line on the back of (8) 2" white squares. (2) of the white squares will not be used for this part.
 - 2. Match a 2" white square to the corner of (1) 2" x 3 1/2" dark rectangle RST. (Fig. 1)
 - 3. Sew slightly (just a hair) outside the diagonal line. (Fig. 1)
 - 4. Trim Excess fabric $\frac{1}{4}$ " from outside the diagonal line and press to the white fabric.
 - 5. Using the same rectangle, match another 2" white square to the other corner making sure diagonal lines meet at center. It will overlap a little at the center. Sew on the diagonal line. (Fig. 2) Trim Excess fabric and press. This makes 1 Flying Geese unit. This unit should measure 2" x 3 1/2".

Repeat steps 2 through 5 and make a total of 3 flying Geese units

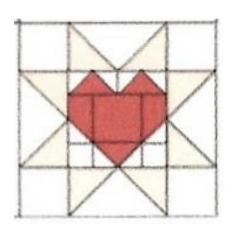






Fig. 2

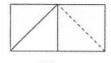


Fig. 3

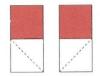
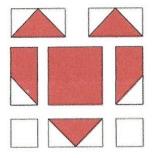


Fig. 4



Block measures 12 ½"*Note* Points should end ¼" away from the outside edge.

- 6. Lay out (2) 2" x 3 ½" dark rectangles with (1) white square each. Make sure that the diagonal lines go in opposite directions from each other. (Fig. 3) Sew on the pencil line. Trim and press to the white fabric.
- 7. Combine Units Lay out (1) 3 ½" red square, the (3) Flying Geese units, the (2) diagonal red units, and the (2) unused 2" white squares. (Fig. 4)

Sew the (2) Flying Geese units together in the first row. Sew the diagonal units to each side of the red square. Now sew the 1 ½" white squares to each side of the Flying Geese unit.

- 8. Press seams. Press seam in the first row to one side. Press seam in the second row to the middle red square and press seam in the third row to the white squares.
- 9. Sew each row to the next row. Press. This will be the center of the block and needs to measure 6 ½" square.

Now use the instructions from April's Sawtooth Star Block replacing the center white square with this "Heart" square.

